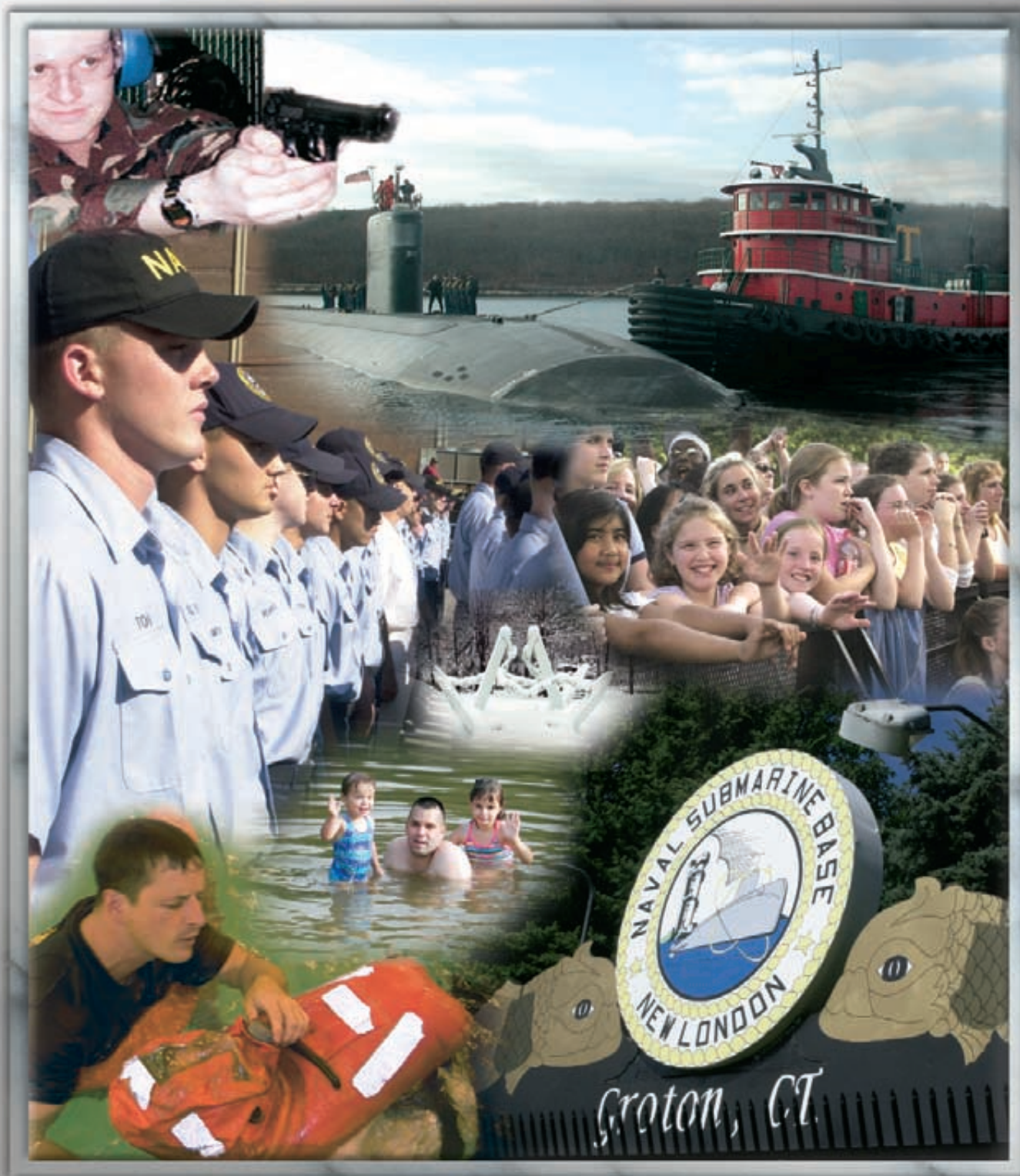


NEW LONDON

NAVAL SUBMARINE BASE



2002 Guide & Telephone Directory



First things first.

The key to a positive and happy birth experience is being well prepared. At Lawrence & Memorial Hospital, we put first things first by preparing women and their families before conception and then well after delivery.

Quality patient care has always been first and foremost in our mission. That's why we provide a wide spectrum of services to prepare you for the big arrival day:

- Pre-Conception Education when you're thinking of becoming pregnant.
- Physician Referral Resource to match you with an area obstetrician.
- Childbirth Education classes to prepare you and your family for a new baby.
- Case Managers and Social Workers to assist you with paperwork and to answer your questions and concerns.

- Neonatal Intensive Care just in case your baby has any special needs after delivery.
- Continuing care after you leave the hospital through affiliated community-based home care services.
- Breast-Feeding Information Line for support when you are nursing.

For more information on how to put first things first when planning for your baby, call Lawrence & Memorial Hospital.

860-442-0711, ext. BABY

**LAWRENCE
& MEMORIAL
HOSPITAL**

365 Montauk Avenue
New London, CT



Getting there ... on SUBASE

Because Submarine Base (SUBASE) has evolved over a long period of time, finding things may be somewhat difficult for a newcomer. The base is divided into two sections, Lower Base and Upper Base. Lower Base stretches along the Thames River and is the original portion of the base. Lower Base is home to in-port submarines, the

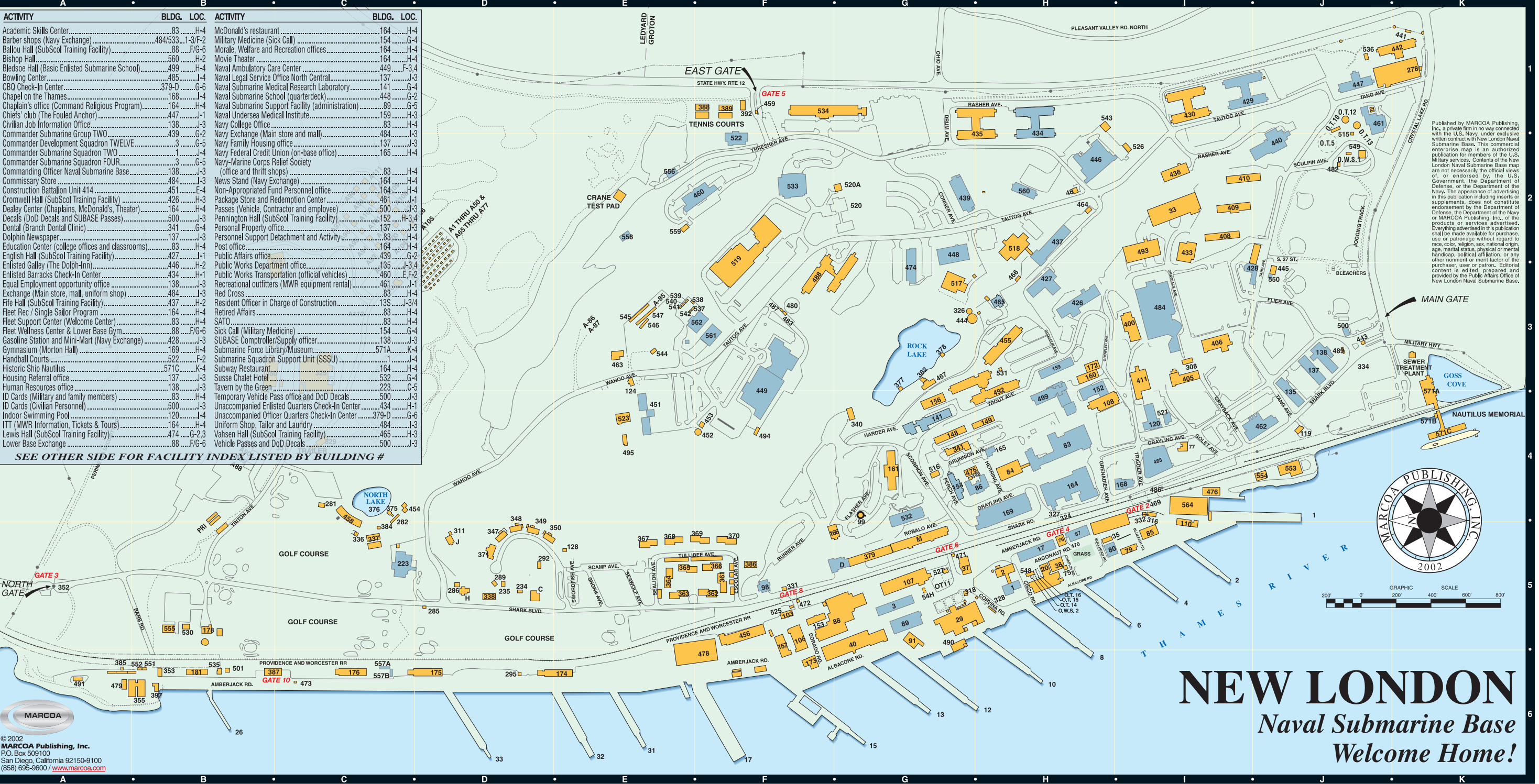
dry docks and repair facilities of the Naval Submarine Support Facility (NSSF), supply warehouses, the headquarters of Submarine Squadrons TWO and FOUR, and Submarine Development Squadron TWELVE, Submarine Squadron Support Unit (SSSU), and SUBASE Port Services. You must pass through a gate to get to Lower Base. Vehicles must have Lower Base decals and you will be required to show your ID card to the Lower Base sentries. The buildings of Naval Submarine School (SubScol), medical, dental and recreation facilities are also on Upper Base, as are living quarters, the enlisted galley, and a large Navy Exchange (NEX) and Defense Commissary Agency (DeCA) complex. A multitude of smaller buildings house day care facilities, on-base colleges, clubs and everything

you would find in any city. Upper Base extends to the east of Shark Boulevard, the only road that extends the entire length of SUBASE. It is easy to think of Lower Base as a vast industrial park and Upper Base as a city. Upper Base is home to administration buildings, including the headquarters of Commander Submarine Group TWO and Commanding Officer, Naval Submarine Base New London. Many of the support services for the submarine crews and their families are on Upper Base. The Naval Ambulatory Care Center is also located on Upper Base. Parking is a major problem at SUBASE. Reserved and handicapped spaces and fire lanes are clearly marked. Customer service parking spaces are marked by white lines with a yellow border. The

problem is a simple one: there are more vehicles with decals than there are spaces to park. Parking has been a problem since 1917 and is an issue that is constantly addressed at command levels. The addition of a security enclave on Lower Base in early 1998 added to the parking problem. At present, the only answer is to arrive early, avoid using your car for short trips on base and carpooling. You'll find almost everything you need is nearby and walking is an enjoyable way of life on SUBASE. Parking has been a problem since 1917 and there is no immediate solution in sight. On the hills surrounding the base are four Navy Family Housing neighborhoods, all within a mile and a half of the Main Gate. In these communities you'll find parks and playgrounds, recreational facilities, a

Navy Federal Credit Union branch, chapels, a NEX mini-mart and many other convenient services. Just outside the Main Gate is one of New England's most popular attractions — the Historic Ship Nautilus and Submarine Force Library and Museum. Visitors do not have to enter the base to visit the memorial. Before entering SUBASE All vehicles entering SUBASE must have a temporary base pass, which you can get at Building 500 just outside the Main Gate or from the gate sentry after normal working hours. You may also enter SUBASE with a valid DoD decal; however, it is important to register your vehicle with the Security Department at either Building 462 or 500 within 30

days after you arrive. Connecticut state law requires the wearing of seatbelts while operating a motor vehicle; all passengers, including children, must wear seatbelts on SUBASE. Speaking of the law, obey all posted speed limits on SUBASE. The maximum speed is 25 mph on major roads, 15 mph or less on other roads and 5 mph in all parking lots. Give pedestrians right-of-way, especially at cross walks, and obey parking designation signs. If you obtain enough points for driving or parking infractions, you will lose your base driving "privileges."



Frequently Called Numbers

Ambulance	On Base	694-3333
	Off Base	911
Fire	On Base	694-3333
	Off Base	911
Police	On Base	694-3777
Emergency	Off Base	911

External agencies

Department of Children and Youth Services (DCYS)	886-2641
Poison Control Center	1-800-343-2722
Rape Crisis Center	442-4357
Alcoholics Anonymous	445-4443

SUBASE New London Phone Numbers (The SUBASE DSN prefix is 694-XXXX)

SUBASE Information/Operator	694-4636
(7:30 a.m. to 4 p.m.)	
American Red Cross Office.....	447-3248
Emergency Communications	1-877-272-7337
Auto Passes and Decals	694-3224
Base Locator - Military	694-5280
CBQ Central Billeting	694-3416
CBQ Central Billeting	694-3117
CBQ Duty Office (Fax)	694-3556
CBQ Billeting	694-3416
Chapel/Chaplain Center	694-3232

Child Care Programs

Child Development Homes	694-2397
Child Development Center Five	694-5965
Child Development Center Four	694-3215
School Age Care	694-5587
Short Stop Nursery	694-3500
Wee Dolphin Enrichment Program.....	694-3640

Clubs and Messes

Dolphin-Inn/Galley	694-2917
Dolphin-Inn/Galley (Fax).....	694-3997
Fouled Anchor Lounge (Chiefs')	694-3721
Tavern by the Green	694-3352

Commissary

Information	694-3911
-------------------	----------

Dental	694-3736/3738
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Employment

Civil Service.....	694-5015
Clubs (MWR Personnel)	694-3695
Navy Exchange	446-5405

Fleet and Family Support Center	694-3383
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Fraud, Waste and Abuse Hotlines

DoD	1-800-424-9098
Navy Inspector General	1-800-522-3451
SUBASE New London	1-860-694-4782

Household Goods (Personal Property)

Incoming	694-3504
Outgoing	694-3382

Housing

Referral Office	694-3851
Trouble Desk - Hsng./PWD	694-3449
After Hours	694-4711

ID Cards - Military/Family	694-3022
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Legal Assistance	694-3741
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Library	694-3723
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Naval Ambulatory Care Center888-999-5195

Primary Care Clinic.....	694-4100
Care Plus Clinic.....	694-3666
Health Benefits Advisor	694-4968
Information	694-4123
Nurse Managed Clinic	694-6501

Navy Exchange (all numbers)	446-5400
--	----------

Navy-Marine Corps Relief Society..... 694-3285

Budget Counseling	694-4552
Thrift Shop	694-4774
Visiting Nurse	694-4118

Ombudsman Office	694-2230
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Personnel Support Detachment	694-3135
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Post Office (on base) 445-7744 |

Dockside Mail	694-3573
---------------------	----------

Recreation Services

Administration Office	694-3687
Bowling Center	694-3477
Car Care Center (4 p.m. to 9 p.m.)	694-3582
Recreational Outfitters.....	694-3380
Golf Pro Shop	694-3763
Morton Hall Gymnasium	694-4205
Information, Tickets & Tours (ITT)	694-3238
Racquetball Center	694-5020
Swimming Facility	694-3562
Laser Storm	694-3454
Liberty (Fleet Rec)	694-3002

SATO	694-3404
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Ships Arrival (recording)	694-4616
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Submarine Force Museum Hours	694-3174
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Temporary Pass Office (6 a.m. to 6 p.m.)	694-3224
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Veterinary Clinic	694-4291
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Welcome Aboard Center (FSC)	694-2791
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Numbers Frequently Called

[illegible]

NEW LONDON FACILITY INDEX - LISTED BY BUILDING # - SEE OTHER SIDE

ACTIVITY	BLDG.	LOC.	ACTIVITY	BLDG.	LOC.	ACTIVITY	BLDG.	LOC.
Commander Submarine Squadron TWO	1	J-4	SUBASE Comptroller/Supply officer	138	J-3	Public Affairs office	439	G-2
Submarine Squadron Support Unit (SSSU)	1	J-4	Naval Submarine Medical Research Laboratory	141	G-4	Enlisted Galley (The Dolphin-Inn)	446	H-2
Commander Development Squadron TWELVE	3	G-5	Pennington Hall (SubScol Training Facility)	152	H-3-4	Chiefs' club (The Fouled Anchor)	447	J-1
Commander Submarine Squadron FOUR	3	G-5	Military Medicine (Sick Call)	154	G-4	Naval Submarine School (quarterdeck)	448	G-2
Academic Skills Center	83	H-4	Sick Call (Military Medicine)	154	G-4	Naval Ambulatory Care Center	449	F-3
Education Center (college offices and classrooms)	83	H-4	Naval Undersea Medical Institute	159	H-3	Construction Battalion Unit 414	451	E-4
Fleet Support Center (Welcome Center)	83	H-4	Chaplain's office (Command Religious Program)	164	H-4	Public Works Transportation (official vehicles)	460	E-F-2
ID Cards (Military and family members)	83	H-4	Dealey Center (Chaplains, McDonald's, Theater)	164	H-4	Package Store and Redemption Center	461	J-1
Navy College Office	83	H-4	Fleet Rec / Single Sailor Program	164	H-4	Recreational outfitters (MWR equipment rental)	461	J-1
Navy-Marine Corps Relief Society (office and thrift shops)	83	H-4	ITT (MWR Information, Tickets & Tours)	164	H-4	Vahsen Hall (SubScol Training Facility)	465	H-3
Personnel Support Detachment and Activity	83	H-4	McDonald's restaurant	164	H-4	Lewis Hall (SubScol Training Facility)	474	G-2,3
Red Cross	83	H-4	Morale, Welfare and Recreation offices	164	H-4	Barber shops (Navy Exchange)	484/533	1-3/F-2
Retired Affairs	83	H-4	Movie Theater	164	H-4	Commissary Store	484	I-3
SATO	83	H-4	News Stand (Navy Exchange)	164	H-4	Exchange (Main store, mall, uniform shop)	484	I-3
Ballou Hall (SubScol Training Facility)	88	F/G-6	Non-Appropriated Fund Personnel office	164	H-4	Navy Exchange (Main store and mall)	484	I-3
Fleet Wellness Center & Lower Base Gym	88	F/G-6	Post office	164	H-4	Uniform Shop, Tailor and Laundry	484	I-3
Lower Base Exchange	88	F/G-6	Subway Restaurant	164	H-4	Bowling Center	485	I-4
Naval Submarine Support Facility (administration)	89	G-5	Navy Federal Credit Union (on-base office)	165	H-4	Bledsoe Hall (Basic Enlisted Submarine School)	499	H-4
Indoor Swimming Pool	120	I-4	Chapel on the Thames	168	I-4	Decals (DoD Decals and SUBASE Passes)	500	J-3
Public Works Department Office	135	J-3-4	Gymnasium (Morton Hall)	169	H-4	ID Cards (Civilian Personnel)	500	J-3
Resident Officer in Charge of Construction	135	J-3/4	Tavern by the Green	223	C-5	Passes (Vehicle, Contractor and employee)	500	J-3
Dolphin Newspaper	137	J-3	Dental (Branch Dental Clinic)	341	G-4	Temporary Vehicle Pass office and DoD Decals	500	J-3
Housing Referral office	137	J-3	CBQ Check-In Center	379-D	G-6	Vehicle Passes and DoD Decals	500	J-3
Naval Legal Service Office North Central	137	J-3	Unaccompanied Officer Quarters Check-In Center	379-D	G-6	Handball Courts	522	F-2
Navy Family Housing office	137	J-3	Cromwell Hall (SubScol Training Facility)	426	H-3	Susse Chalet Hotel	532	G-4
Personal Property office	137	J-3	English Hall (SubScol Training Facility)	427	I-1	Barber shops (Navy Exchange)	484/533	1-3/F-2
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Commanding Officer Naval Submarine Base	138	J-3	Enlisted Barracks Check-In Center	434	H-1	Submarine Force Library/Museum	571A	K-4
Equal Employment opportunity office	138	J-3	Unaccompanied Enlisted Quarters Check-In Center	434	H-1	Historic Ship Nautilus	571C	K-4
Human Resources office	138	J-3	Fife Hall (SubScol Training Facility)	437	H-2			
			Commander Submarine Group TWO	439	G-2			



From the Captains Desk

The term "relocation" for military people, their families, and Department of Defense employees often becomes a familiar word as we "pack up our sea bags" and move about the world.

Regardless of the distance involved with moving, the number of previous moves, or the fact that you may have visited SUBASE New London before...we all experience some amount of frustration in finding a place to live, locating the right place to arrange receipt of a personal property shipment, obtaining information on local schools, learning about the community "outside the fence," and discovering where to go for off-duty, recreation activities.

Becoming familiar with a new area or base represents one of the biggest challenges involved in moving. I hope that the information provided in this edition of our SUBASE Welcome Aboard booklet will assist in making your move to the "Home of the Submarine Force" easier.

Like my predecessors, I consider the opportunity to serve as Commanding Officer of SUBASE New London a great privilege. SUBASE New London is our Nation's and our Navy's first Submarine Base; and, in my view, it's also the finest!

As the first Submarine Base, the significant history and honored traditions of our great Navy and Submarine Force are reflected in the names of our building and streets. Additionally, history and heritage are the focal points of the Submarine Force Library & Museum and the Historic Ship NAUTILUS – the Navy's official Submarine Force Museum – I urge you to pay them a visit.

But what makes SUBASE New London "the finest" are the exceptionally talented and dedicated people who carry out our mission – to support fleet readiness by providing quality services and facilities to the Submarine Community and their families.

For this reason alone, I think you'll find that SUBASE is a great place to live and work!

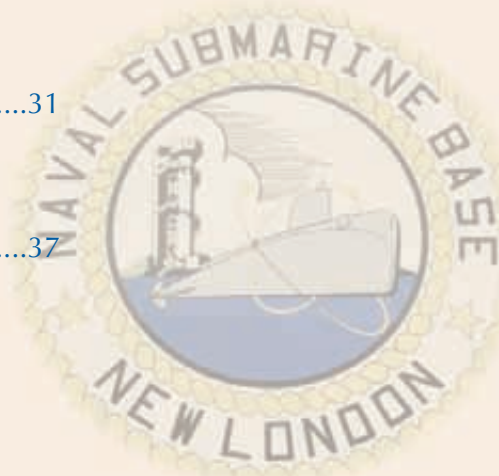
And, to help you get settled in living and working at SUBASE, I urge you to also check out the wealth of information on our SUBASE New London homepage at www.subasenlon.navy.mil. Additionally, your sponsor may have provided you a copy of our award winning base newspaper, "The Dolphin;" it's an extremely valuable tool in gaining information about our SUBASE community. "The Dolphin" can viewed via the Internet by going to the paper's web page at www.dolphin-news.com.

Again, all the best with your relocation.
Welcome aboard and welcome home!

Commanding Officer
U.S. Naval Submarine Base New London

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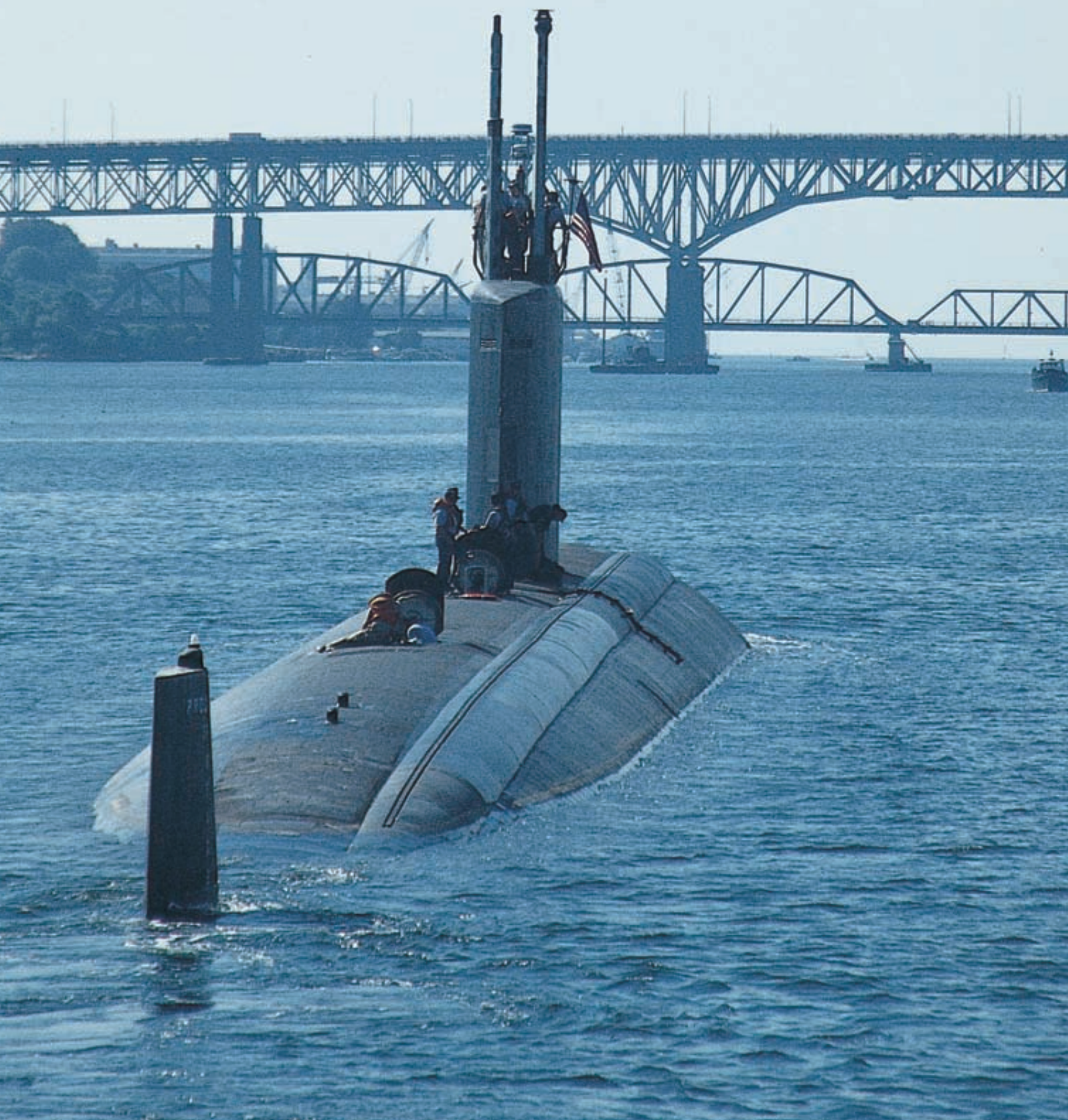
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Welcome to the Home of the Submarine Force



The first thing that you need to know is the location: Naval Submarine Base New London (SUBASE) is located on the east side of Thames River in Groton, Conn. The second thing you need to know is that this base is considered the “Home of the Submarine Force,” and all submariners in today’s Navy will, at some time, be stationed here for training and possibly a tour aboard an attack submarine.

The history of submarines and the state of Connecticut have intertwined since Colonial Americans first tried building submarines. Back then, they were called submersibles. Early submarine design pioneers like John P. Holland and Simon Lake were from Connecticut. Their early inventions laid the foundation for the technological expertise of General Dynamics’ Electric Boat Division, which is also located in Groton.

Naval Submarine Base New London is the largest submarine base in the Navy, and it proudly lays claim to the title of the best submarine homeport in the world. But this wasn’t always true.

In 1868, in an effort to help the Navy transition from sail to steam, Connecticut gave the land where SUBASE now sits to the Navy. The Navy was appreciative, but in 1868 funds were a problem and the 112-acre donation went unused.

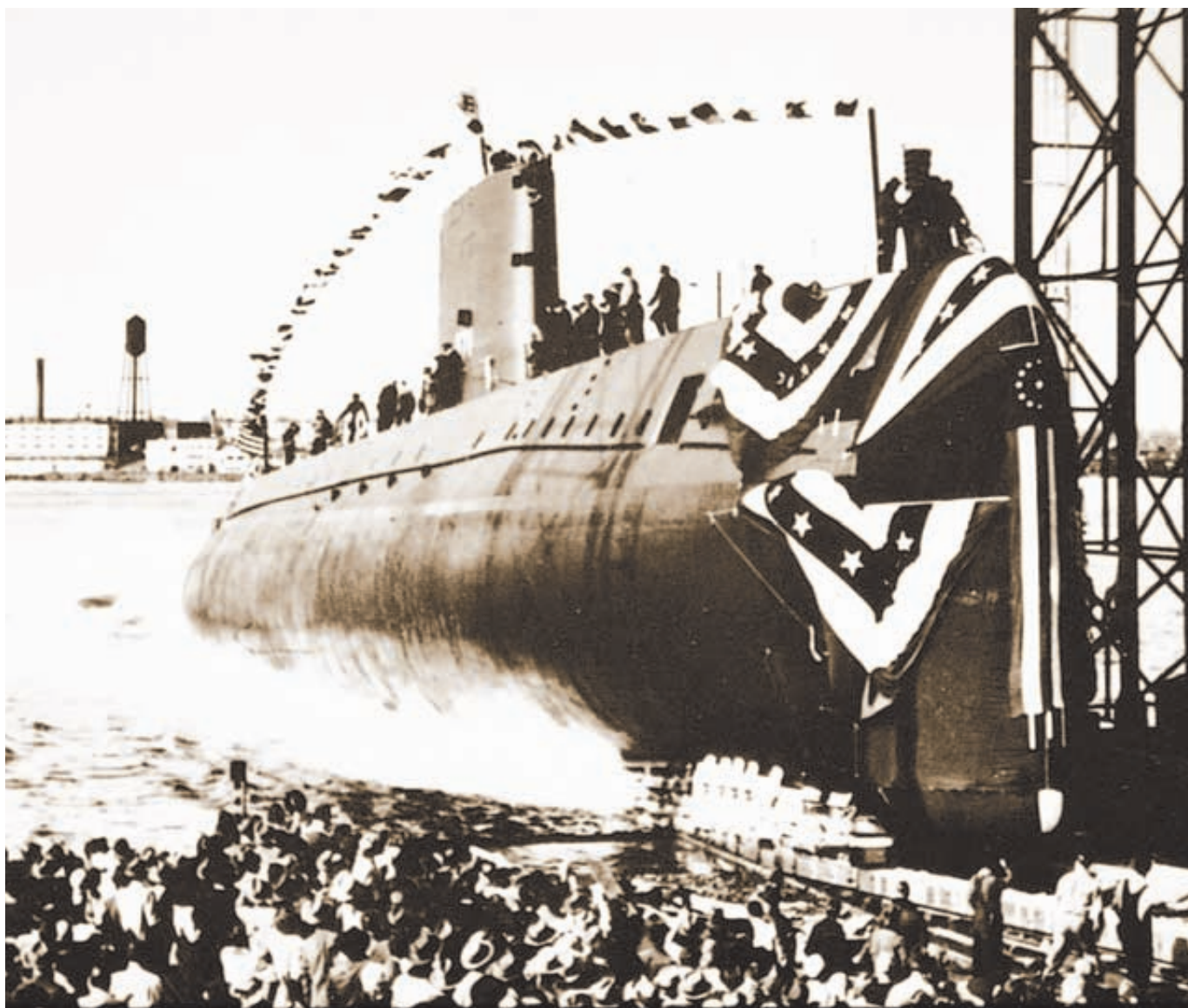
Finally, in 1872, two brick buildings and a “T” shaped pier were built and officially declared a Navy yard. The yard was never very productive and it was downgraded to a coaling station for use by Atlantic Fleet small craft. Several more buildings were constructed despite low usage of the installation.

The next major change for the base was on October 13, 1915, when the monitor Ozark, little more than a floating raft with guns, arrived at the yard and tied up to the pier. Ozark was a tender for the four submarines that accompanied her. More tenders and submarines followed. In 1916, aided by the submarine research, development and construction of submarines in Groton, the Navy Department converted the facility to a submarine base.

The conversion came just in time. Soon America was caught up in World War I; the base rapidly expanded to keep up with wartime demands for submarines and crews. Submarines were outfitted, serviced and homeported, and more than 10,000 officers and men were trained for the new “Silent Service” at the active little base on the Thames. Submarine Base New London was on the map.

After the armistice, the base slipped back into obscurity; submarines were still based here but a nation at peace had little interest in the military. The Navy took advantage of the lull to establish schools and training facilities.





Unfortunately, several submarine disasters also occurred during this period, but from these disasters the submarine service learned about submarine rescue and salvaging operations. The “Momsen Lung,” used to escape a disabled submarine, was developed during this time.

The peace which followed “the war to end all wars” was short lived. With the clouds of World War II already gathering, the submarine force was strengthened, mothballed vessels were recommissioned, new boats were built and facilities were added to the base as part of a rapid wartime expansion. Many of the submarines and crews, outfitted and trained at Submarine Base New London, fought and won the war in the Pacific half way around the world.

The submarine force and SUBASE helped to make the world smaller during World War II and the years that followed. Today, the base occupies more than 500 acres and has more than 400 buildings, and new construction and facility improvement still continues.

The base is home to more than 60 tenant activities, including the submarines and crews of Commander Submarine Group TWO, Commander Submarine Squadron TWO, Commander Submarine Squadron FOUR, Submarine Squadron Support Unit and Commander Submarine Development Squadron TWELVE; the staff and students of Naval Submarine School; the medical research staffs of Naval Ambulatory Care Center, Naval Underwater Medical Institute

(NUMI), and Naval Submarine Medical Research Laboratory (NSMRL); and the submarine repair and support staffs of Naval Submarine Support Facility (NSSF), among others.

We hope you use this guide as an overview of base services available to Sailors and families at SUBASE. This booklet is designed to augment information provided to you by your command sponsor and the Welcome Aboard Center, located in the Fleet and Family Support Center in Building 84. The phone number to the center is **694-3073**.

Before You Arrive



Southeastern Connecticut's location makes Naval Submarine Base New London a great duty station. Picturesque historic villages blend with urban centers; miles of scenic coastline lead to the most popular resorts on the East Coast; cider mills vie for attention with the largest night clubs between New York and Boston. You'll soon discover the best of two worlds, the Eastern United States' favorite vacation destination and one of the Navy's best bases.

Like any move, the more you plan in advance, the easier the move. The next few pages of this booklet offer some suggestions to make your move go smoother. The SUBASE Fleet and Family Support Center, at **694-3383**, also has a wealth of information about the area. The Navy Family Housing Referral Office, **694-3851**, and Incoming Household Goods Office, **694-3670**, are also available to assist you move to SUBASE.

Weather

Despite New England's reputation for rugged climate, the weather at SUBASE is mild. On the average there are three days a year when the temperature goes above 90 degrees, and only one day when it falls to zero degrees or below. SUBASE has mild weather year round; it is not unusual for the base to have dry roads when there is two or three inches of snow in Norwich, only 10 miles to the north. SUBASE averages 44 inches of precipitation a year, including 34 inches of snow. The mean average maximum temperature is 59 degrees with the warmest days in July and August. The mean average minimum temperature is 42 degrees, January being the coldest month.

Schools

Cities and towns near SUBASE have their own schools. The systems are small and responsive to local needs. Public education in the area goes back nearly 300 years which explains why local schools rank among the best in New England. The town of Groton administers several schools serving the area around SUBASE, including four elementary schools, adjacent to Navy Family Housing, where the students are mostly military family members.

Most Southeastern Connecticut towns have elementary/middle/high school programs. Normally, elementary school is through fifth grade, middle school is through eighth, and high school is ninth through 12th. Where your children are eligible to go to school is determined by where you live and which schools are zoned for that area.

It is important to note, many area schools have registration requirements that you may not be familiar with. These vary by system, but most require that a student have a school physical, a documented record of the required immunizations, and many require





a certified transcript be mailed directly to the new school, not hand carried. If you have time, and know where your child will be going to school, contact that school directly. You'll find that almost all area schools, and their teachers, are very familiar with Navy moves and the advantages of being a Navy Family Member.

There are also a few private and parochial schools in the area, including an elementary/middle school in the city of Groton. The Relocation Center in the Fleet and Family Support Center, **694-4188**, has more information on private schooling.

If you know which town you want to live in, write the district for that area:

Groton (including Navy Family Housing), Groton Long Point, Mystic, Gales Ferry, Noank
Groton Education Department
Superintendent of Schools
1300 Flanders Road
Mystic, CT 06355

New London and Waterford
New London Board of Education
134 Williams
New London, CT 06320

Ledyard
Ledyard Education Department
Superintendent of Schools Office
4 Blonder Blvd.
Ledyard, CT 06339

Montville
Montville Education Department
Superintendent of Schools
Old Colchester Road
Oakdale, CT 06370

North Stonington
Superintendent of Schools
Route 2 North
Stonington, CT 06378

Norwich
Board of Education
Mahan Drive
Norwich, CT 06360

Stonington
Superintendent of Schools
North Stonington Road
Old Mystic, CT 06372

Getting to SUBASE

If you're making your move in your personal vehicle, you'll be pleased to know that SUBASE is located 10 minutes from Interstate 95. Exit 86 will put you on state Route 12, which leads to Crystal Lake Road, which is where SUBASE is located, and there are plenty of signs along the way.

Flying

If you must fly in order to report to SUBASE, the local airport, the Groton-New London Airport, is serviced primarily with smaller airplanes through USAir Express and a commuter line called Action Airline. Bradley International Airport is located about an hour away in Windsor Locks, Conn., just north of Hartford. Providence Airport is also located an hour away, but to the north-east. The last two are served by several major airlines.

Rail

In downtown New London, there is an Amtrak train station regularly serviced by local cab companies.

Bus

Located next to the train station in New London is the local stop for Greyhound Bus Lines.

Ferry

Daily ferry runs from Orient Point on Long Island, N.Y., to New London year round; call **443-5281** for more information.

Temporary lodging

Where to stay is always a major question for anyone facing a permanent change of station (PCS) move. SUBASE answers that question by providing a number of low cost, outstanding temporary living quarter options. SUBASE is in the heart of New England's most popular tourist area; hotels and motels are booked earlier during tourist season and are very expensive. You'll find the following SUBASE facilities will save you money, but make your reservations early because a lot of people find a reason to visit SUBASE.

Susse Chalet Hotel

The Susse Chalet Hotel provides transient government quarters for eligible personnel. The outstanding Susse Chalet Groton is one of two in the entire Navy. For reservations and further information please call DSN **694-3416** or commercial **694-3416**.

Navy Lodge

Year after year, the SUBASE Navy Lodge has been selected as the best large facility in the Navy. The sole reason for the existence of a Navy Lodge is



to provide temporary accommodations for eligible personnel like you. The demand for these attractive and moderately priced rooms is always heavy so people are given reservations under a priority system. All ranks, active duty (on duty or leave), reservists, retirees, DoD employees who are on official travel, and other authorized guests all categories can make reservations. Accompanied change of station personnel may make reservations 90 days in advance; other personnel have 60 days and retired personnel have 30 days in advance in which to make reservations.

Once you've figured out that you're eligible, here's what our Navy Lodge provides. The room will accommodate a family of four plus one child of crib age (if you need a crib, just ask at the desk). There are 67 units each with a private bath and either two double beds or one queen-sized bed. Amenities include a clock/radio, a hair dryer, a dresser/desk, vanity, heat and air conditioning, telephone, cable television, and dining table. The kitchenette includes microwave, stove, refrigerator, sink, cookware, silverware, and dinnerware. Some rooms are available with interconnecting doors, and non-smoking and handicapped units are available. If you need to do the laundry,

there's a laundromat on site and a vending area is available, too. There's also plenty of parking at the Navy Lodge.

For your convenience, call our toll free number for reservations and information **1 800 NAVY-INN**. Check-in time is between 3 p.m. and 6 p.m., check-out time is noon. The switchboard is open 24 hours seven days a week, **446-1160**. The mailing address is Navy Lodge, 77 Dewey Avenue, Groton, CT, 06340.

Combined Bachelor Quarters

One of the most attractive Combined Bachelor Quarters facilities in the Navy is often the choice of eligible patrons staying in Southeastern Connecticut for a limited time.

For reservations and further information please call DSN **694-3416** or commercial **694-3416**.

The enlisted often choose to stay in one of the 12 enlisted barracks while waiting for their family's arrival. Single Sailors find the barracks not only convenient and a great way to save money, but also enjoy the great SUBASE Fleet Recreation/Single Sailor Program.

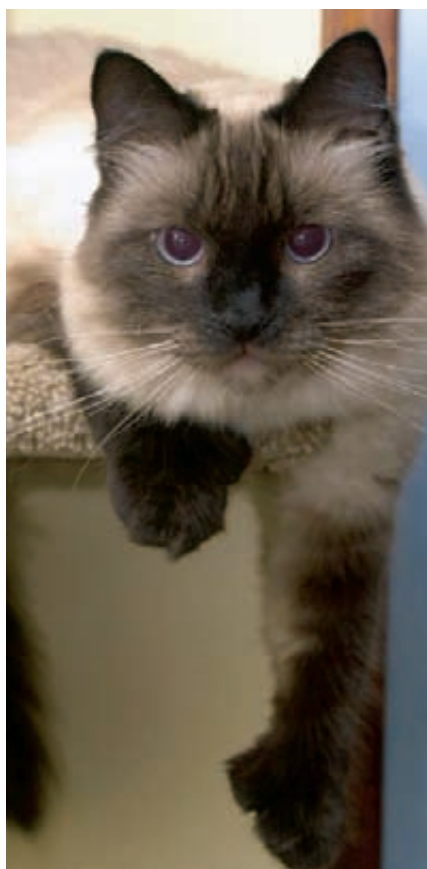
The front desk for all barracks is located in Building 379 and is open 24 hours a day to serve guests. For reserva-

tions and further information please call DSN **694-2105/3416** or commercial **694-2105/3416**.

Pets

The U.S. Army Veterinary Treatment Facility provides service for active duty or retired military personnel and their eligible family members stationed in or passing through the Constitution State. We are located in BLDG 411 on Trigger Ave. Naval Subase NLON. Our hours of operation are Monday through Friday from 8a.m. to 4p.m. During these hours you may schedule an appointment, register your pets with housing, or purchase a variety of pet products we have available.

Clinics are held twice a week by appointment only. Please call in advance for appointment scheduling and information. We provide routine immunizations for dogs, cats and other small animals, as well as diagnostic tests for internal and external parasites, heartworm disease and feline leukemia. Sick call appointments are available for minor health issues and diseases. Health certificates are required for pets travelling within the United States or overseas. There is no charge for a health certificate with a copy of your official orders. Contact the clinic to schedule



a timely appointment. Due to the facilities limitations, the clinic is unable to provide emergency care, surgical procedures or hospitalization for privately owned pets.

Please keep in mind, all pets must have a record at the clinic to make an appointment. Remember to bring any vaccination information you have for your pet. All dogs must be on a leash, cats and other small animals must be in an enclosed animal carrier. For safety reasons, children under the age of 12 are not permitted in the clinic and may not be left outside the building unattended. Please call for more information or to schedule an appointment, (860) 694-4291.

Pets in Navy Family Housing

In addition to following Groton pet regulations, those living in Navy Family Housing must also comply with the base regarding pets. All pets in Navy Family Housing must be registered at the SUBASE Veterinarian Clinic in Building 411B, phone number **694-4291**. Dogs must be kept inside a fenced area, they can not be tethered or allowed to roam free. Your housing booklet has more details on building fences.

Only two pets are allowed per home in Navy Family Housing, except fish. Dogs, cats, rabbits, hamsters, gerbils, guinea pigs, caged birds and fish

are welcomed. Snakes, raccoons, skunks, monkeys, chimpanzees, opossums, lizards, ferrets and barnyard animals are prohibited.

The Town of Groton has jurisdiction over animals in Navy Family Housing. When walking with their owners, dogs must be on a leash. Vicious dogs and dogs who cause a continual nuisance will be removed.

Pets in bachelors' quarters

The only pets allowed in quarters on SUBASE are fish in small aquariums.

Driving in Connecticut

Most highways in Connecticut have limits posted as 55 mph, although there are a limited numbers of areas now posted at 65 mph. In addition to patrol vehicles, Connecticut also uses cameras which take photos of speeders on its interstates and mails tickets to violators.

Right turns are allowed after a complete stop at a red light, unless otherwise posted.

In Connecticut you are required to stop for pedestrians in crosswalks.

Everyone riding in a privately-owned vehicle is required to wear seat belts in Connecticut. Children under age 4 or less than 40 pounds must be in approved child restraints.

Connecticut child helmet law

While we're on the subject of Connecticut laws, we'll mention one you may not be use to: parents and legal guardians are responsible for insuring that children under the age of 12 wear helmets while riding bicycles.

Vehicle registration and drivers' licenses

Military personnel may be in possession of any state license and current registration. One thing military members must be careful to avoid is a violation of

the "Tri-State Law" — license from one state, registration from another, and insurance from a third. Service members may register their vehicles or get an operator's license in Connecticut, if desired.

Driving on SUBASE

Even though there may not be a sentry at the gate, all vehicles entering SUBASE must have a SUBASE pass or DoD decal.

Visitor Passes

Submarine Base New London is not open for general visiting; however, business representatives and other guests with official reasons to enter the base may be permitted to do so. Visitor and temporary passes are issued by Pass & ID Office located in Building 500, next to the Main Gate on Crystal Lake Road. Sentries at the Main Gate can issue temporary passes to reporting military personnel from 6 p.m. to 6 a.m. Remember that as a general rule, visitors to SUBASE should be escorted. To get a temporary pass you'll need the items listed below to get a decal, including proof of insurance, so keep reading.

Getting a decal

As you've already read, parking is a problem on SUBASE. Because of this, it is important to get a SUBASE issued DoD decal as soon as possible after you arrive.

In case of emergencies, this will allow the Security Department to contact you, instead of towing your vehicle, if it has to be moved.

If you want to operate or park a motor vehicle on the base you must register your vehicle in the Pass & ID Office in Building 500 to obtain a SUBASE decal. There is a special decal attachment for vehicles that need access to Lower Base. You can find detailed requirements and





regulations for registering, operating and parking your car by reading the SUBASE Security Manual. The Pass and ID office is open 6 a.m. to 6 p.m., five days a week, closed on holidays. The following information will get you started:

1. Your vehicle must be registered in your name or your spouse's name, or you must have written permission from the owner to operate/register the vehicle (bills of sale cannot be accepted).
2. You must certify in writing that your liability coverage fulfills Connecticut's financial responsibility laws. Check with your insurance company to be sure. You'll also need your current proof of insurance card, this card must be in your vehicle at all times in Connecticut; if you don't have a card now, ask your insurance company to send you one before starting your trip.
3. You must have a valid state operator's license from the state in which your car is registered or from the state of Connecticut.
4. You must have a valid military identification or civilian ID card.
5. If your vehicle is 10 years old or older, it must pass a safety inspection that meets Connecticut's requirements.
6. You must properly complete the vehicle forms available at the Pass Office. Call **694-3224** for information or assistance.

Motorcycles

There are a number of special requirements that must be accomplished before riding a motorcycle on SUBASE, including completion of the DoD Motor-

cycle Safety Course. Check with the SUBASE Safety Division at **694-3739** before bringing a motorcycle on SUBASE.

SUBASE driving

The speed limit on most roads on SUBASE is 20 mph. The maximum speed designated anywhere on base is 30 mph and parking lots are only 5 mph.

As a base driver, you are required to stop for pedestrians. As a base pedestrian, you are required to use crosswalks.

Navy regulations require that all Sailors wear seat belts in moving vehicles. Everyone boarding SUBASE in a vehicle is required to wear seat belts to be in compliance with Connecticut state laws. Children under age 4 or less than 40 pounds need to be in approved child restraints.

Parking

Parking regulations are strictly enforced. Because of the critical shortage of parking on base, the following parking plan applies:

Official Visitors - Parking spaces are reserved 24 hours a day, seven days a week.

Visitor - Official visitor/visitor parking spaces are reserved from 6 a.m. to 5 p.m., Monday through Friday.

Patron - These spots are always reserved for bona fide patrons of a particular activity.

BEQ Residents - These spaces are reserved for BEQ residents and their guests 24 hours a day, seven days a week.

Reserved - Some examples of reserved spaces include reserved for CO/XO/CMC, NAGE R-1 president, etc. The speed limit on base is 20 mph unless otherwise posted. Parking lots are 5 mph.

Handicapped - Reserved from 8 a.m. to 5 p.m.

Open - Any spaces not otherwise designated.

If it becomes necessary to tow your vehicle, it will be done at your expense and risk. Damages or charges incurred in the towing will rest solely with the owner.

Traffic Court is held on Wednesday and Thursday from 9 a.m. to noon in Building 462. If you receive a ticket, you must attend. If you do not attend, you receive an automatic 60-day suspension of driving privileges on SUBASE in addition to whatever penalties you may receive.

Drugs

It should go without saying that the introduction, possession, use, sale or other transfer of marijuana, narcotic substances or other controlled substances aboard SUBASE is strictly prohibited.

Firearms/Dangerous Weapons

Any kind of firearms, explosive devices, compressed air or gas-powered guns, metallic or chain knuckles, black-jacks, billy and folding knives with blades over 3 1/2 inches in length, all quick-opening knives of switch or spring type regardless of blade length, or any



handmade devices which might be used for assault are considered to be dangerous weapons as defined by Article 1136 of U.S. Navy Regulations and SUBASEN-LONINST 5500.1B. You may not conceal or carry upon your person any dangerous weapon, instrument or device or any highly explosive article or compound on board ship, craft or aircraft of the Navy or on any naval station or other place under the jurisdiction of the Navy Department.

You must register firearms and certain other weapons with the Security Department Armory in Building 462, if you store these weapons in off-base housing. Storage of firearms and weapons is prohibited in on-base quarters and barracks. For additional information on firearms and weapons, contact the Security Department at **694-3777**.

Fireworks: On and off base

Each year thousands of people throughout the United States are injured by the improper use of fireworks. The Submarine Base Fire Department advises

that ALL types of fireworks are illegal in the state of Connecticut, this includes sparklers, M-80s, cherry bombs, pop rocks and party snappers and others that maybe legal in the state you're coming from. For anyone interested in fireworks, the base sponsors one of the most extravagant displays in southeastern Connecticut during Subfest.

Emergencies

You'll soon find out that SUBASE has one of the best Security Departments in the state. This department is often thought of as two separate departments, the SUBASE Fire Department and SUBASE Security (police) Department. One of the things that make these two departments different than most base fire and security departments is their close working relationship with local police and fire departments. By mutual agreement the SUBASE Fire Department (SBFD) provides assistance to nearby towns. Besides responding to on base emergencies, the SBFD also answers emergency calls in

Navy Family Housing, including the Navy Lodge.

On base fires/medical emergency:
694-3333

Housing fires/medical emergency: 911

The SUBASE Security Department is ready to assist you with any trouble you may have on base. As part of any agreement with the Town of Groton Police Department, which is responsible for law enforcement in Navy Family Housing, the SUBASE Police Department also patrols the housing area. They are there to help you and provide assistance to the Groton Police Department. If you have any questions or need assistance of any kind feel free to ask any SUBASE Police Department patrolman.

Off base police emergency: 911

On base security (police) emergency:
694-3222

You'll find more information about the services these two departments provide later in this book. Remember they are here to help you.

Arriving



Reporting aboard

Each command has its own procedures for checking in, your sponsor should let you know where to go to officially report into your command. Submarine School students and staff report in at the quarterdeck in Building 518; SUBASE personnel check in at PSD in Building 83 during normal working hours, or have their orders stamped by the combined quarters desk after normal working hours and report to PSD at 7:30 a.m. on the next working day. Sailors reporting to deployed units should report to the appropriate squadron duty office; so do people assigned to squadron staffs. Those assigned to the staff of Commander Submarine Group TWO report to Building 439. Naval Ambulatory Care Center personnel check in at the NACC.

One of the first things you'll do on your first working day at SUBASE, if you're reporting to a shore command with the exception of SubScol students, is go to the Personnel Support Activity Detachment New London (PSD). Sea duty commands often have their own check in procedures so check with your sponsor.

All activities on SUBASE have a command PASS Liaison Representative (PLR) who can assist you with pay and other problems. Many commands want you to check in with their PLR before or immediately after you see PSD. Once again ask your sponsor.

Personnel Support Activity Detachment New London

Personnel Support Activity Detachment (PSD), as a component of Personnel Support Activity (PSA) Norfolk VA, provides pay and personnel services to all Navy personnel and passenger transportation service to all Navy-sponsored travelers in the Connecticut, New Jersey, and New York areas.

The following offices are located at PSD New London: Military Personnel Services, Military Pay Services, Travel, Fiscal, Source Data Systems, ID Cards/DEERS Enrollment, Student Personnel, and the Educational Services Office.

The Navy Passenger Transportation Office (NAVPTO) and Scheduled Airline Ticket Office (SATO) are also located with PSD New London. All offices are located on the second deck of Building 83. Normal customer service hours are from 8:00 a.m. to 3:30 p.m. weekdays. ID cards and DEERS enrollment are available weekdays from 8:00 a.m. to 3:30 p.m. On Thursday the hours of operation are extended to 5:45 p.m. The first Saturday of each month, ID cards is open from 9:00 a.m. to 12:00 p.m. Please call ahead to confirm which Saturday.

After-hours emergencies can be handled by contacting duty personnel at **1 860 332-5149** or **1 860 330-3815**. For further information contact PSD Admin at **694-3135**.





For your safety

We put safety first at SUBASE, both in this book and in practice. It is easy to forget that much of the base is an industrial area — including all of Lower Base — and you need to practice safety at all times. Every activity has a safety officer and many have an entire department dedicated to your safety.

The SUBASE Occupational Safety and Health Department, more simply the Safety Division of the Public Safety Department, is guided by the policy of the base commanding officer and follows federal and state regulations to ensure a safe and healthful environment on SUBASE. The professional staff provides medical surveillance, mishap investigation, gas free engineering, building safety inspections, hazardous materials control, driver improvement and motorcycle safety programs, and general safety awareness by participating in annual events such as Kids Karnival sponsored by MWR, and other promotional events. This office provides aid and advice for all safety concerns. If you have any questions or need to raise a safety concern, please call **694-3739**.

Environmental concerns and laws

SUBASE and the people living and working here have also taken an active role in protecting the environment. Connecticut is one of the most beautiful

states in the nation with its coastline, rivers and forests; the state and area towns have developed numerous laws to protect this environment. Many areas, like the base and Navy Family Housing, are near watershed area where our drinking water comes from. It is important not to contaminate ground water in these areas. Federal, state and municipal laws impose heavy fines for damaging the environment. It is important you understand the laws where you live and work.

There are many places you can go to find about environmental laws for the area where you live, the Connecticut Department of Environmental Protection can answer many of your questions. The SUBASE Environmental Department can provide information about laws on SUBASE and Navy Family Housing, your Navy Housing Information Booklet also has a section on environmental concerns.

You may contact the SUBASE Environmental Department at **694-5133** with any questions concerning environmental regulations and laws.

The SUBASE Environmental Department is responsible for identifying, managing and protecting the diverse natural and cultural resources located on the base. Comprehensive surveys of critical wildlife habitats, wetlands and cultural artifacts have either been completed or are currently under way. The Environmental Department ensures that these issues and all other environmental

concerns are adequately addressed in the earliest planning stages of proposed construction projects.

To promote public awareness and the enjoyment of our natural and cultural resources have been constructed at the Admiral Fife Naval Recreation Area in Stonington.

The SUBASE Environmental Department provides a variety of environmental management services in the areas of waste disposal, permitting and laboratory sampling of industrial wastestreams.

Household hazardous waste collection days offered by the town of Groton and the annual Christmas tree recycling event held in Navy Family Housing are also available to housing residents.

Legal help

Naval Legal Service Office (NLSO) North Central Detachment, Groton, is another important source of information about Connecticut laws and or legal problems you may encounter during your move. Located on the second deck of Building 137, you may make an appointment by calling **694-3741**. There is more information about the services provided by NLSO in the "Service and Support" section on page 31.

Personnel property claims

Personnel whose household goods are damaged during shipment may file a claim for possible reimbursement with the NLSO Claims Office on the second floor of Building 137. To file a claim call **694-3741** for an appointment with a claims officer.

Lost and Found

If you found it or lost it, turn it in or report it to the SUBASE Security Department in Building 462/Traffic Court 4098.

Banking

There are several ATM machines on base and in Navy Family Housing. The mall area of the Main Navy Exchange has a Bankport 24-hour Cirrus ATM. There are Navy Federal Credit Union ATMs located outside the door of the Commissary, outside the on base Navy Federal Credit Union (NFCU) office in Building 165, one in the Lower Base Navy Exchange in Building 88, and at the NFCU office in Nautilus Park there is a drive through ATM with a second machine in the lobby.

In Addition to the ATMs, NFCU provides full service at its on base office in Building 165, **446-2291**, and at the Nautilus Park branch, **446-8200**.

The Navy Exchange has a cashier to cash checks for authorized patrons in the main store near the administration offices.

There is a branch of Shawmut Bank in Dealey Center, Building 164.

A Place to Live



Many people who come to Connecticut dream of finding a historic house and settling in behind quaint stone walls. The dream of a Revolutionary War-era farmhouse on a 15-acre lot by the water does exist - for over \$300,000. Historic and quaint don't come cheap, so what's a newcomer to the area to do?

Living in Navy Family Housing

If you are married in any pay grade, Navy Family Housing (NFH) is available at SUBASE. However, there are waiting lists with waiting times of one to five months depending of family composition.

There are 2,129 NFH homes and 54 mobile home spaces. All units are assigned to comply with the bedroom criteria published in housing instructions. The mobile home spaces are assigned to members E-1 and above on a first-come, first-serve basis.

Advanced application for NFH can be made once you have written orders to this area. In order for your application to be processed, you must submit a DD Form 1746, "Application for Assignment to Housing," which is available at any military housing office, copies of your Permanent Change of Station (PCS) orders, and the most recent copy of your Page 2, "Record of Emergency Data/Dependency Application and L20." Your housing assignment control date will be either the date of your transfer from your previous PCS command or the date your application is received by the Housing Office, whichever is later. Mail the complete package to:

Housing Office

Box 23
Naval Submarine Base New London
Groton, CT 06349-5023

You will receive a receipt from the Housing Office showing that your housing application has been received. Your control date on the waiting list will be indicated, in addition to any other documents needed by the Housing Office, such as detaching endorsement, PRD statement, etc.

You **must** confirm your advance application by reporting to the Housing Office within 30 working days of reporting to your new permanent duty station to hold your detachment date as the control date. Failure to do so will result in your advance application being canceled. Your new control date will then be the date you personally resubmit your application to the Housing Office.





Housing Office

When you arrive at New London, you must report to the Housing Office, which is located on the first deck of Building 137. The Housing Office is open Monday through Friday from 0730-1630, closed weekends and federal holidays.

If you decide to live in the civilian community after you have already submitted an application for housing, please notify the Housing Office in person and cancel your application. This courtesy allows other families who need housing to advance on the housing list.

Pets in Navy Family Housing

Two domestic pets are permitted. For information on pets in Navy Family Housing see the section "Pets" in "Before you Arrive," page 13.

Smoke detectors

Each housing unit is supplied with smoke detectors. These smoke detectors are electrically powered with a battery backup. The Submarine Base Fire Department recommends that residents of Navy Family Housing test their detectors each month and change detector batteries



when they change their clocks twice a year. For more information call the SUBASE Fire Department's Fire Prevention office at **694-4487**.

Housing Referral Service

The Housing Referral Service exists to help you locate suitable, nondiscriminatory local housing. Although regulations require that you report to Housing Referral Service before you negotiate any sales or rental agreements, please remember that this requirement exists to help you. Individual counseling and personal attention to your needs are provided. You must fill out a DD Form 1746, "Application for Assignment to Housing," whether you need assistance or not.

Housing Referral maintains extensive listings of rentals, houses and mobile homes for sale from private owners or real estate agents, landlords and apartment complex managers. Many of these listings have been photographed so you can conduct a virtual walk-through from the office.

Housing Referral is located in the Housing Office in Building 137.

Rentals

There is an aggressive market for rentals. Affordable rentals are in short supply, especially three and four bedroom units. This is true for houses and apartments. Don't forget that the cost of heating in the winter is an additional burden for a tenant which can often cost several hundred dollars during the winter.

If you are attending a school that lasts from six to eight weeks, such as Basic Enlisted Submarine School you'll find that it is nearly impossible to find short term housing at an affordable price. During the summer months, prices are even higher as tourists flock to Connecticut's favorite vacation area. Talk it over, but if at all possible leave your family at home.

Check with the Housing Referral Service at DSN **694-3851** or toll free **1-877-843-5263** for current rental prices. It may save you a lot of problems later.

One last word on rentals; dogs may be man's best friend, but nine out of ten rentals in this area do not allow pets. If Fido comes with your family he

should plan on spending some time in a kennel before he finds a permanent doghouse.

Buying a home

Remember that this is New England's vacationland which attracts overwhelming numbers of tourists in the summer. Shoreline homes are at a premium and extremely expensive.

Older, but not historic, one floor single family homes start at approximately \$120,000. New houses in good locations can cost \$30,000 to \$40,000 more. Heating a home can cost several hundred dollars a month.

The New London/Groton area is served also by a 65-member realtor multiple listing service. Members pool listings so you can inspect all the listed properties you may be interested in using just one member. Independent realtors' listings can usually be seen only by contacting each individual broker.

There are a number of banks and credit unions in the area. They offer a variety of mortgage plans, shop for the best financing plan for you. You can save tens



of thousands of dollars, over a 30-year mortgage, by comparing financing contracts. If you have questions, see the Navy Legal Service Office, **694-3741**, your command financial advisor or the Navy Family Service Center's financial specialist, **694-3383**. Family Service Center also offers classes in home buying that can save your thousands of dollars.

Mobile homes

If you are bringing a mobile home into the area you'll find that it is very difficult to find a place in the community. It is strongly advised that you do not move your mobile home until you have a Navy lot to put it on. Contact the Housing Office at DSN **694-3851** or toll free **1-877-843-5236** and the Personal Property Office **694-3670** or DSN **694-3670** before moving your mobile home.

Combined Bachelor Quarters

The SUBASE Combined Bachelor Quarters Division provides housing for unaccompanied officers and enlisted Sailors.

Combined Bachelor Quarters

The SUBASE Combined Bachelor Quarters (CBQ) spreads over three inter-connecting buildings which are located at the center of the base on Shark Boulevard. The CBQ was renovated in 1992 and consists of 108 luxurious single suites with private bath, kitchenette, and living room area. The CBQ features include a fireside lounge for entertaining, a conference room, and the MWR Nautilus Lounge, located near the front desk in Building 379.

The CBQ is located within easy walking distance of the Exchange and recreational facilities and a short walk away from the afloat units located on Lower Base.

The CBQ Reservations Desk, in Building 379, is open 24 hours a day to serve guests. For reservations and further information please call DSN **694-2105/3416** or commercial **694-2105/3416**.

Susse Chalet Hotel

The Susse Chalet Hotel, located directly behind the BOQ, is the transient

government quarters for E-6 and above personnel. The Susse Chalet Groton is one of two in the entire Navy.

For reservations and further information please call DSN **694-3416** or commercial **694-3416**.

Bachelor Enlisted Quarters (BEQ)

The Bachelor Enlisted Quarters consists of a 12-building complex housing nearly 3,000 permanent residents, plus 1,000 transient personnel. Some extra features in the BEQs include hot tubs, weight/exercise rooms, pool tables, video games, large-screen televisions, ping pong tables, and other recreational items.

The BEQ has undergone renovations to improve the quality of life for our Sailors. These renovations will increase privacy, add contemporary style, and cultivate a more "at home" atmosphere for residents.

The Central BEQ Front Desk, in Building 379, is open 24 hours a day to serve guests. For reservations and further information please call DSN **694-2105/3416** or commercial **694-2105/3416**.

Household Goods



Upon arrival at SUBASE, one of the primary concerns of most service members is checking on the status of their express baggage and household goods.

The Personal Property Office is located on the first floor of Building 84, the second building in from the Main Gate. It is important to make yourself known to the Inbound Household Goods section of the Personal Property Office either by coming in or calling the office at **694-3670** or **694-3504** and leaving a telephone number where you can be contacted. This should be done as soon as possible after your arrival to the area. Please remember that the date of arrival of your shipment is an estimated date and while most shipments arrive on or before the date given, some can be delayed. Every effort is made to trace delayed shipments and obtain a new arrival date.

For those of you who obtain a house quickly and are anxious to receive your household items, a current telephone number will assist Personal Property Personnel in informing you of the arrival of your goods.

When you have found suitable accommodations and want delivery of your shipment, you should either call or come in person to the Inbound Household Goods section of the office to make arrangements for delivery. This will help avoid excessive telephoning by the inbound clerk to the carrier and actually speed up the delivery. It is not possible to arrange a specific time as the carrier may have several deliveries or pickups on any given day and individual jobs may take a shorter or longer time than anticipated. If you have an express and household goods shipment held by different carriers, or two household goods shipments held by different carriers, do not schedule delivery for the same day.

Carriers are required to unpack goods and remove packing debris. However, if you elect to unpack some cartons after the carrier has left your residence, you must dispose of the packing materials yourself. The carrier is not required to return to pick up packing materials.

Outbound Moves

All routine outbound personnel moves are handled by the Personal Property Office on an appointment basis. It usually takes three days to get an appointment in the fall or winter and approximately one to two weeks in the spring and summer. Moving companies need at least five working days advance notice, so please take this into consideration when planning your move. Short-fused and emergency orders are handled on a case-by-case basis.





For scheduling purposes plan on the following time periods for the movers to pack your belongings:

4,000 pounds and under - one day
 4,001-8,000 pounds - two days
 8,001 and over - three days

In order to estimate the weight of your move, plan on 1,000 pounds per room. You will need to bring the following items with you to your appointment: four copies of your orders for each move you are making. If you need to have a spouse or friend execute the move for you, they must bring a power of attorney or notarized letter of authority from the service member. Without either of these, spouses or friends cannot make any arrangements on your behalf.

You can move your household goods yourself under the Personally Procured Program (formerly DITY), have the government select a professional mover, or may use a combination of the two. You can also ship a mobile home or a boat if you own one; however, when you do this

you must understand that any excess costs will be your responsibility. For mobile homes and boats, the government gives you the dollar amount equal to what it would cost to ship a like amount of weight of household goods to your destination. Again, any additional cost will be your responsibility.

New Initiatives Concerning Your Personally Procured Move

Personally Procured moves can now be done in any vehicle (not just a cargo loading vehicle). If you only have a sea bag and a computer, and can fit it into the backseat and/or trunk of your passenger automobile, it now qualifies for a Personally Procured move. You personally contract with any mover (from the yellow pages, if you want), go into the Personal Property office and they will figure out what it would have cost the Government to do the same move. You get advanced up to 100% of the cost of what it would have cost the Government, not to exceed the

commercial mover's cost. This option also puts you, the service member, in control.

Service Member Arranged Move (SAM):

A Navy re-engineering initiative from certain sites, SUBASE NLON being one of them, lets the service members choose their own mover from a list that the Personal Property office has. With this type of move, you are in control, you have intransit visibility, you get actual replacement insurance (no cost to you) and you work directly with the moving company. See PPSO for details.

Personally Procured Move:

You personally contract with any mover (from the yellow pages, if you want), go into the Personal Property office and they will figure out what it would have cost the Government to do the same move. You get advanced up to 100% of the cost of what it would have cost the Government, not to exceed the commercial movers cost. This option also puts you, the service member, in control.

Food Services



Enlisted Galley, Cross Hall

When you sit down to one of the three meals served 365 days a year at the Enlisted Galley (nicknamed "The Dolph-Inn"), you won't be surprised to know that you're eating in an award-winning establishment. The galley was the 1986 and 1987 winner of the prestigious Ney Award for excellence, and was selected to represent the Navy's Northeast Region in 1998. The Ney Awards select the best galleys in the Navy to be honored and the Dolph-Inn was the winner of the large command shore facility category.

The staff serves over 800,000 meals at an annual cost of more than \$1.2 million. The Dolph-Inn also provides picnic foods in the spring and summer.

If you stop in for lunch or dinner during the week you will be able to choose from a traditional entree-style meal or a speedline for a quick sandwich or other fast food items. The main dining area can seat 384. The CPO/officers Dining Room can serve and seat 50.

The Galley's motto is "Service to the Customer" and that means you. Suggestion boxes are in evidence and comments, both pro and con, are solicited. For current Dolph-Inn hours and the daily menu call **694-3997**.

Eat delicious pizzas, burgers, deli sandwiches and beverages at the restaurant Sully's Post Road Deli located in SUBASE Lanes, the bowling center. Call **694-3433**.

Tavern by the Green

Tavern by the Green (TBTG) is SUBASE's banquet and conference facility open to all hands. Overlooking Goose Run Golf Course, the Tavern is the perfect spot for meetings, change of command receptions, weddings, retirement parties or any special occasion. TBTG also has the Dive, a gathering place with pool tables and a cozy atmosphere for all hands. Call **694-3352** for more information.

When it's time to eat quickly

Your SUBASE Navy Exchange offers a wide variety of fast food choices. Please be advised that the hours of operation listed may change without notice.

Exchange Mall Food Court

The Food Court, conveniently located in the Main Navy Exchange Mall, provides a wide selection of delicious fast food. The Food Court is open 7 a.m. to 5 p.m. Monday through Friday, Saturdays from 7 a.m. to 4 p.m., and Sundays from 10 a.m. to 4 p.m.





Mobile Canteens

If you're trapped on the sidewalk when the munchies overtake you, don't despair. You may catch sight of one of the two NEX mobile canteens which cruise SUBASE offering a large supply of sandwiches, coffee, soft drinks, and snacks. You didn't think we'd let you go hungry, did you?

McDonald's

If you're looking for an early morning meal, a burger for lunch or a late night salad, try the McDonald's located in Dealey Center. It's open Monday through Friday 6 a.m. to 9 p.m., Saturday and Sunday 7 a.m. to 9 p.m. If you've got the

children in tow, there's an indoor play area which may help you to enjoy your lunch while the kids romp.

Hospital Snack Bar

The NEX Hospital Snack Bar is located in the basement of the Naval Ambulatory Care Center. Hot entrees, grill items and cold sandwiches are prepared for NACC patrons, guests, and employees. Hours of operation are Monday through Friday from 6:30 a.m. to 1:30 p.m. Phone: **446-9681**.

Subway

Not one, but two locations of the nationally known chain of sandwich

shops are available, in addition to a "Subway Express" service available Monday through Friday from 10:30 a.m. to 1 p.m. at the NSSF Wellness Center in Building 88 on Lower Base. The main store, located in the Dealey Center is open from 10 a.m. to 10 p.m. daily. Another Subway is located in the Dolphin Mart Convenience Store and is open seven days a week from 7 a.m. to 10 p.m. All locations specialize in fresh, healthy grinder sandwiches and salads to satisfy the heartiest of appetites.

Shopping



DeCA Commissary

Thoroughly modern Commissary is located on the first floor of the Main Navy Exchange and Commissary complex.

The SUBASE Commissary provides its patrons with an efficient, non-profit location to shop for groceries and household supplies. More than 11,000 different items cover the 20,000-square-foot Commissary which has 15 checkout lanes.

The Commissary prides itself on providing their customers with the best selections in fresh fruits and vegetables, USDA-choice meats, dairy products, baby foods and supplies, a small fish market and delicatessen mart, in addition to offering many gourmet foods and ethnic specialties, for a pleasant shopping experience.

Customers can save an average of 20 to 25 percent over commercial retail food stores while taking advantage of additional savings that come from voluntary price reductions, the use of coupons, and monthly promotional sale events. These sale items are displayed at the end of aisles called "end caps."

Bag and carryout services are provided for patron convenience. The people providing this service work only for gratuities; however, there is no requirement to tip these baggers.

The Commissary also has a team called the Customer Service Support Team that provides assistance to customers, finding merchandise, confirming prices, and handling case-quantity requests or special orders.

A valid military or dependent's identification card is required to enter the Commissary. For more information about the hours of operation or special closings call **694-2240**. A parking lot for customers is located in front of the Commissary/Exchange complex.

Navy Exchange

Main Navy Exchange

SUBASE's modern Navy Exchange can compete with the most imaginative department stores in the country. Before we look at what's inside your Navy Exchange, please note that a call to **446-5400** will help you verify hours of operation and may save you a trip.

Building 484 houses the main mall and retail store, and what's available will surprise you. Display windows of the Exchange creatively tease you to explore what's new inside. Dry goods range from self-service toiletries, tobacco products, candies, stationery, school supplies, magazines and greeting cards to fountain pens and film.

The Exchange also carries a fine selection of linens, area rugs, some furniture and light fixtures, household items, giftware, costume and fine jewelry, color televisions and





stereo equipment, computers and computer accessories, camera equipment, microwaves, luggage and small appliances. If you're fashion conscious, the women's and men's departments offer the newest looks in clothing, nightwear, and shoes. The budget conscious will certainly appreciate the wide selection of reasonably priced children's wear. New parents will also find everything they need to bring up and dress up their baby in the infants' department.

Main NEX Mall

The Main Navy Exchange Mall provides shoppers with convenience and service all under one roof. You can have something to eat from the NEX Foodcourt featuring Pizza Hut, Nathans Hot Dogs, Fresh Grill and T.C.B.Y. while waiting for a hair cut. In the Main Navy Exchange Mall there are many services available designed to meet the needs of all the members of the Navy family.

NEX Flowers and DVD & Video Rental

A full-service florist complete with Teleflora service is located in the Navy Exchange Mall. Additionally, DVD and video rentals are available.

Optical Shop

Better vision while looking good is the end result of the NEX Optical Shop. Located next to the Main Navy Exchange,



the Optical Shop carries a wide selection of designer frames, as well as traditional styles, and can order prescription lenses or sunglasses from your original military or civilian physician's prescription. They also offer on-the-spot repair services whenever possible. In-stock lenses and frames can be completed in one day. To make an appointment for an eye examination call **448-1816**. All major insurance, including TRICARE, is accepted.

Beauty Shop

The professionals at the Beauty Shop have only your best interest at heart because when you look terrific, they feel great. From a simple wash and set to a spiral perm or specialized coloring, the salon offers the finest in professional hair care products and services. Call **694-2724** for an appointment.

Barber shops

Want to look squared away without looking square? There's no need to spend a fortune keeping your hair in line. The barbers at all three NEX Barber Shops are pros and you can call ahead for an appointment at **446-5793** to eliminate that wait for a seat in the revolving chair.

You can get a haircut and cheerful conversation at the two-seat shop in Building 88, or the one-seater located on the third deck of Wilkinson Hall. Days and hours of operation at these shops vary, however, so call the main shop, at **446-5793**, for complete information on hours of operation and availability of appointments.

Uniform Center, Tailor and Laundry and Dry Cleaning

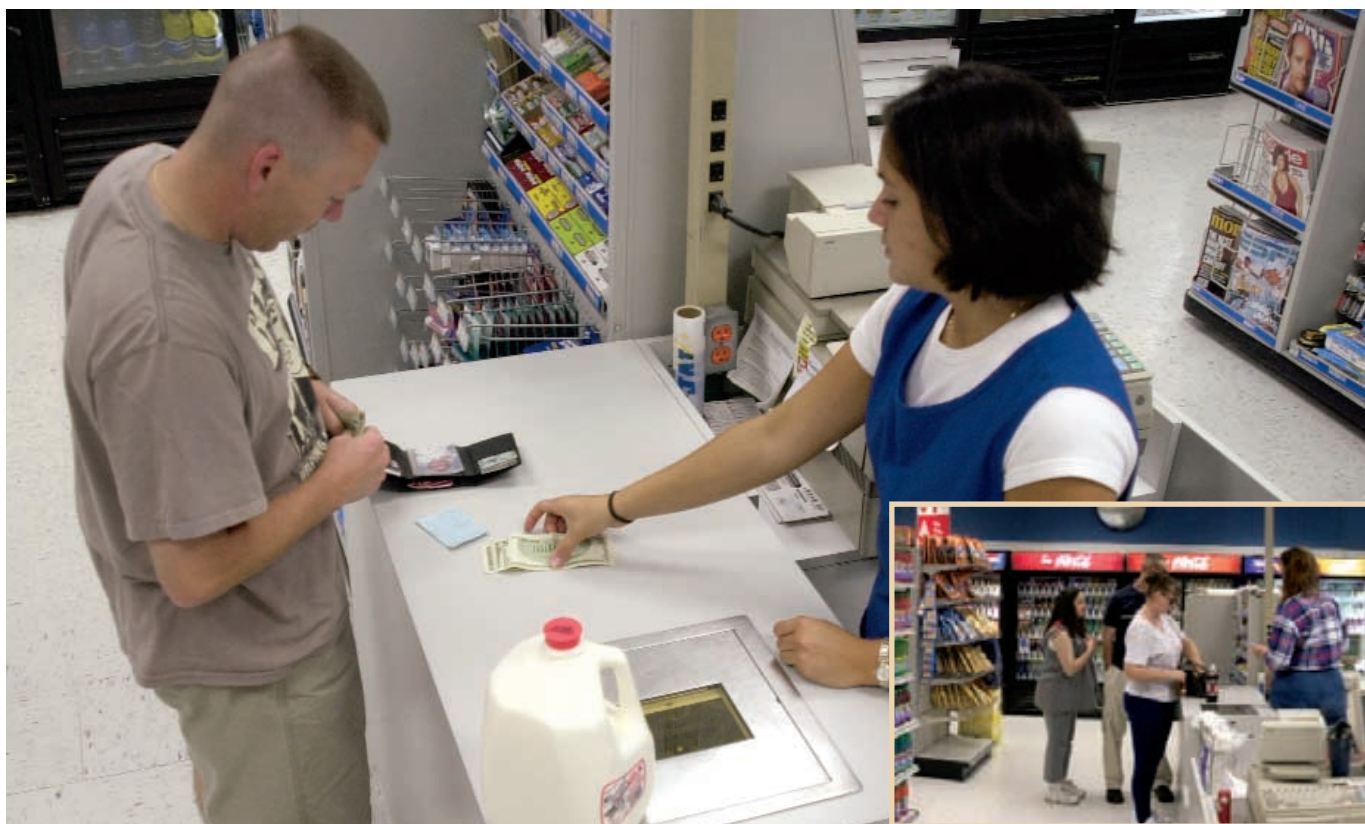
If you have recently moved to the area and are in need of new uniforms or have changed your rate or rank, the Uniform Center carries a wide selection for men and women. If the shop doesn't carry the size you need, don't worry, we will special order it for you.

Need a uniform striped, a rating badge attached or a hem put in your jeans? The Tailor Shop can take care of your military or civilian clothes. Once you're hemmed and mended, the laundry and dry cleaning service will provide fast, expert service at reasonable prices to keep you looking recruiting poster sharp.

The Uniform Center and Tailor Shop are located in the Main Navy Exchange, and the Laundry and Dry Cleaning services are located next to the Main Exchange.

Service Station/Mini Mart

The car owner's friend is located in Building 428 on Tang Avenue directly in front of the Exchange/Commissary parking lot. You can pump all grades of unleaded Citgo gasoline at the



self-service islands. The Automotive Service Center has a service garage for oil changes and tire/battery service. For a service appointment call **694-5203**.

Need to pick up some soda, beer, cigarettes or picnic supplies in a hurry? The Service Station Convenience Store is the place to go! If you are a do-it-yourselfer, the store stocks motor oil, engine additives, tires and batteries. The store's number is **694-5203**.

Navy Exchange Package Store

This award-winning package store is the place to shop for your favorite beverages. The store carries a wide selection of spirits, cordials, brandies, beer, softdrinks, cigarettes, and other non-alcoholic beers and wines. You will also find an excellent selection of American and fine imported wines. For information call **694-3535/2348**.

Redemption Center

The Redemption Center is located next to the package store in Building 461. You can return your empty bottles and cans from soda and beer products which are sold on the base and in the Dolphin Mart Convenience Store. Because Connecticut has a mandatory can and bottle fee which is included in the total price you pay for beverages, returning your empties for a refund makes good economic and recycling sense.

Lower Base NEX Store

Located in Building 88, near the waterfront, the Lower Base Navy Exchange isn't much on frills, but it is primarily stocked with items of a personal nature for the convenience of shipboard personnel.

A quick check here may save a trip to Upper Base if you need toothpaste, shoe polish, cookies or a magazine. The store is open 7:00 a.m. to 4 p.m. Monday through Friday, and the phone number is **694-4120**.

Dealey Center News Stand

The Dealey Center News Stand will remind you of the old-fashioned newsstands you used to see in railroad station lobbies. Open five days a week, located off the theater lobby in Dealey Center, Building 164, this is the place to catch up with what's happening. In addition to the local papers, the biggies from New York and Boston are delivered daily and you'll also be able to find magazines and paperback books.

If you're one of those people who haven't kicked the habit yet, cigars, cigarettes and pipe tobacco are also available here as well as a variety of juices, soft drinks and confectionery treats. Phone: **694-4007**.

Dolphin Mart Convenience Store

Have you noticed how often the word convenient is used in relation to SUBASE services? That's because there really is a concern on the part of the command to make your daily life easier. This mini-mart is a good example of that philosophy. Located off Gungywamp Road in the Nautilus Park Housing area, the Dolphin Mart is open from 7 a.m. to 10 p.m. seven days a week. This place is a little like an old neighborhood "Mom and Pop shop" but with great prices, and yes, they'll be happy to take your check. The phone number is **446-8593**.

Furniture Store

If you need a washer or dryer, or a new living room set, "NEXpressions," the Navy Exchange Furniture Store, carries a wide variety of furniture and large appliances. "NEXpressions" is open Tuesday through Friday from 11 a.m. to 6 p.m., Saturday and Sunday 9 a.m. to 5 p.m. and is located in Building 108. "NEXpressions" also has rugs, mirrors and framed pictures to help you decorate your home. Call **694-4709** for more information.

Vending Department

For service or repair of Navy Exchange vending equipment call **694-3197**.

Service and Support



Fleet and Family Support Center

The Fleet and Family Support Center is a SUBASE department wholly committed to three goals: empowering members and their families to thrive amidst change, to find positive opportunity in those changes and to solve any problems or crises that affect their ability to succeed while in the military. The Fleet and Family Support Center serves both active duty and retired personnel and encompasses the Navy "family" of single Sailors, married members and their spouses, children and other family members. The center's services and programs meet the diverse needs of each customer, such as acquainting single Sailors with local leisure activities, helping expectant parents prepare for parenthood, assisting transitioning members to be successful in their career search and educating spouses and family members in job search skills, Navy services and the deployment cycle.

Located in Building 83, the Fleet and Family Support Center is open on a walk-in or appointment basis, Monday through Friday from 8:00 a.m. to 4:30 p.m. The center is very aware of the unique pressures and problems experienced by people in the service and can help members and their families get the most out of their military career and lifestyle through a combination of counseling, workshops and programs, briefs, self-help and automated services, all free of charge.

You can find information about child development, parenting, continuing education, career development, basic skills for living (such as budgeting and consumer affairs), and a variety of other topics. Help for special needs families is also offered and includes classes for single parents, families with handicapped family members, and more.

Services and programs available:

- Information and Referral Service
- Individual and family counseling
- Stress management
- Welcome Aboard Service with automated information from around the world
- Briefings, presentations and GMTs for service members, spouses and children
- Financial education
- Deployment assistance
- Ombudsman assistance
- Crisis Intervention Counseling





- Special needs family assistance
- New parent programs, loan locker and home visits
- Parenting education and support groups
- Pre-School, school age and teen programs
- Spouse Employment Assistance Program (SEAP)
- Employment assistance for transitioning personnel
- Relocation assistance
- Volunteer opportunities
- Pre-Fleet Reserve/retirement program (quarterly)
- Command Financial Specialist program
- Command Sponsor Training
- Family Advocacy Program

Remember that the center is also the location of the offices of the Veterans Affairs Office, Welcome Aboard Center, Retired Affairs Office and the chairperson of the Ombudsman Assembly. It's the best place to find answers to a variety of questions. So for reliable, confidential service, take the time to stop by the center or call **694-3383**. You're a part of our Navy family and we care about you.

Legal assistance

If you need a will, power-of-attorney, notary services, or advice regarding Connecticut laws or other legal issues, you should contact the Legal Assistance Department of the Naval Legal Service Office (NLSO) North Central, Groton, located on the second deck of Building 137.

Attorneys provide legal advice from 8 a.m. to 4:30 p.m. Monday to Friday. To consult with an attorney, you must have

an appointment. You may make an appointment by calling **694-3741**. Powers-of-attorney and notary services are available during the customer service hours listed above. Volunteer Information Tax Assistance is also provided around tax season every year from January 15 to April 15. Legal advice cannot be provided over the telephone.

Personal representation

Personnel facing military disciplinary charges or who require advice on military matters should call the NLSO Personal Representation Department at **694-3741**, ext. 10. Their offices are located on the second deck of Building 137.

Navy-Marine Corps Relief Society

Financial emergencies happen to all of us – it could be due to a death or illness in the family, a pay problem, a vehicle repair, an unexpected medical or dental need, or some other financial crisis. The Navy-Marine Corps Relief Society provides financial, educational, and other assistance to active duty and retired members of the Navy and Marine Corps and their eligible family members and survivors when in need.

The Society's office is located in Building 83. Office hours are Monday through Friday 8:00 a.m. to 4:00 p.m. To make an appointment or for any questions, call **694-3285**. After hours, call the American Red Cross at **1-877-272-7337**, which will assist on behalf of the Society.

Services available

The Society has a variety of services available:

Financial assistance is available by appointment by calling **694-3285**. Assistance for emergency leave is available at any time during office hours or by calling the Red Cross after hours (see above).

Budget counseling for those considering a major purchase, experiencing financial problems, or just wanting to get a handle on the budget is available by appointment by calling **694-4552**.

Food pantry, including diapers and formula, is available to walk-ins during office hours. Donations of non-perishable foods are most welcome.

Layette set for a new baby, including a hand-knitted outfit, can be obtained by attending the Budget for Baby class on the



second Tuesday of each month or by individual appointment. Call **694-3285** to register.

Visiting nurses will come to your home to see a new baby, visit an ill family member, and provide health education. The service is free and an appointment can be made with the nurse by calling **694-4118**.

The Thrift Shop offers low-cost uniforms, civilian clothing and small household goods. The shop is located in Building 108 (next to the NEX Furniture Store). Call **694-4774** for store hours or for questions. Donations are always needed and most welcome.

Volunteer to Help a Military Family in Need

A young Sailor needs help to get home because his mother is critically ill - could you answer the call? Volunteers at the Navy-Marine Corps Relief Society help Sailors and Marines and their families, both active duty and retired, to sort through a problem and find a solution. The Society's workforce primarily consists of volunteers who commit a few hours each week to help others. Volunteers are needed in a wide variety of positions, i.e. reception, casework, data entry, thrift shop, food pantry, publicity, newsletter, layettes, Budget for Baby class, loan follow-up, knitting, etc. No special skills are needed - only the desire to help fellow military families and spend time with friendly people. The Society provides training, childcare fees, mileage to the office, yarn for knitters, and volunteer recognition awards for hours served. As a volunteer, you will have the flexibility to set your own hours and have the opportunity to meet and work with a great group of volunteers and staff. Call **694-3285** for an application.

American Red Cross

The American Red Cross provides 24-hour services with access to emergency messages to and from military personnel and their families, emergency financial assistance, initial counseling, and information and referral for all active-duty military, family members, and veterans.

A Red Cross caseworker can be reached by active duty military and dependents attached to this base, 24 hours a day by calling toll free **1-877-272-7337**.

The Red Cross also provides disaster relief, blood drives and health and safety courses such as CPR, standard first aid and water safety.

The Red Cross depends upon the support of volunteers. If you are interested in giving of your time to help the Red Cross, contact the New London office at **447-3248**. Many different volunteer opportunities are available for people of





all ages, such as Caseworkers, Health and Safety Instructors, Disaster Relief Workers and positions within Naval Ambulatory Care Center Groton where the Red Cross provides volunteer support to almost every care center clinic. Youth Volunteer opportunities are available year round for young people as young as age 13. For more information on any of these services or opportunities, please contact the New London office at **447-3248**.

For the younger set

MWR is also responsible for child-care programs for Sailors and their family members:

Short Stop Children's Center

Short Stop Children's Center is an hourly care center located in Building 521 and is available to children from 6 weeks to 6 years old for five hours a day up to 15 hours a week on a reservation basis. The hours of operation are Monday, Tuesday, Thursday and Friday 8 a.m. to 4 p.m. and on Wednesdays from 8 a.m. to 3:30 p.m. Children are required to be registered before use. Registrations are done every Wednesday at 8 a.m. The center is accredited by the National Association for the Education of Young

Children (NAEYC). We believe that the business of childhood is play. So whether you have a meeting, a doctor's appointment, or any other short term need, come join the Short Stop "Family." Please call **694-3500** for any questions.

Child Development Center Number One

An NAEYC accredited program that provides full-time day care is available for the family of active duty, retired military personnel and DoD civilians of SUBASE who work or attend school full time. Priority into the center goes to active duty personnel before DoD civilians and retired personnel. Care is provided for children between the ages of 2 1/2 and 6 years old. A developmental program is planned with age-appropriate activities, lunch and snacks are also provided. Fee structure is based on total family income and is based on a sliding scale.

CDC #1, Building CT 186, is located on Dewey Avenue in Navy Family Housing near the Navy Lodge. Telephone: **694-3340**.

Child Development Center Number Four

CDC #4 is located on Highland Avenue across from Housing Self Help. The hours of operation are Monday through Friday

from 6:30 a.m. to 5:30 p.m. CDC #4 is an NAEYC accredited center for children 6 weeks through 3 years old. Active duty military continually have preferences, and the spouse must be working or attending school full time in order to qualify for care. CDC #4 has an extensive waiting list. It is recommended that parents sign up for the waiting list as soon as possible. The necessary paperwork is available at CDC #4 or can be mailed. Telephone: **694-3215**.

Child Development Center Number Five

Child Development Programs now has a new center called CDC #5 located on Highland Avenue. This facility, a full-time childcare center for infant's 6 weeks through toddlers up to 3 years old, is an NAEYC accredited center. This center provides breakfast, lunch and two snacks each day. Fees are determined by participant's total family income and are based on a sliding scale. Telephone: **694-5965**.

Wee Dolphin Enrichment Program

It is located at the Nautilus Community Center. The main goal of our curriculum is to help children become enthusiastic learners. The program consists of two sessions per day. The 3-year-old sessions are Tuesday and Thursday from 9 to 11:30 a.m. and again from 12:30 to 3 p.m. The 4-year-old sessions are Monday, Wednesday and Friday from 9 to 11:30 a.m. and 12:30 to 3 p.m. The sessions are scheduled around the Groton Public Schools calendar. All dependent children of active duty, retired personnel and DoD civilian employees of SUBASE who are eligible to attend the program. Healthy snacks are provided. Registration is accepted at the CDC #1, Building 186 between 8 a.m. and 4 p.m., Monday through Friday. Telephone **694-3640**.

School Age Care

Located at the Nautilus Community Center, School Age Care provides before and after school care for children from kindergarten through sixth grade (ages 5-12) and runs for 42 weeks during the school year. Fees are determined by a sliding scale by total family income. Hours of operation Monday through Friday 6:30 a.m. to 5:30 p.m. Telephone: **694-5587**.

Family Child Care Providers list childcare providers in Navy Housing who care for the children of active duty and retired military personnel and DoD civilians of SUBASE. The program allows SUBASE to enhance and expand childcare services beyond that available in local childcare centers. Under the program, providers are certified within state and Navy guidelines, requiring several hours of initial and ongoing training in child development and related topics. Children are then cared for in safe, happy and

healthy home environments. Parents seeking more information on childcare openings or family members who would like to get information on becoming a provider should call the CDH office at **694-5117** or **694-2397**. CDH is located at 96 Gungywamp Road, next to the Groton Town Police Substation.

Camp Ojiketan

Camp Ojiketan summer camp program is for children who have completed kindergarten through fifth grade. This program is based at SUBASE's North Lake. Activities may include sports, arts and crafts, computers, horseback riding, swimming, cooking, boating and games. Weekly field trips are offered to area attractions. Camp hours are: full time, Monday through Friday from 6:30 a.m. to 5:30 p.m.; part time, Monday through Friday 8:30 a.m. to 3:30 p.m. Registration for this program is the second Tuesday in May. A \$10 per week, per child non-refundable and non-transferable deposit is required at the time of registration. For more information call **694-5587**.

SUBASE Youth Center

The SUBASE Youth Center, which provides many youth and community activities, has a new 17,000 square foot building. Its facilities include a teen lounge, gymnasium and other activity rooms. Youth sports such as basketball, and soccer are coordinated through the center. Classes offered to Navy children are gymnastics, dance, judo, piano, drama and more. The Youth Center has yearly special activities including Letter's to Santa, a Visit from Santa, and Lock-In parties. The center coordinates several family trips for skiing and other area attractions. The youth center is located off Route 12 on Hickory Drive in Navy Housing. Business office hours are Mon.-Thurs. 4-9 p.m., Fri. 4-10 p.m. and on weekends it is opened for scheduled events. Call **694-4702** for more information.

Youth Advisory Council

Cub Scout Pack 40, Boy Scout Troop 18, Pleasant Valley Service Unit of Girl Scouts, SUBASE United Soccer Club, Military Community Youth Football League and DolCom Little League.

Information about these programs can be obtained through the Dolphin Recreation Center at **694-4702**. All the groups are recognized as private organizations of the SUBASE.

Youth programs

There are a wide variety of programs for younger family members on SUBASE, many sponsored under the MWR Department and others supported by the base and those assigned here.



The MWR Recreation Services Youth Program was developed as part of a Navy-wide attempt to provide quality recreational programs for military youth and teach them recreational skills and habits which they can enjoy throughout their lives.

Youth program events take place in a variety of places and the fees are determined by program expenses. Details pertaining to specific events are publicized approximately three weeks before the event. Organized special interest groups and leagues for youth include the following:

Youth fun and fitness

Programs in sports, cultural activities, social activities and recreational skills development are coordinated for youth ages 6 to 18.

Fun & Fitness Challenge

The Navy physical fitness test for youth ages 6 to 18 consists of 13 fitness tests. It is held each year at Morton Hall Gym. All participants receive recognition through a patch system for their own best efforts. In addition to participation awards, a personal excellence award and the Admiral's Award are also available to qualifying youth.

Youth Basketball Instructional League

Girls and boys ages 6 to 13 years are encouraged to join the youth basketball league. Games are played in Morton Hall Gym once per week between January and March. Watch "The Dolphin" newspaper or contact the Dolphin Community Center for more information.

Dolphin Community Little League

Youth ages 6 to 12 play from April until June. The program also includes Tee Ball for kids 6 to 7 years and softball for girls ages 8 to 12 years old. Registration starts in February; announcements will appear in "The Dolphin" newspaper.

Military Community Youth Football League

The MCYFL is a competitive football program for boys and girls ages 8 to 14 years old and up to 140 pounds. Physical exams are required. Practice begins in early August and games continue through October.

Dolphin Community Soccer

The instructional soccer league is for boys and girls ages 6 to 14 years old. Practice begins in early August and games run through November. Games are played throughout Southeastern Connecticut.

Youth Gymnastics Camp

The gymnastics camp is held two weeks during the summer, usually in July. The five-day program is designed to provide high-quality individualized instruction from an outstanding group of area coaches.

This camp has been developed in such a way that each gymnast will be given an opportunity to receive concentrated work in the areas of skill and coordinated movement which will aid his or her potential in gymnastics.

Youth Baseball Camp

For many years, one of the highlights for SUBASE youth ages 6 to 17 has been



the Youth Baseball Camp sponsored by MWR. The camp provides an enjoyable atmosphere where the fundamentals of baseball are taught. The five-day program is designed to provide high quality individualized instruction from a select group of outstanding area high school and college coaches. In 1995, the manager and coaches of the AA League Norwich Navigators joined the camp staff.

National Youth Sport Coaches Association

This is a mandatory certification program for all youth sport coaches in Navy MWR-sponsored sports. The program includes psychology, basic physiology, first aid and safety. Certification is usually held one month prior to the start of the sport season. It is one of the finest youth sports programs in the nation, and is widely recognized for producing some of Connecticut's top youth coaches. There is a fee per person for certification.

Military Volunteer Program (MVP) for Youth

MVP is a volunteer support program for interested adults and youth over 16 years who want to volunteer their talents to benefit youth programs. Volunteers register with the "skills bank" and indicate their areas of interest. When programs need volunteers with those skills, volunteers are contacted. Volunteers are rewarded with a T-shirt, pin, or certificate. Applications are available in the Dolphin Community Center, located in Navy Family Housing.

Other seasonal MWR-sponsored activities

Other seasonal activities include the SUBASE Halloween Parade held in October and a life-sized "Candy Land" game complete with a visit from Santa. The Kids Karnival comes to SUBASE in May. And, of course like everyone else, children look forward to Connecticut's largest family event each July — Subfest.

Teen activities

Activities for teens include lock-in parties such as "dive-in movies" at the swimming pool, "midnight madness" bowling parties and a Halloween party. Other activities include ski trips and clinics on board surfing and rock climbing.

Boy Scouts

A complete program of Scouting for boys 11 years old and up. Boys 8 to 11 may enter the initial phase of Scouting as Cub Scouts.

Girl Scouts

A complete program of Scouting for girls with Brownies (second and third grades), Juniors (fourth through sixth grades), and Cadets (seventh through ninth grades) is available.

Naval Sea Cadet Corps

The Naval Sea Cadets Corp, for youth ages 14 to 18, and the Navy League Cadet Corps, for children from 11 to 13, are groups for young men and women. The program is sponsored by the Navy League of the United States and the U.S. Navy. The instructors and officers are adult volunteers from both the military and civilian communities. The cadets receive training in military subjects such as Navy customs, seamanship, fire-fighting, ship's construction, and boat handling for participation in annual competitions. Most of their training comes from U.S. Navy training manuals. They also receive training in first aid, tobacco and drug awareness, swimming, leadership, marksmanship, and other life skills. The cadets also participate in community activities such as parades and civic events and provide color guards when requested.

Cadets learn patriotism, discipline, and teamwork, and are exposed to various jobs in the military. They go aboard ships for two-week cruises, work at naval and Coast Guard facilities, and compete for various international exchange programs during the summer months.

The Groton Division of the Naval Sea Cadets Corps meets two Saturdays a month in Building 150 on SUBASE. Cadets are not required to be military dependents to be members of the corps. For further information, contact LCDR Tom Desrosier at **694-2000**, or write the Naval Sea Cadet Corps, Groton Division, Naval Submarine Base, Groton, CT, 06349-5072.

Fun and Fitness



MWR Facilities

Major portion of the quality of life programs for today's Sailors and their families are provided by the Morale, Welfare and Recreation (MWR) facilities located on the base where they're stationed.

MWR facilities at SUBASE are conveniently located in central areas of the base, such as near the NACC Gate, in and around Dealey Center, and just off Shark Boulevard at the north end of the base. If you live in the barracks, most facilities are within an easy walking distance from your home.

Many of MWR activities have seasonal and holiday hours, so it's best to call for more information on operating times, fees, and program availability.

SUBASE MWR features the following recreation facilities and services:

Civilian employee use of recreation facilities

SUBASE recreation facilities are maintained for the benefit of military members and their families. All of these facilities are available to civilians on a space-available basis. Further information on available facilities and eligibility criteria for civilian employees is available through the Recreation Services Office at **694-3687**.

Information, Tickets and Tours

Information, Tickets and Tours – or ITT as it is better known – is one of the best stops to make for information on MWR programs and area attractions. ITT is not only a center for information, it has discount tickets for leisure activities such as local theaters, skiing, professional and minor league sporting events, amusement parks, places to visit, and things to do in Connecticut and throughout New England. There are also bus and van trips to different attractions, such as amusement parks, winter ski resorts, and places like New York City and Boston.

As an added bonus, ITT sells Mylar balloons and balloon bouquets for delivery on base and in Navy Family Housing. ITT shares an office with Omega World Travel. Stop in and see what's new. Call our hotline at **694-5196** or the office at **694-3238** for more information.

Omega World Travel

Collocated with the ITT office in Dealey Center, Omega World Travel is a commercial full-service travel agency. If you need help with planning a trip in the U.S. or abroad, they're here to help you. Telephone: **448-6261**.

Recreational Outfitters

If you don't have the money to spend on expensive equipment for a sport or activity you may not like, why not try renting it first? Recreation Outfitters is located in Building





461, next to the Package Store and Redemption Center, across the street from the chiefs' barracks.

Go skiing, camping, hiking or fishing with rented equipment. You can also rent hospitality items to entertain friends and family. Lawn care and car repair equipment is also available for rent. Watch for weekend specials. Telephone: **694-3380**.

Dealey Center Movie Theater

You don't have to go very far to see a first run movie at bargain prices. The theater has state-of-the-art surround sound (HPS4000) that will blow you away, 35mm projections and a concession stand with popcorn and candy. Save even more on movie by joining the Dealey Center Theater's Movie Club! You can see 12 movies for the price of 10! On the 12th show receive a free soda and popcorn. This 1,376-seat theater is also utilized for concerts, shows, Change of Commands, graduations, seminars and training sessions. For more information on what movies are playing, call the movie info line at **694-3358**.

Recreation Center and Game Room

The Recreation Center and Game Room is located on the second deck of Dealey Center (Building 164) near the Chaplains' Center. There are 13 pool tables, a video jukebox, and a wide variety of video games, in addition to a snack bar. Also located in the Recreation Game Room is the Cyberzone. Telephone: **694-3371**.

Cyberzone

The Cyberzone offers Internet access, e-mail, and chat features, letter and paper word processing. Six computers are available and operate on a pay-by-time-used system. The Cyberzone is located in the Recreation Game room on the second deck of Dealey Center (Building 164).

Laser Storm

At the Laser Storm facility participants can be a part of the game as they combat each other in Laser Tag matches. Laser Storm is available for birthday and command parties. Also available in this facility are video and pinball games. Laser Storm is located in Building 436 near Central Billeting. Telephone: **694-3454**.

Racquetball Center

Located adjacent to the NACC Gate, the Racquetball Center in Building 522 is one of the most popular features of the MWR program. Inside are six regulation courts, outside are nine tennis courts, five of which are lighted. There are tennis and racquetball lessons and clinics available, as well as racquet restringing. There is also a pro shop. Telephone: **694-5020**.



Morton Hall Gymnasium

Located in Building 169 on the north side of Dealey Center, the Morton Hall Gymnasium includes four regulation basketball courts, two volleyball courts, a fully equipped weight and exercise room including free weights, Nautilus machines, and cardiovascular equipment. There are also many leagues and intramural sports activities available through the gym. The pro shop offers accessory items. Telephone: **694-4205**.

Body Works Fitness Center

The Fitness Center is located on the second floor of Building 83 above the Fleet and Family Support Center. The

center offers a variety of exercise and workout choices including a full Nautilus suite, a full Life Fitness computerized circuit training suite with treadmills, LifeStep, LifeRowers and Nordic Track. The center also offers aerobics classes. Telephone: **694-4784**.

SUBASE Indoor Swimming Pool

The heated SUBASE Indoor Swimming Pool in Building 120 across from the Bowling Center includes lockers, showers, saunas, and a swim pro shop. The pool is also home to the Barracudas Swim Team, which welcomes new members. Classes are offered in swimming, scuba, aquatic exercise, water life guarding,

cardiopulmonary resuscitation (CPR) and first aid. Hours are seasonal, so check in advance. Telephone: **694-3562**.

Summer swimming (lake swimming)

Rock Lake, located at the top end of Scorpion Avenue (between the BOQ and Morton Hall Gymnasium), is for enlisted personnel. Rock lake is temporarily closed for improvements.

North Lake, which is off of Shark Boulevard behind the Tavern by the Green and the Goose Run Golf Course, is open to all hands.

Both lakes feature large beach areas, lifeguards, bathhouses with showers, playgrounds, picnic tables, grills and pavilions. Telephone: North Lake - **694-3406**, Rock Lake - **694-3928**.

Thames View Marina

Take the last left turn just before the North Gate on Shark Boulevard, follow the signs, you will find the SUBASE Marina office located in Building 535. The marina's facilities include 30 slips, 15 mooring sites, dock master's office, restrooms, and picnic facilities.

Among the services available are seasonal launching and haul out, winter storage, sailing lessons, retail special orders, and canoe and sailboat rentals. Telephone: **694-3164**.

Bowling Center

The SUBASE Lanes Bowling Center is a modern 24-lane facility with automatic scoring and a wide variety of league, tournament, and activities offered. SUBASE Lanes, in building 485, is across the street from the Indoor Swimming Pool and one block from Dealey Center. It features a video game room, shoe rental and a pro shop with a full line of bowling equipment available. SUBASE Lanes also has delicious pizzas, burgers, deli sandwiches and beverages at the restaurant Sully's Post Road Deli. Telephone: **694-3477**.

Goose Run Golf Course

Goose Run is a nine-hole, soft spike golf course offering challenging holes, leagues, lessons, tournaments, and a golf pro shop for all those necessary items to make your golf game complete. This facility borders both sides of Shark Boulevard at the north end of the base. Telephone: **694-3763**.

Tennis courts

SUBASE has nine tennis courts; four at the East Gate (NACC Gate), two behind Tavern by the Green, one at Quarters "C," one behind Building 86 and one behind Building 46 adjacent to on-base housing.

The SUBASE Youth Center sponsors a number of family-oriented tennis programs and lessons.

Softball fields and Athletic Field House

Across from the Navy Exchange and Commissary, the Athletic Field House, Building 445, is surrounded by six softball



fields. Two of the fields are lighted for evening play. Outdoor recreational league and intramural sports such as softball, flag football and soccer are played on the fields. A jogging trail is also available. The sports director at **694-4858** is in charge of the fields.

Admiral Fife Recreation Area

One of the real jewels in the SUBASE crown is the Admiral Fife Naval Recreation Area. This 40-acre recreation area is open to all personnel, their families and guests. Facilities include hiking trails, picnic sites, large picnic pavilion, softball field, playground, volleyball courts, horseshoe pits, permanent restrooms, access roads and parking lots. Reservations are required to use the pavilion. For more information call **694-3238**. The area is open daily from 9 a.m. to sunset.

The SUBASE Environmental Department has an excellent guide to this MWR managed treasure.

SUBASE Library

The SUBASE Library, located at the north end of Dealey Center, Building 164, near Mc Donalds has undergone some major renovations. The library is now equipped with brand new computers that have access to the latest software and the Internet. The library has thousands of books, reference services, national newspapers, music CDs and magazines. The facility also keeps people up to date with the constant shipment of new books, many from the New York Times Bestseller List. They have over 400 videos and as a member of the Eastern Connecticut Library Association every month they receive 30 new videos, six are from the

Public Broadcasting System. The facility loans book tapes and receives 25 new book tapes a month. The library also participates in Connecticut's inter-library loan program. Telephone: **694-3723**.

Sports programs

The primary purpose of the Navy Sports Program is to provide maximum opportunity for participation in a well-balanced program of planned athletic activities designed to enhance the physical, mental and social well-being of all personnel.

With today's emphasis placed on physical fitness everyone in the Navy needs to include some form of exercise in their daily routine. This is best accomplished when a planned exercise program, three times a week, is augmented with a broad, strong sports program at all levels of command.

The SUBASE sports program consists of voluntary off-duty participation of personnel in athletics as a means of promoting physical fitness. The SUBASE intramural program consists of volleyball, softball, flag football, soccer, basketball, racquetball and other sports. The intramural sports program is coordinated by the sports director whose office is located in Morton Hall Gymnasium, Building 169. For information about the sports program call **694-3521/4205**. The SUBASE Sports Line for game schedules is **694-3313**.

Dolphin Association of Sports Officials

The Dolphin Association of Sports Officials is an organized body of sports enthusiasts bound together to perpetuate good fellowship, sportsmanship and fair play on the athletic field. Personnel interested in joining the association should contact the athletic director in Morton Hall Gymnasium, **694-3521**.

Liberty

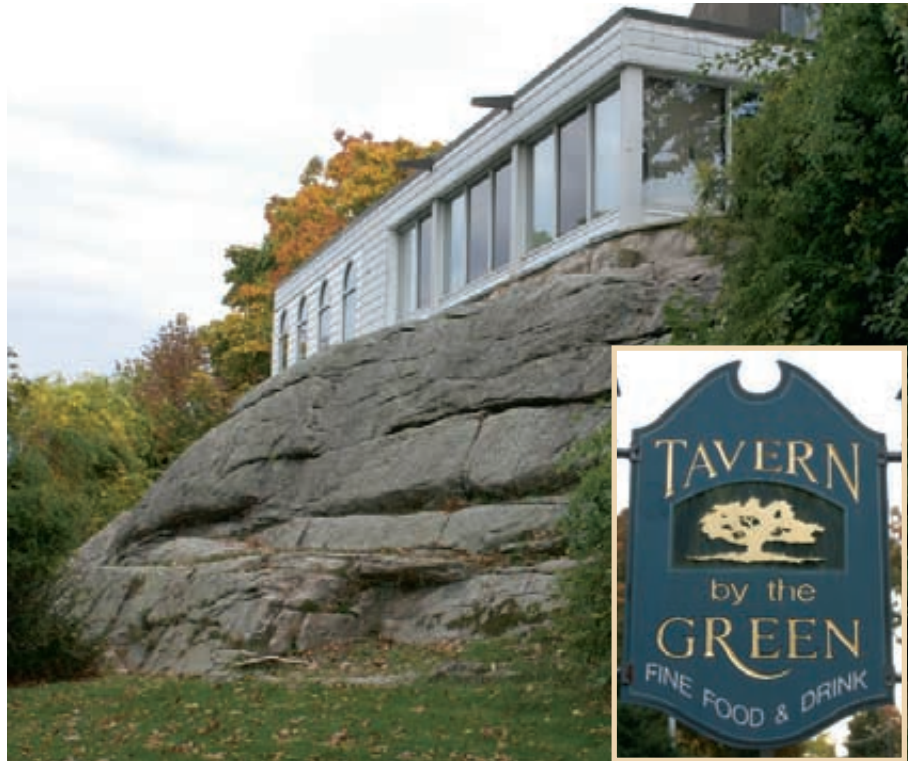
Liberty provides leisure activities for the Single Sailor population as well as a thorough introduction of the MWR Department through a series of indoctrinations. Discounted leisure activities are made available to the Single Sailor population utilizing MWR facilities and interfacing with the civilian community. Sailors may choose from high adventure, cultural, sports and skill related activities, as well as intellectually challenging events. Telephone: **694-2195/4958**.

The Fleet Recreation Program

The Fleet Recreation Program provides dedicated assistance to afloat commands in all aspects of shipboard recreation programs. Support includes homecomings, welcomes for visiting ships, providing state of the art exercise equipment for the boats and Library Media Resource Center (LMRC) materials. The program also teaches the Fleet Recreation Management Course and offers MWR support to dependants during deployments. Telephone: **694-2195**.



Clubs and Organizations



Tavern by the Green

Tavern by the Green (TBTG) is the SUBASE's banquet and conference facility open to all hands. Overlooking Goose Run Golf Course, the Tavern is the perfect spot for meetings, change of command receptions, weddings, retirement parties or any special occasion. TBTG also has the Dive, a gathering place with pool tables and a cozy atmosphere for all hands. Then there is the Fouled Anchor Lounge a casual meeting spot for Chief Petty Officers and their guests. **Call 694-3352** for more information.

SUBASE Officers Spouse Association

The Submarine Base Officers Spouse Association (SOSA) is a non-profit organization whose primary purpose is raising money for philanthropic endeavors to benefit the Dolphin Scholarship Fund, the Navy-Marine Corps Relief Society, and other military and civilian causes.

Membership is open to the spouses of military officers (active duty, retired or deceased) and spouses of government service employees, GS-12 and above.

SOSA sponsors an event on a monthly basis. In addition, the association sponsors a variety of evening functions throughout the year. Among the most popular are the annual Silent Service Auction held in November and a spring fundraiser sponsored by the Dolphin Scholarship Committee.

Many SOSA members volunteer their time and talents for the Navy-Marine Corps Relief Society, the NavyFleet and Family Support Center, Naval Ambulatory Care Center, as well as many community organizations.

Information on SOSA-sponsored functions, volunteer organizations, and educational opportunities are presented at the monthly command representative meetings held in Fellowship Hall, Shepherd of the Sea Chapel, on Gungywamp Road. These meetings are held at 9:30 a.m. on the first Thursday of each month except July and August.

The name and phone number of a current contact person may be obtained by calling **694-3400**.



Safety and Security



SUBASE Fire Department

The SUBASE Fire Department is modern, well equipped and manned by highly trained firefighters experienced in structural and shipboard fire fighting. If you need help from the Fire Department and are calling from an off-base line, use **911**; if calling from an on-base line use extension **3333**. Base firefighters answer all alarms on base and in off-base housing.

The Fire Protection Division and Housing Office have telephone decals available which list emergency numbers. Pick up one or two and use them. In an emergency having the right number at your fingertips will prevent delays in getting emergency service.

If you are a parent, take a minute to teach your children about the danger of turning false alarms. Your family should also practice fire evacuation drills and have a designated secondary exit. This is especially important in a new home. Remember that fire prevention is the best form of fire protection and good housekeeping habits also help to prevent fires.

The Fire Protection Division is ready to assist you at all times. Call **694-4450/4487** for assistance.

Fire prevention

The SUBASE Fire Department has a wide variety of programs targeted at the naval community. Fire safety is taught to the children at base day care centers by many means, including the use of popular characters such as the residents of Sesame Street. A Fire Hawks Program has been established to promote juvenile fire safety and is in place to help children who start fires. A billboard program in Navy Family Housing has been established to give the members of the naval community a different fire safety message each month. For information on the various programs contact the Fire Prevention Office at **694-4450/4487**.

Security Division

Although there is a formal program to deal with safety and security, the program cannot be a success without you. Physical security is an all-hands responsibility. Every person in the service – which includes military personnel, civilian employees and family members has a direct, immediate, legal and moral responsibility to report drug abuse, thefts, vandalism, suspicious acts and illegal entry. Every person aboard SUBASE should be the eyes and ears of the security force. Security violations or suspected infractions should be reported immediately to Security at **694-3777**.

The job of Base Security/Law Enforcement has many different facets. In addition to crime and delinquency prevention, security personnel also enforce the laws and



regulations, make apprehensions and investigate complaints. Controlling traffic, parking and investigating vehicle accidents is also Security's job.

Like any city police department, SUBASE Security has close contact with other local law enforcement agencies and with the courts. The Security Department also cooperates with all tenant activities.

The Security Department is heavily involved in supporting physical security and enforcement programs in safeguarding government assets aboard the base. Call **694-3777** for assistance from SUBASE Security, and **694-2220** from Group TWO Physical Security.

Contractor and employee identification

The Pass and ID Branch issues vehicle decals and civilian employee/contractor identification badges. This office, located in Building 462 near the Traffic Court Office, is open Monday through Friday, federal holidays excluded, from 8 a.m. to 4 p.m.

Take Your Pet to the Vet

The U.S. Army Veterinary Treatment Facility provides service for active duty or retired military personnel and their eligible family members stationed in or passing through the Constitution State. We are located in BLDG 411 on Trigger Ave. Naval Subase NLON. Our hours of operation are Monday through Friday from 8 a.m. to 4 p.m. During these hours you may schedule an appointment, register your pets with housing, or purchase a variety of pet products we have available.

Clinics are held twice a week by appointment only. Please call in advance for appointment scheduling and information. We provide routine immunizations for dogs, cats, and other small animals, as well as diagnostic tests for internal and external parasites, heartworm disease and feline leukemia. Sick call appointments are available for minor health issues and diseases. Health certificates are required for pets travelling within the United States or overseas. There is no charge for a health certificate with a copy of your official orders. Contact the clinic to schedule a timely appointment. Due to the facilities limitations, the clinic is unable to provide emergency veterinary care, surgical procedures or hospitalization for privately owned pets.

Please keep in mind, all pets must have a record at the clinic to make an appointment. Remember to bring any vaccination information you have for your pet. All dogs must be on a leash, cats and other small animals must be in an enclosed animal carrier. For safety reasons, children under the age of 12 are not permitted in the clinic and may not be left



outside the building unattended. Please call for more information or to schedule an appointment **(860) 694-4291**.

Groton/New London Ombudsman Assembly

The Ombudsman program was first established in the Navy in 1970. Since its inception, it has undergone continual evolution and has adapted to the changing needs of Navy commands and their families. The Ombudsman role has become less that of grievance processing than that of an appropriate resource to assist the command in discharging the commanding officer's responsibilities for the morale and welfare of the families in the command.

The chairman of the Ombudsman assembly provides support, education and training to command Ombudsmen. The chairman is a dedicated volunteer, always happy to provide information and answer questions about the program to people who call or visit the office.

The Ombudsman Office is located in Building 83, within the offices of the Fleet and Family Support Center. The office is staffed two days a week from 1 p.m. to 3 p.m. It is advisable to call ahead before stopping in. For more information, call **694-2230**.

Veterans' Affairs

While the Veterans Administration (VA) has always assisted active-duty

military personnel as needed, its philosophy today is to see as many service members as possible before they leave the military service. The VA created the position of military service coordinator with this mission in mind.

Through the military service coordinator, the VA provides information and assistance on a wide variety of benefits for veterans and survivors as well as active-duty personnel. Benefits for active-duty personnel include VA educational programs and home loans. For those nearing discharge or retirement, the VA also offers counseling concerning disability compensation, vocational rehabilitation, insurance, medical and dental care, and survivors' benefits.

The VA's local military service coordinator is available on SUBASE, in Building 83, collocated with the Fleet and Family Support Center, on Monday, Wednesday and Friday from 8 a.m. to 4:30 p.m., and Tuesday and Thursday from 1 p.m. to 4:30 p.m. The phone number to the office is **694-4696**. Veterans and active-duty personnel can receive general information about benefits, help with applications and assistance in resolving problems.

Help is also available through the toll-free telephone service to the Hartford VA regional office, **1 800 827-1000**, from 8 a.m. to 4:30 p.m. Monday through Friday.

The best thing you could do for your retirement years is take the time to see you military services coordinator before you leave the service. Our slogan is "VA benefits: Don't leave the service without them!"

Retired Activities Office (RAO)

If you're a military retiree, at some time or another you may have experienced frustration, delay, or confusion in dealing with the federal government. The problem is compounded for family members, who have lost their sponsors to death or whose sponsors are seriously ill, who may find dealing with a bureaucracy frightening. Retired Activities Offices (RAO) were established nationwide and in some foreign countries to help you.

The local office maintains a direct liaison with all the retired pay finance centers of the armed forces. The volunteer staff is happy to talk to active-duty and retired personnel on current or proposed legislation which may affect them now or in the future and to help with other benefits and entitlements.

Keep the RAO in mind and use its services. The office, located in the Fleet and Family Support Center in Building 83, is open from 9 a.m. to 3 p.m., Monday through Friday. The telephone number is **694-3284**.

CAAC

The Counseling and Assistance Center (CAAC) provides substance abuse treatment services for all commands in the Naval Submarine Base New London area. CAAC screens individuals to assess the scope of their alcohol, drug or gambling problem, and recommends treatment if required. A CAAC screening is normally the first step in identifying drug, alcohol, or gambling problems and obtaining treatment.

CAAC New London offers outpatient treatment and counseling services for individuals with drug and alcohol problems. Currently, treatment for gambling addiction is normally conducted in an inpatient setting at Camp Pendleton, CA.

CAAC also provides prevention, education, outreach, referrals, continuing care, and aftercare services. CAAC services are intended primarily for active-duty members, but are offered on a space-available basis to military family members and retirees.

The service-wide formula for controlling drug and alcohol abuse is prevention through education and early identification of problems, followed by responsive command intervention and assignment to the appropriate level of treatment. Continuing Care is an additional program that follows the formal treatment period and is designed to support individuals completing a treatment program.

CAAC's Early Intervention Treatment Program (ALCOHOL IMPACT) is a 20-hour early intervention treatment program, which provides individuals the opportunity to make sound decisions on their future alcohol use, and encourages them to commit to specific behavioral changes such as moderation or abstinence from alcohol.

CAAC's Outpatient Treatment Program is designed for those personnel whose degree of abuse requires attention beyond the capability of an early intervention program. The Outpatient Program's objectives are to increase awareness of maladaptive and self-destructive behaviors, to demonstrate behavior change techniques and alternative behaviors, to provide and group and individual counseling to encourage self-help experiences, and to restore productive performers to the fleet.

CAAC can be reached at **(860) 694-4837** or DSN **694-4837**.

PREVENT

PREVENT is a prevention education and health promotion course specifically developed to target the 18-26 year age group. PREVENT is based on the Navy's core values and emphasizes personal responsibility. The program deals with

life choices related to drug and alcohol use, interpersonal relationships including sexual responsibility, health, fitness, and financial responsibility.

Class length is 24 hours and is normally taught weekly from Tuesday through Thursday. The PREVENT Program is available to all active duty personnel, their dependents and the Department of Defense (DOD) civilians for the purpose of readiness enhancement and risk reductions

Active duty personnel who are interested in taking the course should contact their Command Drug and Alcohol Prevention Advisor (DAPA). Civilians interested in the course can call PREVENT directly at **694-5146**.

The Dolphin

The Dolphin is the weekly base newspaper. Editorial offices for the paper are located in the basement of Building 137 below the Personal Property Office.

The Dolphin is distributed at different locations around base on Thursdays and is delivered to Navy Family Housing addresses. In it you will find something for everyone: local command and Navy news, times and dates of on-base programs for families, a page dedicated to events at MWR, and there's even the "Wee Dolphin" page designed just for children.

Winner of a 1998 CHINFO Award for journalistic achievement, the staff of the paper takes their jobs seriously. If you need to contact the staff, please call **694-3514**.



Faith, Hope, and Values



Command Religious Programs to meet your needs

Command Religious Programs (CRPs) are crafted to meet the needs, and support the rights, of all members of the "Navy family." Active-duty chaplains, military lay leaders, civilian personnel – even local clergy and religious leaders – are ready to support the needs and rights of all our people, of all faiths.

Visit the SUBASE Chaplain Center. Meet the chaplains. Contribute ideas. Be a part of the community. Get involved! Your chaplains look forward to meeting you - soon!

Navy Chaplains

Navy chaplains help commanders and commanding officers provide opportunities for the "free exercise of religion" for men and women of all faiths, ensuring that personnel who protect and defend our freedoms, including freedom of religion, are able to enjoy those freedoms themselves. Religious opportunities include worship services, religious development series, and other special programs at the two religious ministry facilities and the SUBASE Chaplain Center.

Chapel on the Thames

Located on SUBASE near Dealey Center, within walking distance of the waterfront, this is "The Sailor's Chapel," where new programs focus more and more on young Sailors.

It is also one of the Navy's "Submarine Memorial Chapels," recalling and honoring the memories of submariners who have given their lives for the sake of the freedoms we enjoy today.

The chapel's Submariners' Book of Remembrance lists the names of submariners and submarines lost during World War II. Ten pairs of stained glass windows, based on the 148th Psalm, also honor the Submarine Force family. A plaque for each lost submarine remembers boats on "eternal patrol."

Shepherd of the Sea Chapel (SOS)

Located on Gungywamp Road in the center of Navy Family Housing, this chapel is the focal point for family, command, and community events - including programs that highlight important occasions in the life of the Navy family. Fleet and Family Support Center's Outreach Center strengthens the Navy Chaplain Corps through its "Quality of Life Partnership" initiative.

SUBASE Chaplain Center (SCC)

Chaplains' offices are located throughout the base. Information on locations, programs, and religious resources in the local community can all be found at the SUBASE Chaplain Center, Building 164, Dealey Center, above the base library. CHAPEL CALL is a monthly newsletter that includes up-to-date information on programs throughout the area. Call **694-3232** for more information on programs and hours of services.


Chaplain Corps Vision Statement

"Devoted to God and Country, we unite to deliver innovative, life transforming service throughout and beyond the Sea Services."





 Naval Ambulatory Care Center Groton

↑ Main Entrance 

↑ Primary Care Center

Health Care



Naval Ambulatory Care Center Groton

Naval Ambulatory Care Center (NACC) Groton is one of three Naval Medical Command activities at SUBASE. The others are the Naval Submarine Medical Research Laboratory, a separate command reporting directly to the Naval Medical Research and Development Institute, and the Naval Undersea Medical Institute. Originally started as a Submarine Base dispensary in 1918, spaces and services were expanded to those of a station hospital in 1952. The facility became a separate command in 1964—the Naval Submarine Medical Center.

The current facility was opened on April 1, 1974 and the name of the facility was changed to Naval Hospital Groton in 1983. On March 30, 1998 Naval Hospital Groton joined with Naval Hospital Newport, RI and Naval Medical Clinic, Portsmouth, NH to form one organization called “Naval Health Care New England”. Under this organizational structure, a new name was adopted – “Naval Ambulatory Care Center Groton” (NACCG). In the spring of 1998, inpatient care was discontinued in Groton and NACCG became the Navy’s first free standing Ambulatory Surgical Center. The mission of NACCG is to provide the highest quality of medical care to all eligible beneficiaries.

NACCG consists of a Primary Care Center (PCC), Care Plus Clinic, an Ambulatory Procedure Unit, Wellness Support, Pharmacy, Radiology, Laboratory, and various specialty clinics to include General Surgery, Orthopedics, Oral Surgery; Ear/Nose and Throat, Ophthalmology/Optomety, Dermatology, Urology, Mental Health, Audiology, Clinical Pathology, Physical Therapy, Respiratory Therapy and Occupational/Preventative Medicine services.

Clinics are available for Active Duty, Active Duty family members, retirees, and retiree family members enrolled in TRICARE Prime. Active Duty family members and retirees who are not enrolled in Prime may be able to receive healthcare on a “space available” basis. For further information, contact the Health Benefit Advisors at **694-4968**.

TRICARE

TRICARE is the Department of Defense’s health benefits program. It is designed to allow Active Duty family members and Retirees and their family members under the age of sixty-five to choose a medical plan that fits their families needs. To learn more about your options under TRICARE, call **1-888-999-5195** and ask to have a “Decision Kit” mailed to you.

Primary Care Center (PCC)

The Primary Care Center is our principal site for all patients needing acute and routine medical care. Services are provided by Nurse Practitioners, General Medical Officers, Internists, Pediatricians and Family Physicians. Eligible beneficiaries may schedule





wellness or routine healthcare visits in the PCC. TRICARE Prime enrollees with acute medical problems may be seen in this Clinic on a “same-day” appointment basis. Other eligible beneficiaries may schedule same-day appointments on a space available basis.

Appointment Scheduling

The Primary Care Center (PCC) schedules both routine and same-day urgent care appointments. TRICARE Prime enrollees receive priority in the appointing process. To schedule a same-day appointment call **(860) 694-4100**. Routine appointments can be scheduled through Sierra Military Health Services at **1-888-999-5195**. Most specialty clinic appointments are made by referral from Primary Care Managers in the PCC.

Care Plus Clinic

NACCG does not have an Emergency Room, however, the “Care Plus” Clinic is open daily from 8 a.m. to 11 p.m. for patients with non-emergent medical needs. Use the “Care Plus” Clinic after hours when the Primary Care Center is closed or when you cannot get a “same-day” appointment in the PCC.

Ambulance Service

NACCG does not run an ambulance service for family members and retirees into the civilian community. Ambulance services on Base are provided for by the Base Fire Department. Anyone needing an ambulance in an off-Base emergency should call **911**. **Naval Ambulatory Care Center.**

Phone Listings

Audiology694-3870
Care Plus Clinic694-3666

Dermatology Clinic694-4823
ENT Clinic694-4852
General Surgery694-4860
Information694-4123
Health Benefit Advisors694-4968
Laboratory694-2427
Mental Health694-4966
Nutrition694-3104
Ophthalmology694-4861
Optometry694-2411
Oral Surgery Clinic694-4975
Patient Contact Rep694-4834
Pharmacy Info694-2365
Refills (toll free)1-877-211-1126
Physical Therapy694-4974
Primary Care Center694-4100
Social Work Case Mgr694-3104
TRICARE Information694-4968
Urology694-4926
Wellness Department694-3104
Women’s Health Clinic694-4863
X-rays/Radiology694-4874

Military Medicine Department

Medical record check in/out, sick call appointments, health and physical readiness screening, annual PAP smears, routine immunizations, and all required physical examinations are conducted for Active Duty personnel assigned to SUBASE and tenant support commands, on the first deck of Building 154, across from Morton Hall Gym.

Sick Call Appointments can be scheduled by calling **694-3743**. Sick Call hours are from 0715 to 1100 Monday through Friday.

Routine Appointments are recommended for conditions that are less acute or chronic, a referral from a medical representative, or require a follow up return

visit. Appointments can be made by contacting the Military Medicine appointment clerk at **694-3743**, 0715 - 1530 Monday through Friday.

Physical Examinations can be scheduled by calling **694-3250**. Same day physical examinations are conducted every day except Wednesday. This includes all laboratory studies, radiology studies, and dental examinations. On the day of your appointment, you must report to the Physical Examination Section at 0715 with your medical record. For more information regarding physical examinations, contact the Physical Examination Section at **694-3250**.

Routine Immunizations are given every day except Wednesdays from 1300-1530.

Overseas Screenings are done by appointment only. Appointments can be scheduled by calling **694-2454**.

Branch Dental Clinic

The Dental Clinic, a branch of Naval Dental Center, Northeast Newport, R.I., provides dental care for active-duty personnel of SUBASE, tenant activities, forces afloat, and military personnel of other armed services stationed in the greater New London area. Retired personnel living nearby may receive limited routine treatment on a time-available and space-available basis. Examinations and oral diagnoses are provided between 7 and 10 a.m. and between 11:30 a.m. and 2 p.m. Monday through Friday on a walk-in basis or by appointment.

Appointments for further treatment are made subsequent to the diagnostic examination. Emergencies will be seen any time.

The 21-chair main clinic with all major specialties is located in Building 341 on Upper Base. A satellite activity, located at General Dynamics Electric Boat Division in Groton provides dental care for active duty personnel attached to submarines under construction.

Emergency dental treatment is available for family members of active duty personnel at the Branch Dental Clinic New London. The clinic initiates treatment for the emergency with the follow-up treatment to be performed by a civilian dentist.

A list of some of the local dentists participating in the dental plan for active-duty family members is available at the main dental clinic’s front desk.

Dental Clinic Phone Numbers

Appointment/Information Desk694-3736
Endodontics Department ...694-3179
Periodontics Departments ...694-3091
Prosthodontics Department ..694-2271
Oral Surgery Department ...694-5125

Navy College Office



Active-duty personnel interested in off-duty education should visit the Navy College Office on the first floor of Building 83. Customer service hours are 9 a.m. to 4 p.m. Monday through Friday. Navy College can be reached at **694-3335**. Navy College manages the Navy's off-duty education program for active-duty personnel and provides educational and vocational advisement, testing, tuition assistance, evaluation of military training for potential college credit, and other resources to help you advance in the Navy and prepare for a civilian career.

Navy College services and programs are wide-ranging. The following programs are available at SUBASE:

Navy College Learning Center - The NCLC is located in Room 124 on the first floor of Building 83. The center was the 18th center to become operational through funding by the Navy's Voluntary Education Program. All active duty personnel assigned to the base, tenant commands, or afloat units are eligible to use the center, which features computer-based lessons in the fundamentals of math, language arts, science and reading, advanced algebra and geometry, calculus, and work skills courses. The program is self-paced to meet the needs of personnel using the center. There are facilitators available for assistance as needed. The center is open Monday through Thursday from 9 a.m. to 7 p.m., and Friday from 11 a.m. to 3 p.m. Telephone the center at **694-5590** for current hours and program information. Adult family members are eligible to use the Center. The Center is free.

DANTES - Navy College administers the Defense Activity for Non-Traditional Education Support (DANTES) programs. DANTES provides a standardized testing program free to active-duty personnel. Tests available include credit-by-examinations programs (CLEP, DSST), college admission tests (SAT, ACT) and certification exams. DANTES also provides catalogs on academic and vocational-technical correspondence courses and information on external degrees.

Apprenticeships - The National Apprenticeship Program allows people in certain military rates, who have completed appropriate Navy technical schools, to enroll in the Department of Labor's National Apprenticeship Program. Apprenticeships in various trades may be completed while on active duty and a Department of Labor certificate awarded.

Counseling/Guidance - Individual counseling is available to assist Sailors in defining and achieving educational and career goals. Navy College also provides STRONG, a computer-based interest inventory assessment. College catalogues on microfiche are also available.

Tuition Assistance - The Navy's Tuition Assistance Program is administered by Navy College. For active-duty personnel, the Navy funds 75 percent of tuition charges not to exceed \$187.50 per semester hour for undergraduate and graduate courses. Tuition assistance



is capped at \$3,500 per individual per fiscal year.

Navy College Program for Afloat College Education (NCPACE) - Navy College oversees the Program for Afloat Education (PACE). PACE provides computer/video interactive courses to all deployed submarines. There are no tuition charges for PACE courses. The PACE contractor can be reached at **446-1971**.

Degrees - Navy College has information on local colleges and universities offering evening and weekend classes on SUBASE. Three Rivers Community-Technical College, Eastern Connecticut State University, and Southern Illinois University currently offer programs on base. Navy College has information on Service Members Opportunity Colleges Associate Degree Program-Navy (SOC-NAV) schools which allow Navy Personnel to contract with an institution to ensure degree completion over the course of their Navy careers.

VA education benefits - Navy College has information on various Veterans Administration educational benefit programs: the Vietnam Era GI Bill (old GI Bill), the Veterans Educational Assistance Program (VEAP), and the Montgomery GI Bill (new GI Bill).

Three Rivers Community-Technical College

This two-year public institution has been serving the military community since 1974. Three Rivers is a member of SOC-NAV, the worldwide system composed of institutions that offer associate degrees and form a network to recognize and respond to the special educational needs of military members and their families.

Three Rivers has an open admissions policy. It offers many liberal arts, business, and computer courses on SUBASE during the evening hours. Counseling and evaluation services are provided on base. Three Rivers awards credit for CLEP, DANTES and military educational experiences and provides remedial academic programs if required.

Three Rivers is accredited by the New England Association of Schools and Colleges and the Connecticut Board of Higher Education.

Three Rivers offers its programs at resident rates to active-duty personnel and their family members living in Connecticut. You can use the Navy Tuition Assistance Program or VA benefits to attend Three Rivers.

For more information contact the Three Rivers representative in Building 83, **445-5575**.

Southern Illinois University (SIU)

SIU offers a bachelor of science degree in Workforce Educational Development with a specialty in Education, Training and Development to all active-duty military personnel, family members, SUBASE civilian employees, veterans, and civilians.

No previous college experience is required. You may be qualified to enroll in the program if you are a high school grad-

uate or equivalent and if you are fully qualified in a technical specialty. Graduates of this program are qualified for many positions in post-secondary schools, business, industry, and government. The course work is taught every other weekend on SUBASE.

College credit is awarded by SIU for military training for up to one-third of the credits for a degree, as well as course work already completed at other accredited colleges and universities. Depending on the number of credits for military training and previous college work you have, you can earn a bachelor's degree in 12 months. VA benefits or Navy Tuition Assistance may be used to help with tuition costs.

You can find out more about SIU by calling the SIU office at **446-9900** or visiting them in Building 83, Room 310. The SIU office is open 8:30 a.m. to 4 p.m., Monday through Friday.

Eastern Connecticut State University

Eastern Connecticut State University is a four-year institution located in Willimantic, Conn. It is one of four member colleges of the Connecticut State University system.

Eastern offers a variety of undergraduate program in the arts, sciences, computer science, business, and education. Graduate programs are available in organizational relations and teacher education/certifications.

The School of Continuing Education expands educational opportunities for adults in eastern Connecticut through evening and off-campus programs at various sites including SUBASE and Waterford High School.

The School of Continuing Education offers unique programs to adults including the Bachelor of General Studies Degree Program (BGS), a flexible, adult program that awards credit for significant work/life experience and other sources of credit.

For military members, Eastern awards credit for military training and experience through the American Council on Education (ACE) credit recommendations along with CLEP and DANTES credit-by-examination programs. You can find out more about Eastern by visiting the on-base office in Bldg. 83, room 316 Tuesday through Thursday from 9 a.m. to 3 p.m., or call **445-0333**.

University of Connecticut

UConn offers both credit and non-credit courses in day and evening hours at its main campus in Storrs and its satellite campus at Avery Point in Groton; credit courses and programs are usually open to qualified degree and non-degree students. Non-credit courses are available to all interested persons. Fees vary depending upon the course or program.

Mitchell College

Mitchell College is a private, co-educational, two-year college accredited by the New England Association of Schools and Colleges. Its full-service campus is located in New London on the banks of the Thames River. No evening classes are available.

Mitchell may accept up to 30 credits from a combination of sources including

credits earned by other accredited institutions, credit by exam (CLEP, ACT, etc.), and credit for courses taken in non-collegiate organizations, including military training. In addition to many Associate Degree programs, Mitchell offers a Bachelors Degree in Human Development.

University of New Haven

The University of New Haven's southeastern Connecticut branch, located in Groton, has a diversified selection of academic programs to fit both personal and professional needs on the graduate and undergraduate levels. Undergraduate business programs include accounting, business administration, human resource management, and management information systems. Undergraduate engineering programs include computer science, electrical engineering, industrial engineering, and mechanical engineering.

Graduate offerings are available in business administration, psychology, computer and information science, engineering, industrial relations, operations research, public administration, and teacher education/certification. Certificate programs are available in computer applications, fire science, human resource management and paralegal studies. UNH undergraduate classes in southeastern Connecticut are fully supported in the area with the exception of a few engineering laboratory courses that are only offered at the main campus in West Haven.

UNH has been offering classes in southeastern Connecticut for over 25 years and maintains an office at Mitchell College Campus at 469 Pequot Ave. In New London. For further information, please call **701-5454** or **1 800 DIAL UNH** (main campus).

Connecticut College

Sitting on the top of a hill directly across the Thames River from the base is the 702-acre campus of Connecticut College. The college is a privately supported, four-year coeducational institution with 1,650 undergraduate students and 100 graduate students. The student body represents most states and several foreign countries. The college has a widespread reputation for academic excellence because of its distinguished faculty, the depth and variety of its liberal arts curriculum and its flexible academic program. Its 426-acre arboretum affords an exceptional facility for research and a lovely spot for rest and recreation.

Rensselaer at Hartford

Located at Avery Point in Groton, Rensselaer at Hartford is designed for the working professional by providing evening and Saturday courses at the Groton branch. The Groton branch is a fully independent education center offering in-house library and computing facilities.

Rensselaer offers graduate programs in health care management, management, business administration, engineering and computer science, professional development, management training, information technology and professional engineer review. For information, call Rensselaer at **449-8157** or **1 800 433-4723**.

Civilian Employment



Naval Submarine Base New London employs several hundred civilians in a wide variety of occupations. Civilians work side by side with our military, staffing our restaurants, fixing our lights, and maintaining our utilities. They provide nursing care in both our inpatient and outpatient settings. Civilians are also in the forefront of submarine medical research in support of the submarine community. In fact, just about every type of job found in a small city can be found within the borders of the base.

Human Resources Office Groton (HRO)

HRO provides a wide variety of personnel services to civilian employees of the SUBASE and is often the first stop for civilians seeking information and assistance on such things as employment opportunities, training programs, and life and health insurance. HRO is located on the first floor of Building 138, the first building near the Main Gate.

NAFI Personnel Office

The Personnel Office for Navy Personnel Command (NPC) Non-Appropriated Fund Instrumentalities, more commonly known as NAFI Personnel Office, provides personnel services to managers, supervisors and employees of the Morale, Welfare and Recreation Department and the Consolidated Bachelor Quarters. Hiring for all SUBASE recreation and leisure facilities and childcare is done through this office. The NAFI Personnel Office is located on the second floor of Dealey Center (Building 164). Hours are Monday through Friday from 8 a.m. to 4:30 p.m. Telephone: **694-3695**.

Job Information

Information about non-NAFI civilian employment opportunities and the Navy Spouse Employment Program is available at the Submarine Base Job Information Office located in Room 120 of Building 138. Telephone: **694-5015**. This office is open from 9:00 a.m. to 3 p.m., Monday through Friday, or by appointment.

Career advancement

The goal of the federal government is to maintain a public service of high quality and ability. To further this goal, the Navy's Merit Staffing Program is designed to ensure that eligible employees are given advancement opportunities based on their relative knowledge, skills and abilities. Many of these advancement opportunities are posted at various shop or office locations, on the main job information bulletin board in room 120, Building 138-1, and on the Office of Personnel Management's (OPM's) website at www.usajobs.opm.gov. Please remember that it is an individual's responsibility to keep informed of job opportunities.

Equal employment opportunity

The Navy is an equal opportunity employer. In accordance with federal law and Department of the Navy policy, all employees and applicants are entitled to equal





opportunity for employment and advancement and shall not be discriminated against on the basis of race, color, sex, age, national origin, religion, or handicapping condition. The SUBASE's civilian EEO program is administered by HRO and is headed by a deputy for Equal Employment Opportunity. Available services include counseling on EEO complaints, program guidance, and EEO training. SUBASE is a leader in special emphasis programs and hosts several seminars and events each year to coincide with special female and minority group observances. The EEO office is located in the annex of Building 138. Job

information for Navy and government jobs is also available at the Navy job information website, www.donhr.navy.mil <<http://www.donhr.navy.mil>> or from the U.S. Office of Personnel Management at www.usajobs.opm.gov <<http://www.usajobs.opm.gov>>. Please remember that it is an individual's responsibility to keep in-formed of job opportunities.

Civilian benefits

The federal government offers civilian employees a comprehensive package of life, health, and retirement benefits. While this package varies depending on an individual's employment status, most civilian employees are eligible to obtain life and health insurance on a cost or shared cost basis. Most employees will also accrue annual leave (vacation days) at an initial rate of a half-day (four hours) per pay period. This increases to six hours per pay period after 3 years of service and to eight hours per pay period after 15 years of service. Employees also accrue sick leave at the rate of 4 hours per pay period.

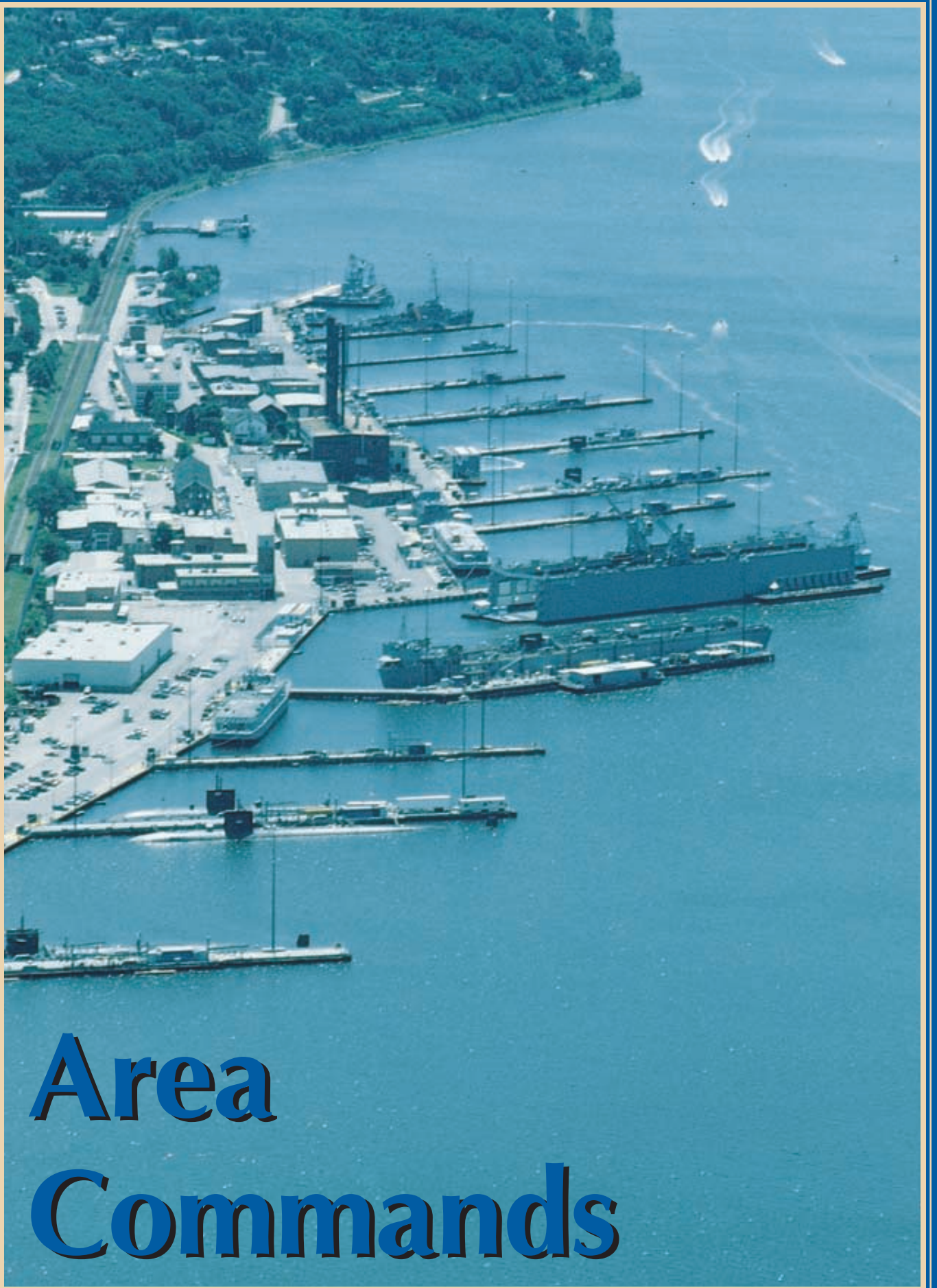
Incentive awards

The objective of the Civilian Incentive Awards Program is to recognize and reward employees for high quality performance of duties, including the submission of cost saving ideas through the

Beneficial Suggestion Program. Incentive awards can take many forms, including non-monetary honorary awards and letters of recognition. Monetary awards include one-time cash awards for high quality performance, and permanent increases in basic pay. The Beneficial Suggestion Program is open to all civilians who wish to make suggestions concerning ways to improve work processes or procedures. Beneficial suggestions which are adopted can lead to substantial cash awards depending on the value of the suggestion.

Employee Assistance Program

A comprehensive employee assistance program is available to all civilians who desire help with personal problems, including drug and alcohol abuse. This program is completely confidential and free of charge. A confidential appointment for counseling may be made by calling EAP Concepts at **(860) 443-4343**.



Area Commands



Commander, Navy Region Northeast

Commander, Navy Region Northeast (CNRNE) is an echelon three command. Under the Commander in Chief, U.S. Atlantic Fleet, CNRNE is the a regional coordinator for all things naval from New Jersey to Maine, including such diverse areas as environmental, legal, family advocacy and disaster preparedness.

The commander exercises military responsibilities for Naval Submarine Base New London; Naval Air Station Brunswick, Maine; Portsmouth Naval Shipyard, Kittery, Maine; Naval Weapons Station, Earle, N.J. and Naval Station Newport, R.I.

Commander Submarine Group TWO

Headed by a flag officer, Submarine Group TWO exercises command of Commander, Submarine Forces, U.S. Atlantic Fleet (SUBLANT) forces administratively assigned and operational control of units of SUBLANT and other forces when assigned. The primary purpose of Group TWO is to provide support, maintain personnel and material readiness standards, and work for increased economy and efficiency while assisting SUBLANT in the accomplishment of its mission. Group TWO also exercises submarine operating authority responsibilities for submerged operations in the Boston, Narragansett Bay and Atlantic City Fleet Exercise Areas; coordinates and directs movement of U.S. Navy and Coast Guard vessels in New London Harbor; exercises control of local and harbor communication networks; monitors readiness, training and performance of units assigned to Commander Submarine Squadron TWO, Commander Submarine Squadron FOUR, Commander Submarine Development Squadron TWELVE and Submarine Squadron

Support Unit; including Intermediate Maintenance Activities; and is the area coordinator for a variety of other matters. Commander Submarine Group TWO is headquartered on Upper Base in Building 439.

Commander Submarine Squadron TWO

Submarine Squadron TWO maintains headquarters in Building 1 on Lower Base. Squadron TWO's mission is to carry out the assigned tasks designated by Commander Submarine Force U.S. Atlantic Fleet and to provide operation direction as well as administrative and logistic support to assigned ships.

It is the only attack submarine squadron that includes a nuclear submarine research vessel, Submarine NR-1. The mission of this ship is to gather scientific data from the ocean environment.

The following afloat commands are assigned to Squadron TWO: USS Albuquerque (SSN 706), USS Pittsburgh (SSN 720), USS Toledo (SSN 769), Submarine NR-1, Carolyn Chouest, USS Dallas (SSN 700), and USS Springfield (SSN 761).

Commander Submarine Squadron FOUR

Submarine Squadron FOUR was reactivated following a two-year hiatus in July 1997, joining Submarine Squadron TWO and Submarine Development Squadron TWELVE on the waterfront. Headquartered in Building 3 on Lower Base, Squadron FOUR's mission is the training and operational support and assistance of their assigned submarines in carrying out their assigned mission in the support of the national security objectives. Squadron FOUR has operational control of five Los Angeles-class submarines.

The following commands are assigned to Squadron Four: USS Annapolis

(SSN 760), USS Connecticut (SSN 22), USS Hartford (SSN 768), USS Miami (SSN 755) and USS Providence (SSN 719).

Commander Submarine Development Squadron TWELVE

Submarine Development Squadron TWELVE's headquarters are located in Building 3 on Lower Base. Squadron TWELVE was established in May 1949 as Submarine Development Group TWO. On May 1, 1977, the command was redesignated as Submarine Development Squadron TWELVE.

In addition to supporting the operation of a full squadron of first-line, fast-attack, nuclear-powered submarines, Squadron TWELVE is tasked as tactical development authority for Submarine Forces Atlantic and Pacific. This is a unique responsibility which is dedicated to the formulation and improvement of submarine tactics and to the measurement of the effectiveness of the newest submarines.

The following ships are presently assigned to Commander Submarine Development Squadron TWELVE: USS Alexandria (SSN 757), USS Augusta (SSN 710), USS Memphis (SSN 691), USS Philadelphia (SSN 690), USS San Juan (SSN 751) and USS Seawolf (SSN 21).

Submarine Squadron Support Unit, New London

The Submarine Squadron Support Unit's (SUBRONSUPPU) mission is to centralize administrative and support functions, economize resources and provide a common pool of experts who provide complete functional support to the Commander of Submarine Squadrons TWO, FOUR, and Submarine Development Squadron TWELVE. SUBRONSUPPU provides support in the areas of Administration, Medical, Legal, Chaplain, Supply, Combat Systems, Engineering, Communications, and Operations to improve readiness; and performs such other functions as may be directed by higher authority. SUBRONSUPPU is located in Buildings 1, 2 and 80 on lower base.

Naval Submarine Support Facility

Naval Submarine Support Facility (NSSF) New London was established in February 1974. Organized and staffed along the lines of an afloat submarine tender Intermediate Maintenance Activity (IMA), the command employs more than 900 Sailors and 100 civilian specialists.

The primary mission of NSSF is to provide direct maintenance support to submarines assigned to Squadrons TWO,

FOUR, and TWELVE. Visiting ships are often supported. NSSF is divided into eight departments: Repair, Weapons, Administration, Training, Facilities Support Group, Supply, Information Resources Management, and Radiation Health. The Repair Department is the largest, accounting for more than 800 billets that encompass 77 repair shops. The capabilities of the Repair Department cover the full spectrum of maintenance operations required by modern submarines. Its Selected Restricted Availability (SRA) Division provides direct support services and coordination of shipyard-level submarine repairs performed on site at SUBASE.

The Weapons Department is responsible for the storage and preparation of Mark 48 ADCAP torpedoes and Tomahawk/ Harpoon Cruise Missiles, ammunition, explosives storage, and operation of the Small Arms Range. The highly sophisticated Mark 48 ADCAP torpedo is the primary tactical weapon for the Submarine Force.

The other six departments combine to provide the necessary internal support required by the command. There are over 170 personnel, military, and civilian, employed in these departments. There is a floating dry-dock, SHIPPING-PORT (ARDM 4) also assigned to NSSF. This dock and its personnel provide dry dock support for New London based submarines.

Supervisor of Shipbuilding

The history of the Supervisor of Shipbuilding, Conversion and Repair,



USN, better known as SUPSHIP, Groton, dates back to the year 1931. It was during that year that the U.S. Navy and the Electric Boat Company commenced negotiations for the construction of the USS Cuttlefish (SS 171) at Groton. As a result, the Office of the Superintending Constructor was established on July 11, 1931, and shortly thereafter, on August 1, 1931, the Office of Inspector of Machinery was established. Their responsibility covered the inspection of construction work and the inspection of machinery and materials. The first boat delivered by the Electric Boat Company was under the joint direction of these two offices. The keel of Cuttlefish was laid on October 7, 1931, and the boat was delivered on June 8, 1934.

The Office of Superintending Constructor and the Office of the Inspector of Machinery continued until May 11, 1940, at which time their efforts were consolidated into one office, the Supervisor of Shipbuilding, U.S. Navy.

Since the delivery of Cuttlefish in 1934, hundreds of ships have been delivered by the General Dynamics Corporation, Electric Boat Division, under the supervision of this command. Notably included was the first nuclear-powered submarine, USS Nautilus (SSN 571), commissioned in 1954; the first Polaris Fleet Ballistic Missile submarine, USS George Washington (SSBN 598), commissioned in 1959; the first Trident Fleet Ballistic Missile submarine, USS Ohio (SSBN 726), commissioned in 1981; and the first Seawolf-class attack submarine, USS Seawolf (SSN 21), commissioned in 1997. Currently, Electric Boat Corporation employs thousands of people between its Groton, Conn., and Quonset Point, R.I., facilities. The latter facility was established in 1974.

Today, with the recent completion of the Los Angeles (SSN 688) class fast attack and the Ohio (SSBN 726) class submarine construction programs, the command is moving ahead with the Seawolf (SSN 21) and Virginia (SSN 774) class construction programs under new contracts awarded by the Naval Sea Systems Command.

The Office of the Supervisor of Shipbuilding is the liaison between the Department of the Navy and the Electric Boat Corporation. It is the Supervisor's responsibility to administer all contracts, provide government furnished equipment and outfit ships, assure that the requirements of the contracts are fully met, ascertain that satisfactory production progress is maintained, and ensure that the fleet is provided quality warships fully prepared to sail "in harm's way." The



Supervisor's office has been recognized by the Secretary of the Navy with the award of a Meritorious Unit Commendation in 1981, 1985 and 1989.

Naval Submarine School

Naval Submarine School instructs over 38,000 Sailors annually in courses ranging from one day to over six months in length. As the "Center of Excellence for the Submarine Force," SubScol's courses include introduction, apprentice, and basic skill level training for officers and enlisted Sailors; encompass initial technical proficiency training and advanced operator and team training in electronic and combat systems; and provide career-long professional growth courses for both officer and enlisted Sailors.

Since being located in one building on what is now Lower Base in 1916, SubScol has grown to be the largest tenant activity on SUBASE with a staff of 550 and an on-board daily student population of more than 1,250.

From an era when training devices were a pair of Mark I Attack Trainers and a foreign-built trainer of uncertain history, SubScol now maintains and operates state-of-the-art trainers in support of 191 separate courses. These trainers and courses are designed and developed to better provide realistic individual and team training for the new century's submarine force.

The mission of Naval Submarine School is:

- To train officers and enlisted Sailors in the basic knowledge of and skills upon which submarine commands in the Atlantic and Pacific can build competence and proficiency in operating and building submarines and all their systems;

- Provide functional, refresher, advanced and team training to submarine and submarine support personnel in order to increase and maintain knowledge and proficiency in specific skills;



- Furnish specific operationally oriented support to submarines to ensure maximum effectiveness of their sensor systems.

For over eight decades, SubScol has provided the best-trained Sailors to the world's best Submarine Force. Naval Submarine School's staff and students are, in many ways, very similar to their predecessors: the commitment to learning and teaching has remained constant.

But as SubScol has matured, its Sailors have assumed larger roles in the local communities, beyond the front gate. For years, the Sailors of Naval Submarine School have donated their time and talents to a holiday toy drive for those in need in southeastern Connecticut. And SubScol's support of blood collection efforts on behalf of the Southeastern Connecticut Chapter of the American Red Cross has achieved record proportions, making SubScol the single largest source of one-day donations.

Many SubScol Sailors volunteer for local school athletic teams and serve as staff members in charitable organizations. Hundreds regularly donate their time to work for causes such as Special Olympics. The Personal Excellence Program dispatches Sailors daily to local schools to serve as tutors and mentors to elementary, middle, and high school students, as well as in adult education.

Naval Submarine School can reflect on its years of service to the community, the Navy and the nation with pride in its past, and with confidence in a continuing commitment to excellence for the future.

Naval Undersea Medical Institute

Naval Undersea Medical Institute (NUMI) is the former School of Submarine Medicine which had its begin-



ning as a division of the Submarine Medical Research Laboratory during World War II. In 1964 the school became a department of the Naval Submarine Medical Center. The name of the school was changed to Naval Undersea Medical Institute in 1973, and in 1975 NUMI was designated as a detachment of the Naval Health Sciences and Education and Training Command, Bethesda, Maryland, and an officer in charge was assigned. In 1998 NUMI became a detachment of the Naval Operational Medicine Institute (NOMI) located in Pensacola, FL.

The mission of NUMI is to provide training in undersea medicine and radiation health to designated medical department personnel, and to provide technical support in matters related to undersea medicine and radiation health to naval operating forces and activities. To accomplish this mission, NUMI conducts various courses of instruction; including undersea medical officer, radiation health officer, submarine force independent duty corpsman and radiation health technician. A primary focus is on preparing hospital corpsmen for duty in extended deployments where they are usually the sole providers of care for the sick and injured. NUMI also sponsors a Residency in Undersea Medicine (RUM) program for Undersea Medical Officers.

In addition, NUMI provides training for medical officers of foreign military services, indoctrinates medical officers and Medical Service Corps officers in radiological health matters, gives refresher training for submarine independent duty corpsmen, and conducts various other short courses and seminars.

NUMI is located in Building 159 on SUBASE.



Naval Submarine Medical Research Laboratory

Naval Submarine Medical Research Laboratory (NSMRL) has a long history of solving biomedical and behavioral problems relating to submarine and diving environments. Established in 1942 as the Medical Research Section of the base dispensary, its mission at that time was to provide answers to problems in communication, vision, personnel selection and environmental medicine which resulted from wartime demands on the Submarine Force. Over the years it has developed many of the color vision tests used throughout the world, developed "international orange," done much of the work to develop the Navy Diving Tables, and has conducted extensive research for the Navy on problems of hearing and vision.

Now, well into its 53rd year of operation, NSMRL has expanded to meet the needs for research into man's capabilities in unusual environments. NSMRL constitutes the Navy's only submarine platform-designated medical research and development laboratory dedicated to the large-scale study of the unique problems engendered by the operational submarine fleet. However, some recent research has been directed to meeting the needs of the Marine Corps, the entire sea-

going Navy (surface and submarines), and the Coast Guard. NSMRL also conducts an extensive program in diving medicine in support of undersea operations with projects specifically focused on providing important data regarding submarine rescue operations.

NSMRL maintains a library which constitutes one of the most complete libraries of submarine and diving information in the world. NSMRL has published nearly 1200 official reports along with innumerable scientific papers, manuals and memorandum reports.

The scientific staff is presently composed of approximately 27 civilians and 18 military personnel, 12 of whom hold medical or doctorate degrees. The staff represents such professional fields as physiology, biochemistry, chemical engineering, experimental psychology, psychoacoustics, computer programming, systems analysis, visual psychology, and biophysics. Many of the senior scientific staff are of national and international reputation in their specialties. The balance of the scientific staff consists of research personnel with graduate degrees or technical training.

Present emphasis is on medical research of the submarine environment both for existing and future classes of submarines. Current research is in the areas





Naval Security Group Activity Groton

Naval Security Group Activity (NSGA) Groton is located in Building 106 on SUBASE. The command was established as a detachment in 1959 and was commissioned an activity in May 1980. NSGA Groton provides ESM and cryptologic systems installation and maintenance support to SUBLANT units.

Naval Criminal Investigative Service

The Naval Criminal Investigative Services (NCIS, formerly Naval Investigative Service) traces its origin back to 1915 when its first mission was to secure information on the navies of probable enemies of the United States. Then called the Office of Naval Intelligence, it obtained information by both overt and covert means and was staffed by both active-duty military and civilian agents.

Today NCIS is designated by Presidential Directive as the only foreign counterintelligence agency within the Department of the Navy with the purpose to protect naval installations, projects, equipment, and personnel against espionage, sabotage, and other clandestine intelligence or international terrorist activities.

The jurisdiction of NCIS includes the investigation of felony crimes committed by members of the Navy or Marine Corps, as well as the investigation of fraudulent activity and other violations of the U.S. Code where the Navy and the Marine Corps is the victim.

NCIS is located in Building 98 on SUBASE and is staffed by 11 civilian special agents. In addition to regular investigative and counterintelligence responsibilities, the office offers all commands briefs on security, counterintelligence, and counterterrorism. Inquiries concerning NCIS can be directed to a special agent by calling **694-4686**.



of development of medical practice support systems, hearing conservation limits for diving operations, improving auditory performance on sonar and other combat systems, evaluation of navigation range light systems, performance with complex visual displays, stress effects on team performance, development of improved decompression tables for divers, problem solving related to rescue of crew members from disabled submarines, improving the clinical laboratory capabilities of the Marine Corps field units, and determining the effects of toxic atmosphere contamination in closed living spaces. In addition, a medical informatics unit is exploring methods to bring sophisticated computer support to health care providers working under isolated circumstances.

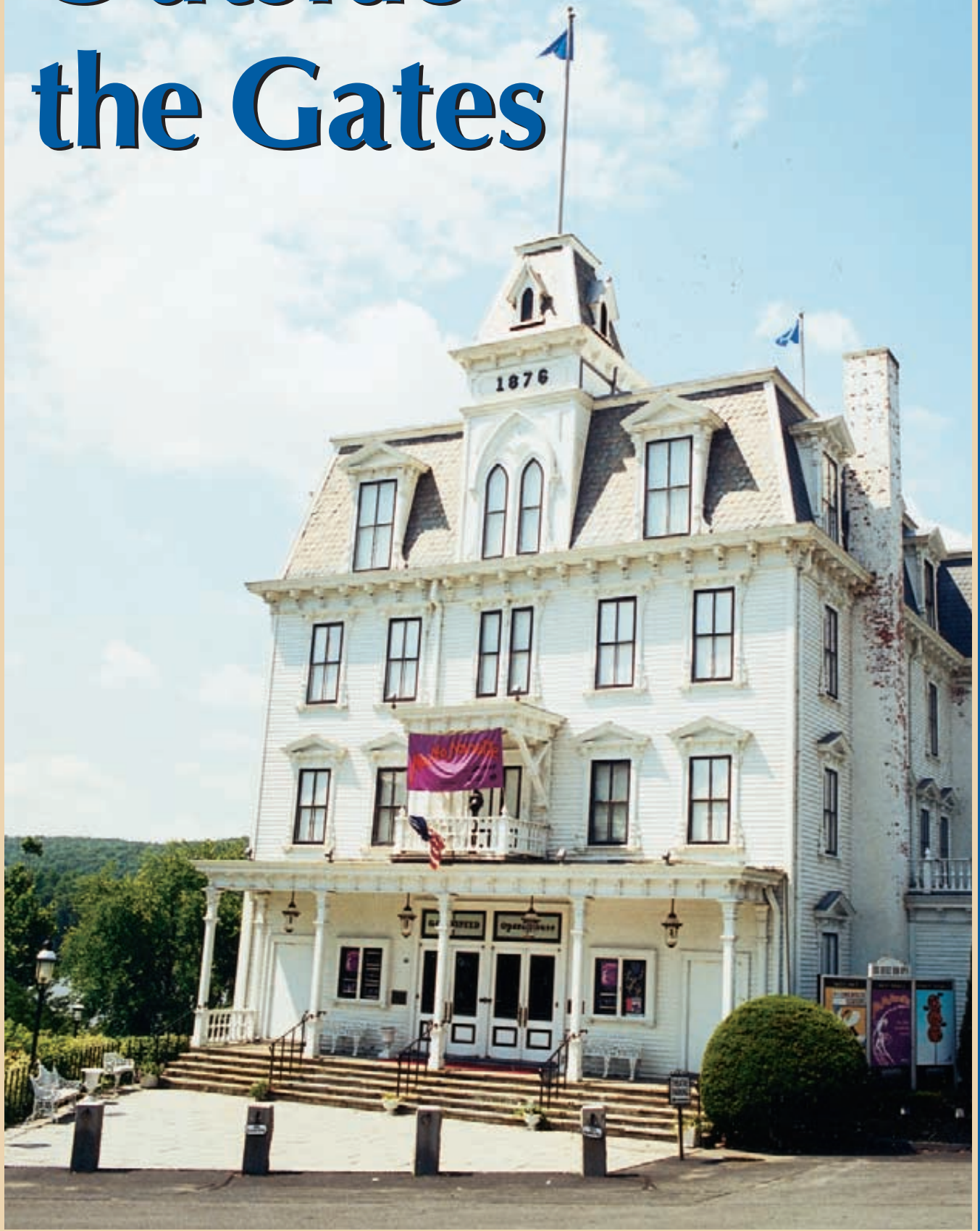
Construction Battalion Unit 414

Construction Battalion Unit 414 arrived on Naval Submarine Base New London in September 1971. CBU 414's headquarters is located in Building 451. CBU 414's mission is to provide support to Fleet Hospital Portsmouth in wartime, provide disaster recovery operations to the Northeast Region, conduct military and technical training essential to maintain the required readiness posture, and to perform peacetime construction support to Naval Submarine Base New London.

The "Can Do" spirit of CBU 414's Seabees is not just confined in Submarine Base New London. Numerous off-base construction projects have been completed to further enhance the Navy's image with the local community. The unit's work provides a back-up alert force and conducts snow removal operations.



Outside the Gates



Historic Ship Nautilus and the Submarine Force Museum



The highlight of any visit to the Mystic/New London area is a tour of the Submarine Force Museum located on the Thames River adjacent to the Naval Submarine Base. You'll discover the mystery and adventure of the "Silent Service" through the nation's finest collection of indoor and outdoor displays of America's submarine heritage. Then experience the excitement of walking the decks that made submarine history when you go aboard one of the Navy's crown jewels, *USS Nautilus*, the first nuclear-powered submarine. Take a moment to talk to one of the active-duty submariners assigned to *Nautilus* and walk away not only impressed with the technical accomplishment of the Navy, but also inspired by the men who represent the Submarine Force.

In the year 2000, the Submarine Force celebrated its 100th anniversary. Today through an outstanding collection of submarine archives, equipment, and memorabilia, visitors will trace the evolution of the submarine from a minor curiosity with a questionable future, to a highly capable, technically advanced platform possessing major military significance and scientific research capabilities. Highlights include educational and interactive exhibits emphasizing the contributions by the Submarine Force to the winning of the Cold War.

Elsewhere in the Museum you can relax in one of three theaters and enjoy films of submarines past and present. A special film of *Nautilus* is available for those who may not be able to go aboard. Learn how a submarine operates on an interactive computer display. Stand in the re-created submarine attack center and hear the sounds of battle beneath the waves. Take a seat at the ship's control panel from the nuclear attack submarine *Billfish* or peer through one of three operating periscopes. You might even see one of the Navy's newest nuclear submarines going by on the Thames River!

Model lovers will be impressed by the variety of submarine models featured throughout the Museum. You'll marvel at the compactness of a World War Two submarine when you see the fifty-foot cutaway model of *USS Gato*. Then compare the *Gato* to the new cutaway model of a modern SSN-688 attack submarine to see how the submarine has evolved. Contrast them both with the full-sized model of David Bushnell's, brave little *Turtle*, the first submersible to attack an enemy warship (Revolutionary War). En route to *Nautilus*, you'll find a whole wall of models, all built to the same scale, that show the major class of U.S. submarines from the 1900 *Holland* up to the brand-new *Seawolf* class ships.

Of course, the most fascinating exhibit for most visitors is the historic submarine *Nautilus*. Launched in 1954, *Nautilus* cruised farther, faster, and deeper than any submarine built up to that time. *Nautilus* set numerous records; world's first nuclear-powered vessel; first ship to go to the North Pole; first vessel to travel 20,000 leagues under the sea.





Today *Nautilus* is a National Historic Landmark and Connecticut's State Ship.

Your tour aboard *Nautilus* will include some of the ship's most important operating spaces such as the torpedo, radar, and sonar rooms, the attack center with its periscopes, and the control room where men steered *Nautilus* under the polar ice. You'll also see the crew's living quarters and dining area, the galley that prepared 400 meals a day, the officers' wardroom, and other vital spaces. *Nautilus* provides each visitor with the use of an audio wand, which explains each compartment you'll see during your tour aboard this record-setting submarine.

Outside, on your way back to your car, or to the picnic area with its splendid view of the river, you'll find three mini-sub and one underwater swimmer delivery vehicle ready for your inspection. Don't leave before seeing the propellers that powered the *Nautilus* during her final years of active service and examining the sail from the Navy's first ballistic missile submarine *George Washington*.

For those with a desire to learn more about a particular submarine or event in submarine history, the Museum houses the largest submarine library in the world. The library serves as the repository for the records and history of the U.S. Submarine Force from its beginnings to present day. New books, photographs, and documents are being added weekly.

The library is open to researchers on weekdays, except Tuesday, by appointment.

Location: Take Exit 86 off I-95 and follow the signs; it's less than two miles from the Interstate.

Admission: Free. Hours: Open year round. Summer: May 15 - October 31, daily 9 a.m. to 5 p.m. except Tuesday

1-5 p.m. Winter: November 1 - May 14, 9 a.m. to 4 p.m. and closed Tuesday. Closed Thanksgiving, Christmas, and New Year's Day. Also closed first full week in May and last full week in October. Call **1-800-343-0079** or **(860) 694-3174** or visit us at www.ussnautilus.org.





A New England Getaway



Nearby cities and towns

New London was laid out as a settlement by John Winthrop the Younger in 1646. Originally called Pequot, the present town was given the name City of London in 1658. New London was incorporated as a city in 1784.

Groton was settled about 1650 as part of New London and incorporated as a separate town in 1705. The town was named for the original hometown of its leading citizen, Governor John Winthrop. Groton was incorporated as a city in 1964.

Waterford was first settled in 1635 and incorporated as a separate town from New London in 1801. Minor civil divisions within the town include Jordan Village and Quaker Hill. Off I-95 exit 82 is the region's largest mall, The Crystal Mall. More than 150 stores are featured, including Sears, Jordan Marsh, Filene's, and J.C. Penney's. For seasonal hours and more information call **442-8500**.

Ledyard was settled in 1635, organized as a parish of North Groton in 1725 and incorporated as a town in 1836. It was named after Colonel William Ledyard, a leading citizen. Gales Ferry is the principal commercial area within the town.

Montville was originally an Indian reservation and was settled by Samuel Rogers from New London in 1670. Since the area is very hilly, the name is descriptive. Montville was incorporated in 1786.

Stonington was originally settled in 1649 by a company led by William Chesebrough from the Plymouth Colony. The town was claimed by both Connecticut and Massachusetts as part of the boundary dispute which was finally resolved in 1662 and the settlement was incorporated as a town. The name was changed to Stonington in 1666. Centers of population within the town include the Borough of Stonington and the village of Pawcatuck.

Mystic is home to some of the most historic sites in the area.

BEACHES

Southeastern Connecticut is well known for its beaches. Among the public beaches are New London's Ocean Beach Park and scenic Rocky Neck Park in East Lyme. Resident town beaches in the area include McCook's Point Park in East Lyme, Waterford Town Beach in Waterford, Esker Point Beach in Groton, and Williams Beach Park and Stonington Beach located in Stonington. There are also several private beach clubs throughout the area.



PARKS

For loafing, picnicking and sightseeing, numerous parks are located throughout the area. Some of the most popular are Mitchell Woods Park in New London (tennis and picnicking), Rocky Neck State Park in East Lyme, Harkness Memorial State Park in Waterford, and Fort Shantok State Park in Montville. Mohegan Park in Norwich contains a small petting zoo. Washington Park in the city of Groton features children's playgrounds, ballfields and picnicking. Bluff Point State Park in the town of Groton is a good site for picnicking, and hiking.

BOATING

Long Island Sound is one of the most popular boating areas in the world. Numerous marinas are located along sheltered rivers and coves offering facilities for sailing and powerboat enthusiasts.

New London Harbor is the most favorable natural harbor on the Connecticut coast. Its location at the eastern end of Long Island Sound provides direct access to the major trans-Atlantic and coastal sea lanes.

LOCAL AREAS

Groton Monument/ Fort Griswold Battlefield State Park/ Ebenezer Avery House

Monument Street, Groton

The **Groton Monument**, built around 1830, is an obelisk 135 feet high, made of granite quarried nearby, which has a spiral stairway of 166 steps. The top gallery affords a magnificent view of the harbor and surrounding area. The museum and monument are open Memorial Day through Labor Day, daily 10 a.m. to 5 p.m. Telephone **445-1729**. Free admis-

sion. **Fort Griswold Battlefield State Park** is the remains of the Revolutionary War battle site which occurred September 8, 1781. The battle was a massacre of colonial defenders by British troops, under the direction of Benedict Arnold, who destroyed the site. Open year-round. The **Ebenezer Avery House** is the chimney house built by the naval ensign wounded at the Battle of Groton Heights. The house still features a well-equipped kitchen, weaving room, and period furnishings throughout.

National Submarine Memorial

Thames Street off Military Hwy. Groton

This is the conning tower memorial to the 52 submarines lost during World War II that are now "On Eternal Patrol." Every month, the flags of the boats lost during that month are flown from the tower. It is also the site of the **National Submarine Memorial Wall of Honor** that contains all the names of submariners who were lost at sea, which was dedicated on September 1, 1995.

United States Coast Guard Academy

Route 32, off exit 83 of I-95

There is a Visitors' Pavilion and Coast Guard Museum in addition to the training barque "Eagle," America's Tall Ship, which may be boarded when in port. There are also self-guided campus tours and periodic cadet parades. For more information on tours, call **444-8270**. The Coast Guard Academy Music Department also features band concerts throughout the year which are usually free and open to the public. Check the base newspaper, The Dolphin, for schedules. Local newspapers also carry releases on upcoming Coast Guard band events.



Nature's Art

1650 Route 85, Montville

An interactive Science, Nature and Shopping Experience. Visit our Mineral Room filled with specimens from around the world. Step back in time as you tour our Fossil Gallery complete with full-sized dinosaur skeletons. Our gift shop offers collectable Fenton glassware, exquisite jewelry, educational toys and crafts, unique sculptures, candles, gourmet foods and so much more! The Cobalt Café has delicious daily specials, baked goods and coffee. Mine for gems and crystals in Jackpot Mine, pan for "gold" at Thunder Creek, dig for fossils in the Bone Zone, or select and let us cut your very own geode! We also have educational programs and host birthday parties. Admission to Fossil Gallery & Activities. Open daily from 9:30-6:00 p.m. For more info call **443-GEMS**.

Garde Arts Center & Vangarde Gallery

329 State Street, New London

The Garde Arts Center is the region's performing arts center. The theater, the last remaining vaudeville/cinema house in the region, presents Broadway series, family theater series, dance and comedy series, children's participation series, a film series and nationally-acclaimed performing artists. The center is listed on the National Register of Historic Places. An added bonus for SUBASE personnel is that discount tickets for many events are often available at ITT in Dealey Center. Call the Garde for more information at **444-7373**.



Monte Cristo Cottage

325 Pequot Avenue, New London

Nobel Prize winning playwright Eugene O'Neill was a boy here. The cottage was named for the Count of Monte Cristo, a character O'Neill's actor-father made famous. This Registered National Landmark provided the settings for "Ah, Wilderness" and "Long Day's Journey into Night." The cottage features a multimedia presentation and memorabilia. Open Tuesday through Saturday, 10 a.m. to 5 p.m.; and Sunday 1 to 5 p.m. Admission fee. For more information call **443-0051**.

1833 Robert Mills U.S. Custom House

150 Bank Street, New London

This custom house was built by America's first federal architect, Robert Mills, for whom it is named. The front doors were made from planks from the frigate CONSTITUTION, and it houses exhibits featuring America's Cup artifacts from the 1870s, ship models, photographs and other historic items. National Register Landmark. Open year-round, tours done on an appointment basis. For more information call **447-2501**.

Ye Antientest Burial Grounds

Huntington Street, New London

Dating from 1652, it was from this point that Benedict Arnold watched the burning of New London in 1781. Here lies the grave of Captain Richard Lord, who died in 1652, which is the oldest dated tombstone in the state east of the Connecticut River. The grounds are part of historic downtown New London that includes Whale Oil Row, Union Station, and the New London County Courthouse. Open to the public.

John Winthrop Monument

Bulkeley Place, New London

John Winthrop was the founder of New London, who governed the colony from 1657 until his death in 1676. The statue is the work of Bela Lynn Pratt.

Shaw-Perkins Mansion

305 Bank Street, New London

Built in 1756. George Washington slept here and Lafayette was among the visitors to this mansion, which served as Connecticut's naval war office during the Revolutionary War. Displays include 18th and 19th century furnishings and decorative arts, changing exhibits. Open year-round; Wednesday through Friday 1 to 4 p.m. and Saturday 10 a.m. to 4 p.m. Telephone **443-1209** for more information.

Lyman Allyn Art Museum

625 Williams Street, Connecticut College Grounds, New London



This museum features American, European, and Oriental modern and ancient artifacts, including collections of Renaissance drawings from the 17th and 18th centuries and 20th century paintings. There is also a world-famous doll collections on display. Open year-round; closed Mondays and major holidays, open 10 a.m. to 5 p.m. Tuesday through Saturday, open 1 to 5 p.m. on Sunday. Donations accepted. For more information on hours and displays, call **443-2545**.

Also located on the grounds is the **Deshon-Allyn House**, built in 1829, which was the home of a whaling captain. The house, a National Historic Landmark, is built of local granite, and is very elaborate for the period. Much of the woodwork was taken from the designs of Asher Benjamin. It is furnished with federal and empire furnishings. Open for visitors during the same hours as the museum, tours arranged at the museum.

Connecticut College Arboretum

Williams Street, New London

The arboretum is 445 acres of hiking trails, ponds and native trees and shrub collections. Self-guided tour brochure available at main entrance. Open daily until dusk, no admission. For more info call **439-5020**.

Thames Science Center

Gallows Lane, New London

Moderate fee. This museum features permanent science displays, special exhibits, and an outdoor nature trail. The history of land, life, technology, people and the river basin of Eastern Connecticut. Permanent displays include "Time and the River: The Story of the Land and

People in the Thames River Basin." The center also features slide shows, a "touch tank," changing exhibits, nature trails and children's programs. Open year-round, Tuesday through Saturday, 10 a.m. to 6 p.m.; Sunday 1 to 5 p.m., and closed Monday. Telephone **442-0391**.

Ocean Beach Park

Ocean Avenue, New London

This recreation area offers ocean swimming, a freshwater pool, triple water slide, water sports equipment rentals, miniature golf, picnic areas, boardwalk, video arcade, food concessions, giftshops, and catering and meeting facilities. The park also features different cultural outdoor festivals and sports events during the open season. Admission and parking fees charged. Open from the Saturday before Memorial Day through Labor Day, 9 a.m. to 10 p.m. Telephone: **447-3031** or toll-free within Connecticut **1 800 962-0284**.

Nathan Hale Schoolhouse

Union Plaza, New London

This two-story structure, originally known as the Union School, was the place patriot Nathan Hale taught classes for 16 months prior to his volunteering for Army service in 1755. The schoolhouse is currently closed for construction, but is scheduled to reopen in about a year. Telephone **443-7949**.

Millstone Energy Center

278 Main Street, Niantic

Exhibits on the Millstone Nuclear Power Station, nuclear energy, and other energy sources. Features computer energy games and videos on nuclear energy and

plant operations. Free admission. Regular hours of operation are Monday through Friday 9 a.m. to 7 p.m. During the summer months, open as follows: Monday and Friday 9 a.m. to 7 p.m., Saturday 10 a.m. to 7 p.m., and Sunday noon to 7 p.m. Call **691-4670** for information.

Children's Museum of Southeastern Connecticut

409 Main Street, Niantic

This museum features hands-on interactive displays for children ages 1 to 12. Exhibits cover the arts, science, history and culture, and health and safety. Admission fee. Call **691-1111** for hours and other information.

Rocky Neck State Park

Route 156, Niantic

This park features a mile-long crescent beach, camping, hiking, fishing, scuba diving, picnicking, bathhouses, a boardwalk and concession stands. Open daily from 8 a.m. to sunset, parking fee charged during summer months. Telephone **739-5471** for more information.

Thomas Lee House and the Little Boston School

Route 156, Niantic

These two attractions, built in 1660 and 1734, respectively, are maintained by the East Lyme Historical Society. The Lee House is the oldest frame house in Connecticut. It has a second floor hide-away around the chimney, once reserved for escaping slaves. The school was the first district school between New York and Boston. The site also features an English

herb garden. Donations accepted. Open the end of June through Labor Day, Tuesday through Sunday 1 to 4 p.m., and some weekends in the off-season. Call for more information **739-6070**.

The Old Gales Ferry Schoolhouse

Hurlbutt Road, Gales Ferry

Home of an artisans' cooperative between Easter and Halloween, this 1868 one-room schoolhouse features an unusual domed ceiling and curved blackboard behind the teacher's desk, considered rare by historical experts. The artisans' cooperative features craft displays during the open season, topped off with a Christmas showing held the first week of December. Open Tuesday through Saturday 10 a.m. to 4 p.m., free admission.

Stonington Harbor Lighthouse and the Old Lighthouse Museum

Built in 1840, 7 Water Street, Stonington

This picturesque stone lighthouse was the first government lighthouse in Connecticut and is now one of New England's most fascinating small regional museums, displaying 19th-century portraits, whaling and fishing gear, uniforms, early toys, pottery, swords, cannonballs, articles from Orient trade, decoys and other interesting relics of the past 300 years in Stonington's history. Admission fee. Open May through October, Tuesday through Sunday 10 a.m. through 5 p.m.; in July and August it is open Monday, too; also open by appointment. Telephone **535-1440**.

Denison Pequotsepos Nature Center

Pequotsepos Road, Stonington

Walking trails, bird displays and other exhibits. Open year-round, Monday through Saturday 9 a.m. to 5 p.m.; Sunday noon to 5 p.m. Telephone **536-1216**.

Norwich Navigators Minor League Baseball

Dodd Stadium, off Route 395, Norwich

Minor League baseball came to the area in 1995 when the Norwich Navigators, an AA League team of the New York Yankees, moved to Norwich. Discount tickets to home games are available at ITT.

Mashantucket Pequot Museum & Research Center

Route 2, Mashantucket, Connecticut

Rising high above the museum stands an observation tower where visitors can see the landscape of the Reservation. Inside, take a historical journey into the heart and culture of the Mashantucket Pequots. Open daily from 10 a.m. to 7 p.m. (Last admission at 6 p.m.) Call **1 800 411-9671** for more information.

Mohegan Park Zoo and Memorial Rose Garden

Judd Road, Norwich

Zoo features birds, monkeys, and a petting zoo with domestic animals. Park also features swimming, picnic area and other recreational facilities. The Memorial Rose Garden is dedicated to all veterans of foreign wars. Gardens are in bloom June through October, with roses the main feature during late June and early July. Open daily from 9 a.m. to sundown.

The Leffingwell Inn

348 Washington Street, Norwich

Built in 1675, this famous inn was the home of the early industrialist and ardent patriot, Christopher Leffingwell, and the scene of many Revolutionary War conferences. Colonial New England reflected with calm and simplicity. Admission fee. Open seasonally, but call **889-9440** for hours.

Slater Memorial Museum and Converse Art Gallery

108 Crescent Street, Norwich

This museum features permanent displays of Greek, Roman and Renaissance art; American furniture and art from the 17th to the 20th centuries; Native American artifacts; Vanderoel collection of Oriental art; and European and African art and textiles. Open from September to June Monday through Friday 9 a.m. to 4 p.m., Saturday and Sunday 1 to 4 p.m. In July and August, it is open Tuesday to Sunday from 1 to 4 p.m. Telephone **887-2506**.





Mystic Seaport

Route 27, Mystic (exit 90 off I-95)

Founded in 1929, Mystic Seaport is our nation's leading maritime museum, housing the largest collection of boats (nearly 500) and nautical photography (over one million images) in the world. Renowned for its 19th-century coastal New England village of authentic trade shops and homes, the museum offers three tall ships and numerous small boats, including four National Historic Landmarks, and the world's last surviving wooden whaleship *Charles W. Morgan*. Don't miss *Voyages: Stories of America and the Sea*, the country's first exhibit to offer a perspective of the sea's profound role in defining our national identity. Mystic Seaport also offers a preservation shipyard, special spaces just for kids, demonstrations of historic crafts, seasonal boat rides, planetarium shows, salty sing alongs and plenty of opportunities for shopping, dining and relaxing. Open daily, year-round. Call **888-9SEAPORT** for more information.

Mystic Aquarium & Institute for Exploration

55 Coogan Boulevard, Mystic (Exit 90 off I-95)

Always a terrific place to get to see marine creatures up close, Mystic Aquarium & Institute for Exploration now can bring you within an arm's length.

The new "Lions of the Sea" show in the 1,000-seat Marine Theater is an opportunity for you to see a new kind of show in which these highly intelligent animals and humans interact.

The stars are three California sea lions: Coco, Surfer and Tabor. A scientifically based show, the sea lions show off their prowess as deep-sea divers trained to retrieve sunken objects and carry cameras that record the activities of underwater creatures.

Over the summer, a beluga contact program began which allows visitors to pull on waterproof gear and wade into the shallow waters of the 800,000 gallon, 1-acre Alaskan Coast exhibit. There they can touch and learn about beluga whales, Naku, Kela and Inuk.

These 90-minute programs are offered throughout the week through November, as long as weather permits. The program resumes in early spring when temperatures allow.

The beluga program is one of only two offered in the United States. Mystic Aquarium also offers an "encounter" allowing visitors to get up close to harbor seals, northern fur seals and African penguins. For reservations call **860-572-5955** ext. 520.

The exhibit "Noah's Flood & Ancient Shipwrecks" opens in September. It is part of the Institute for Exploration's (IFE)

efforts to showcase learning and artifacts from expeditions by Dr. Robert Ballard, discoverer of the *Titanic*, and his team. The exhibit will focus on findings from IFE's search for possible evidence of Noah's Flood in the Black Sea, and its expedition to Ashkelon, with a display of a Phoenician wreck.

The waterfront Café is a good place to break for lunch, with a gift shop next door.

Open 9:00 a.m. to 7:00 p.m. July to Labor Day. 9:00 a.m. to 6:00 p.m. September to June. Dec. to Feb. hours may vary. Note our admission doors close one hour prior to Aquarium closing. Closed Thanksgiving, Christmas and New Year's Day. Admission \$16 adult, \$11 children (3-12), 2 and under free.

Shore Line Trolley Museum

17 River Street, East Haven

This registered National Historic Site offers the enjoyment of a scenic three-mile round trip on a vintage trolley and a guided tour through display buildings and restoration shop. The classic trolley collection includes the world's first electric freight locomotive, the world's oldest rapid transit car, and a rare parlor car. There are also hands-on exhibits and audio-visual displays designed to entertain while they teach about the trolley era. Trolleys run every half-hour.

Admission fees. Open daily, Memorial Day through Labor Day 10:30 a.m. to 4:30 (last trolley ride). Santa Days are held on weekends during December. Other hours change with seasons, so call (203) 467-6927 for more information.

The Barnum Museum

820 Main Street, Bridgeport

This museum is dedicated to the life and times of P.T. Barnum and his discoveries of General Tom Thumb, Jenny Lind and the "Greatest Show on Earth." A special wing of the museum features



exhibits that change during the year. Call for hours and admission fees, (203) 331-1104 or (203) 331-9881.

Valley Railroad

Railroad Avenue, Essex

This steam train carries passengers on a 12-mile journey from Essex to Chester, with an optional riverboat connection in Deep River. See the sites along the Connecticut River, including Gillette Castle and the Goodspeed Opera House. There is also a railroad yard with exhibits of antique cars and locomotives, a rail museum, and a small display of steam train accessories. Special excursions include Santa and his elves in December, murder mystery train rides, ghost trains, and others. Open May through October, with varying hours throughout the rest of the year. Call for schedule and fees, (203) 767-0103.

Gillette Castle State Park

67 River Road, off Route 82, Hadlyme

This fieldstone mansion was built in 1919 as the private home of actor William Gillette, who made his mark portraying Sherlock Holmes on the American stage. The interior furnishings feature unique hand-carved fixtures created by Gillette himself. The picnic area has a view of the Connecticut River and is a good spot for hiking and viewing fall foliage. Admission fee to castle. Castle open daily from Memorial Day through Columbus Day 11 a.m. to 5 p.m.; open weekends only from Columbus Day through the weekend before Christmas 10 a.m. to 4 p.m.

The park and grounds are open daily 8 a.m. to sunset. For more information call (203) 526-2336.

New England Air Museum

Route 75, Bradley International Airport, Windsor Locks

Display of 75 aircraft features commercial bombers, fighters, helicopters, and gliders dating from 1909 through the present. Features include a cockpit simulator and flight demonstrator, aviation films, and special exhibits. Admission fee. Open daily from 10 a.m. to 5 p.m. Telephone (860) 623-3305.

Military Historians Headquarters Museum

North Main Street, Westbrook

This museum features the largest collection of American military uniforms in the country. Also on display are unit crest insignia and restored military vehicles. There is also a research library. Free admission; open Tuesday through Friday 8:30 a.m. to 4 p.m., other times by appointment.



Helpful Websites

Bureau of Naval Personnel (BUPERS)

<http://www.bupers.navy.mil/>

Commander in Chief, U.S. Atlantic Fleet (CINCLANTFLT)

<http://www.atlanticfleet.navy.mil/>

Commander Naval Submarine Forces (COMNAVSUBFOR) and Commander, Submarine Force, U.S. Atlantic Fleet (COMSUBLANT)

<http://www.sublant.navy.mil/>

Department of Defense/Defense Link

<http://www.defenselink.mil/>

First Gov

<http://www.firstgov.gov/>

GI Bill Express

<http://www.gibillexpress.com/>

Life Line

<http://www.lifelines4qol.org/>

Military Assistance Program

<http://dticaw.dtic.mil/mapsite/>

Military Family Resource Center

<http://mfrc.calib.com/>

Military Information Site

<http://www.militaryinfo.com/>

Military Moving Information

<http://www.militaryacclimate.com>

Military Resume Writer

<http://www.vets-atb.org/>

Military Teens on the Move

<http://dticaw.dtic.mil/mtom/>

Navy College Program

<http://www.navycollege.navy.mil/>

Navy Federal Credit Union

<http://www.navyfcu.org>

Navy Jobs

<http://www.navyjobs.com/>

Navy Personnel Locator

<http://www.surfpac.navy.mil/locate.htm>

Office of Personnel Management

<http://opm.gov>

Standard Installation Topic Exchange Service (SITES)

<http://www.dmdc.osd.mil/sites/>

United States Navy Home Page

<http://www.navy.mil/>

U.S. Strategic Command (USSTRATCOM)

<http://www.stratcom.af.mil/>

Navy Office of Information

<http://www.chinfo.navy.mil/>

VA Home Guarantee Loans

<http://www.homeloans.va.gov/>

Around SUBASE New London

State of Connecticut Website

<http://www.state.ct.us/>

Connecticut Department of Motor Vehicles

<http://dmvct.org/>

Groton

<http://www.town.groton.ct.us/>

Ledyard

<http://www.town.ledyard.ct.us/>

Montville

<http://www.munic.state.ct.us/MONTVILLE/montville.htm>

Mystic

<http://www.mystic.ct.us/>

New London

<http://www.ci.new-london.ct.us/>

Norwich

<http://www.norwichct.org/>

Stonington

<http://www.munic.state.ct.us/STONINGTON/stonington.htm>

Waterford

<http://www.waterfordct.org>

On SUBASE New London

Commander, Navy Region Northeast

<http://www.cnrne.navy.mil>

Commander, Submarine Group Two

<http://www.csg2.navy.mil>

Checking in

<http://www.subasenlon.navy.mil/alist/checkin.htm>

Civilian Employment

<http://www.subasenlon.navy.mil/alist/civemp.htm>

Family/Support Services

<http://www.subasenlon.navy.mil/alist/famsup.htm>

Groton Area Chief Petty Officer Association

<http://www.grotoncpoa.org>

Medical/Dental

<http://www.subasenlon.navy.mil/alist/med.htm>

MWR

<http://mwr.subasenlon.navy.mil/>

Navy Housing

<http://www.subasenlon.navy.mil/alist/house.htm>

Naval Submarine School

<http://www.cnet.navy.mil/newlondon/nss.htm>

Naval Submarine Support Facility

<http://www.nssfnl.navy.mil>

Navy/Marine Corps Relief Society (NMCRS)

<http://www.subasenlon.navy.mil/alist/navmar.htm>

Personal Property

<http://www.subasenlon.navy.mil/alist/psd.htm>

PSD New London

<http://www.psalant.navy.mil/plodon.htm>

Religious Services

<http://www.subasenlon.navy.mil/alist/relig.htm>

TRICARE Northeast - Region 1

<http://www.sierramilitary.com/>

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Pharmacy.....694-2365
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694-4968

AFTER HOURS INFO
694-4123



Military beneficiaries who are Medicare eligible will be seen on a space available basis

NAVAL SUBMARINE BASE • GROTON, CT 06349

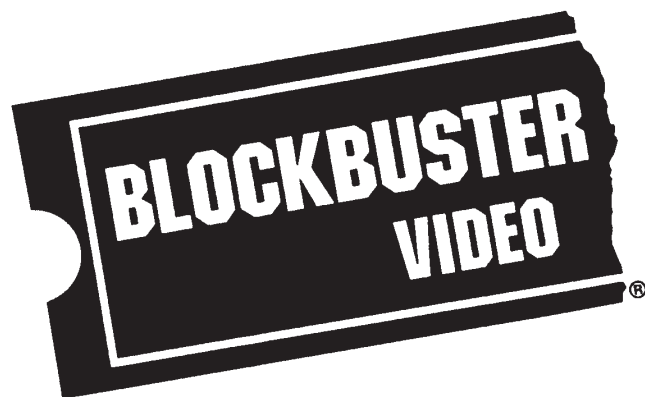
NAVAL SUBMARINE BASE COMMUNITY AND STREET MAP



STREET INDEX

1ST AV.	23	CHESTER ST.	44.5A	GRANADA TER.	4-7F	MITCHELL ST.	4-7F
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3RD ST.	23	CLINTON ST.	44.5A	GRAND ST.	4-7F	MURPHY ST.	4-7F
4TH ST.	23	CLINTON ST.	44.5A	GREEN ST.	4-7F	NORWOOD ST.	4-7F
5TH ST.	23	CLINTON ST.	44.5A	GREENS ALLEY	4-7F	ORANGE ST.	4-7F
6TH ST.	23	CLINTON ST.	44.5A	GREENWAY RD.	4-7F	PARK ST.	4-7F
7TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PERKINS ST.	4-7F
8TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PHILLIPS ST.	4-7F
9TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
10TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
11TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
12TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
13TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
14TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
15TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
16TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
17TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
18TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
19TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
20TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
21ST ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
22ND ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
23RD ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
24TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
25TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
26TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
27TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
28TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
29TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
30TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
31ST ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
32ND ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
33RD ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
34TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
35TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
36TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
37TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
38TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
39TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
40TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
41ST ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
42ND ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
43RD ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
44TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
45TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
46TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
47TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
48TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
49TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
50TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
51ST ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
52ND ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
53RD ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
54TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
55TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
56TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
57TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
58TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
59TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
60TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
61ST ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
62ND ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
63RD ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
64TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
65TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
66TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
67TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
68TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
69TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
70TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
71ST ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
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74TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
75TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
76TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
77TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
78TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
79TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
80TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
81ST ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
82ND ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
83RD ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
84TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
85TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
86TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
87TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
88TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
89TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
90TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
91ST ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
92ND ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
93RD ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
94TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
95TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
96TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
97TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
98TH ST.	23	CLINTON ST.	44.5A	GRISWOLD CT.	4-7F	PLANT ST.	4-7F
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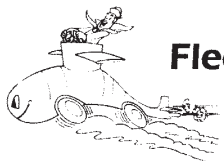
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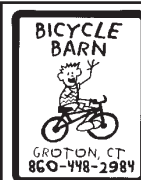
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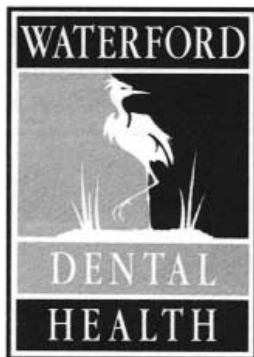
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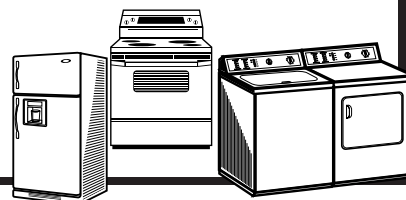
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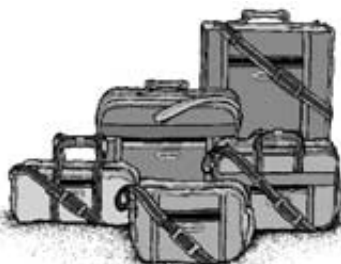
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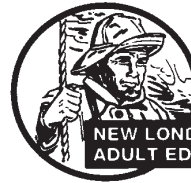
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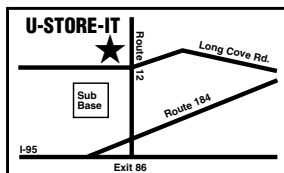
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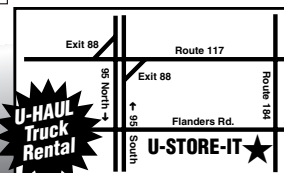
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RED ALERT-A warbling tone on **SUBASE** whistle for a 3 minute duration. This will indicate attack is imminent and personnel will seek immediate shelter. **DO NOT** try to go to designated shelter area unless they are very close. Find the best shelter available and use it.

RADCON ALERT-A series of 9 short blasts 3 times in succession will be sounded on the **SUBASE** whistle. This indicates a Radiological emergency or drill in progress. Take cover in the nearest building or shelter.

GENERAL SECURITY ALERT-A series of 2 three-second blasts on the **SUBASE** whistle every five seconds for three minutes will be sounded. Follow instructions announced over **SUBASE PA** system.

ALL CLEAR SIGNAL-3 short blasts on **SUBASE** whistle of 3 minute duration. Verbal instructions will be passed when warranted.

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A. COMMAND CONTROL

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B. UNOFFICIAL/PERSONAL CALLS

Are defined as those made or received primarily for the benefit of the individual concerned rather than for the benefit of the Government. The following policy is established with reference to unofficial calls:

1. Unofficial or personal local calls to surrounding areas MAY NOT be made from an official telephone, unless it meets the criteria of SECNAVINST 2305.11. Pay stations are provided throughout the area for all other unofficial calls. (SECNAVINST 2305.11 Refers).
2. Incoming unofficial calls to official telephones should be discouraged since they tie up official trunk lines which are urgently needed for official government traffic,

C. SECURITY

1. The discussion of classified material over the telephone is prohibited.
2. Operators are not authorized to divulge operational information regarding probable schedules, movements, arrivals, or departures of any unit of Forces Afloat. For official ship arrival information dial extension 4616.

D. MONITORING

1. DOD telephone communications systems are provided for the transmission of official Government information only and are subject to communications security monitoring at all times. Subparagraph 5c of SECNAVINST 2305.10 requires that all users of DOD telephone systems be specifically advised.

USE OF OFFICIAL DOD TELEPHONE SYSTEMS CONSTITUTES CONSENT TO MONITORING.

SECTION II - LONG DISTANCE CALLS

A. OFFICIAL LONG DISTANCE CALLS

1. The Secretary of Defense has directed that stringent administrative action be taken to reduce the current requirements for telephone services, that commands initiate procedures necessary to restrict the use of electrical communications systems, and provide for a post-transmittal review of long distance calls as a command rather than a communication function. Pursuant to these directives, the use of telephone service for long distance calling will be restricted to matters of such urgency that no other means of communications will suffice. Long distance calls will not be authorized when use of letter or the Navy's message system may be SUBSTITUTED in lieu thereof.

2. A period of indoctrination of newly assigned personnel is recommended in the proper use of telephones prior to placing long distance tele-

phone calls. All long distance calls placed on DSN or WATS will be placed station to station and should bear the scrutiny of a commercial toll call.

B. LONG DISTANCE SYSTEMS

1. DSN - USE DSN ON ALL CALLS TO DOD ACTIVITIES. LONG DISTANCE CALLS WILL BE LOGGED IN ACCORDANCE WITH COMSUB-LANTINST 5400.4.

a. General. DSN is the principal long-haul voice communications network within the Defense Communications Systems. DSN provides non-secure direct distance dialing service worldwide through a system of Government owned and leased automatic switching facilities. The purpose of DSN is to handle essential command and control, operations, intelligence, logistic, diplomatic, and administrative traffic.

b. Use of DSN: (Refer to OPNAVINST 2305.13)

1. Will be authorized for only official communication.
2. Will be restricted to:
 - a. Only those calls that are essential requiring a timeliness that cannot be obtained by other means and would stand the scrutiny afforded a commercial toll call.
 - b. The minimum time required to accomplish the official business and will not normally exceed five minutes.
 - c. The use of graphic, facsimile, or non-secured voice-data devices only when approved by the Chiefs of the Military Services and heads of DOD agencies or activities. Voice-data facsimile and graphic service in DSN will normally not exceed a continuous transmission time of 15 minutes nor a total transmission time of one hour during normal business hours.
3. Will not be authorized for:

- a. Direct or indirectly used by a non-appropriated fund activity (clubs, exchanges, and other unofficial activities) provided telephone service at post, camp, station, or base level except when approved by the Joint Chiefs of Staff.
- b. Calls within an installation, metropolitan area, or those confined geographical areas where existing Government provided local telephone service is adequate.
- c. Unofficial/personal calls.
- d. Off-net extension of calls into the commercial system at a distance PBX/PABX, except where such extension has been previously approved by the local authorities controlling the switchboard.

C. DSN User Assistance. Consult the DSN directory or dial "O". for up-to-date information.

D. DSN User Trouble Assistance. When trouble is encountered by users while utilizing DSN, the following procedures should be taken:

1. Retain the circuit connection and report the trouble immediately to the local operator via another telephone.
2. Give the details of the DSN troubles as follows:
 - a. Your extension number and location.
 - b. The DSN number and location of the called party.
 - c. Brief description of trouble and the time it occurred. Items requiring repair (such as frayed cords and broken telephone parts) are not DSN troubles and should be reported to the telephone Supervisor at extension 3831.
- E. FTS 2000 (Conus Wide). Government leased long-distance lines are
- F. Commercial. Toll Calls are billed by the telephone company at the PREVAILING rate on a monthly basis.

SECTION III - AFLOAT PHONES

- A. Afloat phones are installed for official government business only. Telephones installed onboard ship are governed by the same directives applicable to all other official telephones served by the telephone system. Commanding Officers are responsible for instituting positive control of all telephones installed on their ships to prevent use of such phones for unofficial purposes.

SECTION IV - REQUEST FOR TELEPHONE SERVICE

- A. All requests for telephone service shall be submitted via an authorized official of the activity using Exhibit 1A. Sufficient notice is required by the telephone company to schedule the work and to order necessary material and equipment. Therefore, requests should be submitted as far in advance as possible of the date the service is desired. The following timetable is provided as a guide:
 1. One to five telephones involved - approximately 14 workdays
 2. Six to ten telephones involved - approximately 20 workdays Major changes/improvements to user's existing telephone system must be approved by the Commanding Officer, Naval Submarine Base New London.
- B. Programming changes, i.e., change phone number, class of service, call pickup, hunting, etc., are performed by the Telephone Communications Office (Building 77).
- C. Changes other than those requested on the form cannot be made without the approval of the Commanding Officer, Naval Submarine Base New London. The telephone company's installer is not authorized to make changes to any order.
- D. Special equipment (i.e. speaker phones, key-sets, etc.) may be requested on a telephone request, but it must include justification and/or funding.

SECTION V - TELEPHONE OWNERSHIP

- A. Reporting Trouble with a Telephone
During normal working hours (Monday thru Friday 0730 - 1600) call the Telephone Manager at extension 3831 or 3832 and provide the following information:
 1. Number of telephone in trouble
 2. Building, Room and Deck
 3. Nature of trouble
 4. Point of contact for telephone number in trouble
 5. After hours, weekends and holidays call the Communications Watch Officer at ext. 3619 or 3864 and provide the above listed information.

SECTION VI - DIALING PROCEDURES

- A. Always Listen for Dial Tone Before Dialing a Number
 1. Dial "0" for Operator Assistance and information numbers not listed.
 2. *Dial "8" for DSN network plus 7 digit number
 3. *Dial "9" for off-base calls (CONUS) wide. Dial "9" and 7 digits for local Connecticut. Dial 9 - 1 - Area Code and seven digits for CT toll. Dial 9 - 1 area code and seven digits for CONUS wide access.

NOTE: Facilities are maintained within the Department of Defense for the most economical and efficient placing of long-distance calls. To keep cost at a minimum, military departments must ensure that only official calls of short duration be made over Department of Defense facilities.

- B. Conference Calls.
The SUBASE NLON switch board is equipped to provide conference service between five SUBASE NLON extensions. To obtain this service, call the SUBASE NLON Operator and provide the following: date, time, names and numbers to be included in the conference.
- C. Personal Calls.
Switchboard operators will not place personal credit card calls, collect or bill-to-third-party calls. Request to operators for DOD access by non-DOD programmed telephone users will be queried as to the calls official nature. Navy telephones will be used for official calls only. Public telephones have been installed throughout SUBASE NLON for personnel convenience. Unauthorized, fraudulent and/or misuse of the telephones will result in disciplinary action.

D. DOD Official Telephone Credit Card Users

1. Telephone credit cards are intended for official use when the authorized credit card holder is away from their permanent duty station and has a requirement to place an official call.
2. Credit cards will not be used by DOD officials to make calls from their permanent duty station.

E. Standard Features

1. Automatic Callback.
Tired of dialing a busy extension over and over?

Automatic callback allows you to be called back when a busy extension becomes free. To activate dial "**5" at the busy signal and hang up. The system will call you back when the busy phone becomes free.

2. Three-way Conversation

Have you ever wanted to add a third party to an existing call? To add a third party depress switchhook, listen for recall dial tone (three short tones followed by dial tone), dial third party, party answers, depress switchhook again, and start talking.

3. Transfer

Ever need to transfer an incoming call to another phone? To Transfer a call: depress switchhook, listen for recall, dial tone (three short tones followed by dial tone), dial third party, and hang up after you hear the extension ring. If you stay on the line until after the third party answers, the call will be transferred when you hang up your phone.

NOTE: AFTER EVERY PROGRAMMING, LISTEN FOR THE SHORT TONES. THIS MEANS THE SYSTEM HAS ACCEPTED IT.

SECTION VII - TELEPHONE DIRECTORIES

- A. Telephone directories are provided as an aid to good telephone service and are the property of the U.S. Government. Directories are classified as "FOR OFFICIAL USE ONLY" and are limited in number. Removal of directories from the naval complex is not authorized.
- B. Changes to this directory shall be submitted **AS THEY OCCUR** to Communications Officer, Box 200, Bldg. 138, Naval Submarine Base New London, Groton, CT 06349-5000.

SECTION VIII - SERVICE DURING AN EMERGENCY

- A. Use of Telephones.
DO NOT USE YOUR TELEPHONE DURING A GENERAL EMERGENCY OR A CONDITION OF DISASTER, EXCEPT FOR EMERGENCY OFFICIAL CALLS. Do not call the Base Operator for information concerning the conditions of the emergency as this information will not be furnished.

SECTION IX - PAY STATION SERVICE

- A. All requests shall be directed to the Navy Exchange Officer, Box 21.

BASE COMMUNICATIONS OFFICE WORK REQUEST FORM

REQUEST FOR TELEPHONE SERVICE OR CHANGE OF SERVICE (REV 7-99) 6085		
Command or Activity/UIC:	Requesting Department:	Date:
TO: BASE COMMUNICATIONS OFFICE, BOX 17, BUILDING 77		
Point of Contact for Further Details:	POC Phone:	Building Number:
1. Description of Work Requested:		
2. Desired Completion Date:		
3. Justification:		
4. I certify this requirement is necessary to perform government business and is not merely a personal convenience.	Authorized by (signature):	
5. Sufficient funds are available under job order number:	Activity Cognizant Fiscal Officer: (Signature)	
(FOR BASE COMMUNICATIONS OFFICE USE ONLY)		
Date Received:	Command Authorization Authority Verified:	Disposition:
<div style="text-align: center; font-weight: bold; margin-bottom: 10px;">Approved / Disapproved</div> REASON:		
CSA Number Assigned:	Date:	Telephone Contracting Officer: (Signature)
Remarks:		

**BASE COMMUNICATIONS OFFICE
WORK REQUEST FORM
FORM COMPLETION INSTRUCTIONS**

Complete forms can be sent to:

Mailing Address: Commanding Officer, US Naval Submarine Base
Box 17, Base Communications Office
Groton, CT 06349-5000

Guard Mail: Telecommunications Office
Box 17

Fax: 860-694-5199

Block Completion instructions:

1. Description of Work Requested: Describe in detail the requested work.
2. Desired Completion Date: Provide a date when request needs to be completed.
3. Priority: Assign a priority to the work request based on the following criteria.

Priority 1: Priority 1 service requests consist of outages associated with alarm circuits and telephone service for fire, medical, security, and critical data circuits and cut cables affecting those areas.

Priority 2: Priority 2 service requests consist of outages/troubles associated with telephone service not identified under Priority 1. These faults include noisy lines, ti and ring faults, and hardware problems.

Priority 3: Priority 3 service requests include new installations, moves, deletions, programming changes, and directory changes.

4. Justification: Provide justification for work to be performed.

Note: This is required by the major command/activity and audit agencies.

AFLOAT COMMANDS

COMSUBGRU TWO

COMMANDER SUB GROUP TWO	3341
CHIEF OF STAFF	3341
COMMAND MASTER CHIEF	4857
ADMIN OFFICER	2219
AWARDS	2218
CAREER COUNSELOR/NORTHEAST REGION	3395
CHAPLAIN	5730/5731
CHIEF MASTER AT ARMS	3961
COMMUNICATIONS OFFICER	3673
COMMUNICATIONS ASSISTANT	2224
ENGINEERING/READINESS	3205/2888
FLAG LIEUTENANT	3341
FLAG SECRETARY	3341
INTEL OFFICER	2327/4833
MAIL ROOM/FAX	3753
MATERIAL ROOM	3213
MEDICAL OFFICER	3988
MEDICAL DEPARTMENT	3988
METOC	2899
OPERATIONS	4623
PERSONNEL (ACOS)	4908
PERSONNEL OFFICER	2215
PUBLIC AFFAIRS OFFICER	3148
PUBLIC AFFAIRS ASST.	4779
STAFF JUDGE ADVOCATE	4632
SUPPLY OFFICER	2262
SUPPLY DEPARTMENT REP	3960
TRANSIENT DIVISION	3961
WEAPONS OFFICER	2889

SUBMARINE ON BOARD TRAINING (SOBT)

SOBT ADMINISTRATION	3485/5502
SOBT COMBAT CONTROL SYSTEMS	5509
SOBT COMPUTER/GRAPHICS	5510
SOBT COORDINATOR	3241
SOBT DIRECTOR	3737
SOBT ENGINEERING/AUX SYSTEMS	5506
SOBT HM&E/SAFETY	5513
SOBT NAVIGATION/ESM	5507
SOBT OPS/COMS	5514
SOBT PROJECT MANAGER	2898
SOBT SONAR SYSTEMS	5508
SOBT STRATEGIC WEAPONS SYSTEMS	2895
SOBT TORPEDO SYSTEMS	5505
SOBT VIDEO/GENERAL TRAINING	2893
SOBT WARDROOM/CRUISE MISSILES	3225

COMSUBRON TWO

COMMODORE	3773
COMMAND MASTER CHIEF	3221
COMMODORE'S WRITER	3605
DEPUTY TRAINING	3604
DEPUTY READINESS	5460
SQUADRON SECRETARY	3605
OPERATIONS OFFICER	3706
MATERIAL OFFICER	5165
MATERIAL ASSISTANT	5108
NUCLEAR SYS TECH	5148
COMBAT SYS OFFICER	5794
COMBAT SYS TECH	3688
COMMUNICATOR	2597
UNCLAS FAX	5705

COMSUBRON FOUR

COMMODORE	3830
COMMODORE WRITER	3229
CMC	2800
ADMIN SUPV	3769
COMBAT SYS TECH	3181
COMMUNICATOR	2599
DEPUTY READINESS	2755
DEPUTY TRAINING	3240
ENGINEER	4194
MATERIAL ASST	4193
NUCLEAR SYS TECH	4186
OPS/COMBAT SYS OFF	2869
OPS/TACT TRNG ASST	2869

COMSUBDEVRON TWELVE

COMMODORE	3166
CHIEF OF STAFF	2731
CMC	2754
ADMIN SUPERVISOR	2753
ADMIN ASST	4797
ASST DIR TACDEV	3149
COMBAT SYS (FT)	3144
COMBAT SYS (ST)	4008
COMMODORE'S WRITER	2016
COMMUNICATOR	2733
DEPUTY READINESS	2077
DEPUTY TRAINING	2732
ENGINEER	2749
MAILROOM	3516
MATERIAL ASST	2756/3165
OPS/COMBAT SYS OFF	2758
QUARTERDECK	3459
SENSOR/ASW	3169
SOF COORD OPS	2793

COMSUBRON SUPP NEW LONDON

COMMANDING OFFICER	5103
CMC	4245
ADMIN OFFICER	4266
ADMIN LCPO	4290
ADMIN LPO	2595
CAREER COUNSELOR	4748/3698
CDO	3606
CHAPLAIN	4132/4845
CMAA	4548/2516/4155
COMBAT SYS OFF	3686
COMMUNICATOR	3754
COMMS SUPV	4866
COMMS ASST/ADP ASST	3839/3852
DIESEL INSP/AUX	2852/4307
EMO SONAR OFFICER	2750
ENGRAVING	4619
ENGINEERING	4182/5183/3062/5184
FSC SUPERVISOR	5185
LEGAL	4065/4177
MAILROOM	2595
MANNING MONITOR	2594
MATERIAL OFFICER	3774
MATERIAL (ASSISTANT MAT OFFICER)	4199
MATERIAL/QA (ASSISTANT)	5184
MATERIAL ASST EMO	3054
MEDICAL OFFICER	2473/2783
MESS MANMT SPEC	4079/4078
NUC SYST/QA ASST	5802/3862
NUC SYS TECH	4240/3862
OPERATIONS ASSISTANT	4671/2596/4671
OPERATIONS OFFICER	4044
OPERATIONS (ASST OPS OFFICER)	4021
OPERATIONS SUPERVISOR	4014/2596
PMT AUX LDR/MACHINERY LDR	2258
PMT DATA PRO TECH/ADMIN	2257/2266
PMT ELECTRICAL/WEAPONS LDR	2266/2257
PMT OIC	2243/2246
SEA/PMT UPKEEP (ASST)	2246/2266
SECURE FAX	4197
SONAR ASST	4789
STAFF MATERIAL/QA	4084/3402
STAFF TYPIST	2593
STOREKEEPER	4076/3132/3446
SUB MED TECH	3505/3657
SUPPLY OFF	2789/4081
TAD COORD	2593
UNCLAS ADMIN FAX	3910
UNCLAS ENG FAX	2674
WEAPONS ASST	5186
WEAPONS OFFICER	3686

SUBMARINE NR-1

(COMSUBRON TWO)

OFFICER IN CHARGE	4161
EXECUTIVE OFFICER	4162
ENGINEER	4164
NR-1	3105
OP/ENG	4171
SUPPLY	4169

-PRE COMMISSIONING UNITS-

PCU JIMMY CARTER (SSN 23)	433-7192/93/97
PCU VIRGINIA (SSN774)	433-2121/2123

- HOMEPORTRD SUBMARINES -

SUBMARINE NR-1

(COMSUBRON TWO)

OFFICER IN CHARGE	4161
EXECUTIVE OFFICER	4162
ADMIN	4166
ENGINEER	4164
NR-1	3 105
CREW	4171
OPERATIONS	4171
COMMUNICATIONS	2991
MEDICAL	5407
SUPPLY	4169
UNCLAS FAX	4166

USS ALBUQUERQUE (SSN 706)

(COMSUBRON TWO)

COMMANDING OFFICER	3690
CONTROL ROOM	3713
WARDROOM	3708

USS ALEXANDRIA (SSN 757)

(COMSUBDEVRON 12)

COMMANDING OFFICER	4343
CONTROL ROOM	3775
WARDROOM	3907

USS ANNAPOLIS (SSN 760)

(COMSUBRON FOUR)

COMMANDING OFFICER	3175
CONTROL ROOM	3550
WARDROOM	3549

USS AUGUSTA (SSN 710)

(COMSUBDEVRON TWELVE)

COMMANDING OFFICER	3489
CONTROL ROOM	3487
WARDROOM	3488

USS CONNECTICUT (SSN 22)

(COMSUBRON FOUR)

COMMANDING OFFICER	5822
CONTROL ROOM	5735
WARDROOM	5736
UNCLAS FAX	5367

USS DALLAS (SSN 700)

(COMSUBRON TWO)

COMMANDING OFFICER	5565
CONTROL ROOM	5563
WARDROOM	5564

USS HARTFORD (SSN 768)

(COMSUBRON FOUR)

COMMANDING OFFICER	2162
CONTROL ROOM	2160
WARDROOM	2161

USS MEMPHIS (SSN 691)

(COMSUBDEVRON TWELVE)

COMMANDING OFFICER	4645
CONTROL ROOM	4628
WARDROOM	4644

USS PHILADELPHIA (SSN 690)

(COMSUBDEVRON TWELVE)

COMMANDING OFFICER	3124
CONTROL ROOM	3121
WARDROOM	3123

USS PITTSBURGH (SSN 720)

(COMSUBRON TWO)

COMMANDING OFFICER	3630
CONTROL ROOM	3618
WARDROOM	3614

USS PROVIDENCE (SSN 719)

(COMSUBRON FOUR)

COMMANDING OFFICER	2119
CONTROL ROOM	2117
WARDROOM	2118

USS SAN JUAN (SSN 751) (COMSUBDEVRON TWELVE)	
COMMANDING OFFICER	4609
CONTROL ROOM	3441
WARDROOM	4250

USS SEAWOLF (SSN 21) (COMSUBDEVRON TWELVE)	
COMMANDING OFFICER	5400
CONTROL ROOM	4349
WARDROOM	5437

USS SPRINGFIELD (SSN 761) (COMSUBRON TWO)	
COMMANDING OFFICER	3170
CONTROL ROOM	3897
WARDROOM	3898

USS TOLEDO (SSN 769) (COMSUBRON TWO)	
COMMANDING OFFICER	5252
CONTROL ROOM	5250
WARDROOM	5251
UNCLASS FAX	2140

ASHORE COMMANDS

AIRLINE TICKET OFFICE (SATO TRAVEL)	
SATO MANAGER	3404

ARDM-4 SHIPPINGPORT	
COMMANDING OFFICER	3004
EXECUTIVE OFFICER	3005
ADMIN	3665
A-DIVISION	3007
CRANE	4273
CARPENTER SHOP	5181
CDO	3643
CENTRAL CONTROL	2621
COMMAND MASTER CHIEF	3003
DAMAGE CONTROL	3008
DOCKING OFFICER	4493
E-DIVISION	3009
ELECTRIC SHOP	3009
ENGINEERING OFFICER	2622
QUARTERDECK	3643
SECURITY BOOTH	3643
SUPPLY (BLDG 173)	2633
CDC #5	5965
CDC #4	3215
SHORT STOP	3500
SAC	5587

COLLEGES

EASTERN CONNECTICUT STATE UNIVERSITY	445-0333
THREE RIVERS/MOHEGAN	445-5575
SOUTHERN ILLINOIS UNIVERSITY	446-9900
CHRIMP	4113/4850

DEFENSE REUTILIZATION & MARKETING OFFICE (DRMO)

PROPERTY DISPOSAL OFFICER	2866
ADMINISTRATION	3523
REUTILIZATION	3524
WAREHOUSE BRANCH	4382

DENTAL CLINIC

CLINIC DIRECTOR	2263
INFO/APPT. DECK	3738/3736
ADMINISTRATIVE OFFICE	3865
DENTAL ANNEX (EB BARGE)	433-3411
DENTAL SUPPLY ROOM	4689
FLEET LIAISON	2264

FLEET TECHNICAL SUPPORT CENTER (FTSC) NEW LONDON

OFFICER IN CHARGE	3470
AOIC/CMC	2820
DUTY OFFICER	4766
FAX	2819

HUMAN RESOURCES OFFICE

DIRECTOR	3934
SECRETARY	3934
JOB INFORMATION	5015
PROGRAMS DEPARTMENT	4624

CLASS/TRAIN/DPC DIV	5178
EEO PROGRAMS DIV (CIVILIANS)	3055/3286
WORKERS COMPENSATION	4508/3776
GROTON OPERATIONS DEPT	3646
HEAD, OPS DIV I	2695

INTEGRATED LOGISTICS OVERHAUL TEAM (ILO)

OFFICER IN CHARGE	2690
ADMIN	3507
LOGISTICS SUPPORT/TECHNICAL DIRECTOR	2815
REPAIR PARTS SUPPORT	2814

NATIONAL ASSOCIATION OF GOVERNMENT EMPLOYEES (NAGE)

NAGE OFFICE	3847
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NAVAL AMBULATORY CARE CENTER GROTON

COMMANDING OFFICER - CAPT E.R. MACMAHON	3261
DEPUTY COMMANDER - CAPT J.A. BURKHART	3261
SENIOR ENLISTED LEADER - HMC(M/SS/AW) D. PECK	2330
DIRECTOR FOR ADMINISTRATION	4913
ADMIN ASSISTANT	4224
DIRECTOR FOR ANCILLARY SERVICES	5598
ADMIN ASSISTANT	4179
DIRECTOR FOR CLINICAL SERVICES	2349
ADMIN ASSISTANT	5139
DIRECTOR FOR RESOURCE MANAGEMENT	4879
ASSOCIATE DIRECTOR, CONSULTATIVE SERVICES	2407
ASSOCIATE DIRECTOR, PRIMARY CARE MEDICINE	2380
ASSOCIATE DIRECTOR, OPERATIONAL MEDICINE	3701

SPECIAL ASSISTANTS

CMEO COORDINATOR	2417
COMMAND CAREER COUNSELOR	2553
INFECTION CONTROL OFFICER	5498
LEGAL OFFICER	4962
PUBLIC AFFAIRS OFFICER	2419
ADMINISTRATIVE OFFICER	4962
AMBULATORY PROCEDURE SERVICES	4915
AMERICAN RED CROSS	4977
ANESTHESIOLOGY	2333
AUDIOLOGY	3870
BARBER SHOP	2492
BUSINESS OFFICE	4919
CAREER COUNSELOR	2553
CARE PLUS CLINIC	3666
CENTRAL FILES	5110
CENTRAL SERVICE DEPT	4838
CHAPLAIN	2326/3320
CHCS PROJECT OFFICER	3101
COLLECTION AGENT	2356/4744
COMMAND MASTER CHIEF	4925
COMMAND PATIENT CONTACT REP	4834
CONFERENCE ROOM/EXECUTIVE	4905
COUNSELING AND ASSISTANCE CENTER (CAAC)	4837
DELI	4936/4056
DEPUTY COMMANDING OFFICER	3261
DENTAL	4975
DERMATOLOGY	5089
DIETICIAN	3104/4462
EDUCATION AND TRAINING	4883
ENT	4852
EXCEPTIONAL MEMBER FAMILY PROGRAM	4968
EXECUTIVE NURSE MANAGER	3927
EXECUTIVE OFFICER	4911
FACILITIES	2324
FACILITIES MANAGER	2324/4467
FAMILY PRACTICE DEPARTMENT HD	4051
FISCAL DEPARTMENT	4879/4870
FOOD SERVICE COORDINATOR	3104
GENERAL SURGERY	4860
GYNECOLOGY	4864
HEALTH BENEFITS ADVISOR	5219
HEALTH BENEFITS DIVISION	4968
IMMUNIZATIONS	4811
INDUSTRIAL HYGIENE	4613
LABORATORY/CLINICAL PATHOLOGY	2427/2423
LEGAL OFFICER	4962
MANAGEMENT INFORMATION	6550
MATERIAL MANAGEMENT	6548
MEDICAL BOARDS	4824
MEDICAL EVACUATIONS	4918
MEDICAL RECORDS STAFF	4810
MEDICAL RECORDS/OUTPATIENT	4812
MEDICAL REPAIR	4889/5857
MENTAL HEALTH	4966

MILITARY MEDICINE	2454
NUCLEAR MEDICINE	2435
NURS MGD CLINIC	6501
OCCUPATIONAL HEALTH	2493
OPERATIONS DEPARTMENT	4962
OPERATING ROOM	4915/4989
OPHTHALMOLOGY	4861
OPTOMETRY - BLDG. 449	2411
OPTOMETRY - MILITARY MEDICINE	3428
ORAL SURGERY	4975
ORTHOPEDICS	4492
PATIENT ADMIN	4919
PATIENT CONTACT REP	4834
PERFORMANCE SUPPORT	5004/2376
PERSONNEL MANAGEMENT DIVISION	4922
PHARMACY	2365/4523
PHYSICAL THERAPY	4974
PREVENTATIVE MEDICINE	2495
PRIMARY CARE CENTER	4100
PURCHASING	4927/4972
QUALITY ASSESSMENT	2376
QUARTERDECK	4123
RADIATION HEALTH	2496
RADIOLOGY	4873
RESERVE LIAISON	2322
RESPIRATORY THERAPY	4830
SAFETY DEPARTMENT	2398
SECURITY MANAGER	4962
SECRETARY TO DIRECTOR OF CLINICS	2349
SUB SCHOOL SICK CALL	4157/2563
TQL	2400
TRICARE APPTS/INFO	1-888-999-5195
TUMOR REGISTRAR	4942
UROLOGY	2579
WELLNESS COORDINATOR	3104
WOMEN'S HEALTH CLINIC (GYNECOLOGY)	4863

NAVAL FACILITIES ENGINEERING COMMAND CONTRACTS (NAVFACENGCOM CONTRACTS)

OFFICER IN CHARGE OF CONSTRUCTION	3541
AROICC	3536

MILITARY MEDICINE DEPARTMENT (BLDG 154)

APPOINTMENT DESK	2454
CHARGE NURSE	2465
LABORATORY	2484
LEADING CHIEF	2458
MEDICAL RECORDS	2454
OPHTHALMOLOGY	3428
PHARMACY	3511
PHYSICAL EXAMINATIONS	3250/3952
RADIOLOGY	2487
SUBMARINE SCHOOL SICK CALL	4157/3572

BRANCH CLINIC BALLSTON SPA, NY

GENERAL	518-885-4011/4012/4050
DENTAL	518-885-3783

NAVAL CRIMINAL INVESTIGATIVE SERVICE (NCIS)

SPECIAL AGENT IN CHARGE	4686
AFTER NORMAL WORKING HOURS OOD	3777

NAVAL LEGAL SERVICE OFFICE NC DET GROTON

LEGAL ASSISTANCE/DEFENSE	3741 ext. 10
CLAIMS OFFICE	3741 ext. 20/30
ADMIN OFFICE	3741 ext. 22

NAVAL RESERVE RECRUITING (BLDG 83)

ENLISTED	3210/3973
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NAVAL SECURITY GROUP ACTIVITY GROTON (NSGA)

COMMANDING OFFICER	4153
EXECUTIVE OFFICER	4152
COMMAND MASTER CHIEF	4137
ADMINISTRATIVE OFFICER	5232
BUILDING MANAGER	4127
ELECTRONIC MAINTENANCE OFFICER	4130
INSTALLS DIVISION CHIEF	3239
MAINTENANCE DIVISION CHIEF	5881
FACILITIES DIVISION CHIEF	5878
ISSO/ISSM	4143

TRAINING DEPARTMENT HEAD	4157
SUPPLY DEPARTMENT HEAD	4121
QUARTER DECK	2440

NAVAL SUBMARINE BASE NEW LONDON (SUBASE NLON)

COMMANDING OFFICER	3400
EXECUTIVE OFFICER	3401
COMMAND MASTER CHIEF	3860
CO/XO SECRETARY	3400/3401

BRIG

OFFICER IN CHARGE	3744
ADMIN	4475
BRIG DUTY OFFICER (24 HOURS)	3654

COMBINED BACHELOR QUARTERS

CBQ OFFICER	5063
BARRACKS:	

BATFISH HALL (442)	2341
BISHOP HALL (560)	5817
FULTON HALL (534)	3196
GATO HALL (434)	4336
GRAYLING HALL (435)	4986
GROTON HALL (429)	5742/5743
NAUTILUS HALL (455)	5911
O'KANE HALL (BOQ)	5267
SCORPION HALL (430)	3909
SANDANCE HALL (447)	3882
TRITON HALL (488)	3578
THRESHER HALL (492)	3953
BOQ RESERVATION/SUPV	2105/3416
CENTRAL BILLETING	3416
FAX	3117
CBQ ADMIN	4958
CBQ FAX	2673
CBQ SUPPLY	4956
CBQ MAINTENANCE	5040
FUNERAL DETAIL	3672
LCPO	2608

COMMAND CHAPLAIN

ADMINISTRATIVE OFFICE	3232
CHAPEL ON THE THAMES (ON-BASE)	3970
DUTY CHAPLAIN (CONTACT OOD AFTER HOURS)	3777
SHEPHERD OF THE SEA (GUNGYWAMP)	4637/3370

COMMISSARY MAIN MENU

COMMISSARY STORE MAIN MENU	2244
DEPUTY COMMISSARY OFFICER	3912/3913

COMPTROLLER

BUDGET BRANCH	3484
CIVILIAN PAYROLL	3317
DEPUTY COMPTROLLER	2283
FINANCIAL ANALYSIS DIV.	2285/3457
MIS DIRECTOR (ADP)	2282
CBMU 202	2052

CONSTRUCTION BATTALION UNIT 414 (CBU 414)

OFFICER IN CHARGE	3146
ADMIN/LEGAL	4895
ASST. OFFICER IN CHARGE	2681
EQUIPMENT OPERATIONS	2688
FSC CHILD DEV SPEC	2792
FSC DEPLOYMENT SPEC	3040
FSC NEW PARENT SUPPORT TM	3065
OPERATIONS CHIEF	2684
SUPPLY	2683
CBMU202	2052

DAPS	2099/4798
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DENTAL CLINIC

CLINIC DIRECTOR	2263/3736
INFO/APPOINTMENT	3736/3738

ENVIRONMENTAL	4298/5133
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FLEET AND FAMILY SUPPORT CENTER

CDC #4	3215
CDC #5	5965
COUNSELING	4875
DEPLOYMENT SPECIALIST	3040
FAMILY ADVOCACY PROGRAM	4875
FINANCIAL SPECIALIST	2791
FSC BUSINESS OFFICE	3383
INFORMATION REFERRAL	4847
NEW PARENT SUPPORT TEAM	3065
OMBUDSMAN ASSEMBLY	2230

RETIRED ACTIVITIES	3284
SAC	5586
SHORT STOP	3500
SPOUSE EMPLOYMENT OFFICE	4948/4947
TRANSITION ASSISTANCE PROGRAM	3066/4946
WELCOME ABOARD CENTER	2791/3066

GALLEY

BLDG. MGR./SUPPLY/MAINTENANCE	2600
FOOD SERVICES OFFICER	4738
GALLEY WATCH CAPTAIN	2917
LCPO/RECORD KEEPER	3997
HOUSING	3857

HOUSING

GENERAL INFO/RECEPTIONIST	3851
FAX	3154
SELF-HELP	3886
TOLL FREE NUMBER	1-877-843-5236
HOUSING DIRECTOR	2900
DEPUTY HOUSING DIRECTOR	
LCDR MARK CHAYER	3853
MANAGEMENT ASSISTANT	4519
MANAGEMENT ANALYST	3188
FAX	3143

PERSONNEL SUPPORT/REFERRAL

DIVISION HEAD	2276
PAUL CARLSON	4535
SUSAN NAVIN	
LEAD ASSIGNMENT COUNSELOR	
DONNA FRITCH	2189
ASSIGNMENT COUNSELOR	3282
ASSIGNMENT COUNSELOR	4526
ASSIGNMENT COUNSELOR	4533
FRONT DESK	3851
REFERRAL SPECIALIST	5074
REFERRAL SPECIALIST	4536
REFERRAL SPECIALIST	4527

FACILITIES

DIVISION HEAD	4525
LEAD PROPERTY MANAGER	4950
BILL LAMBERT	
WORK CONTROL COORDINATOR	
VERONICA GAREY	4772
PROPERTY MANAGER	4950
WILLIE BRIDGEWATER	
PROPERTY MANAGER	5090
MIKE ANDREWS	
PROPERTY MANAGER	4511
MARVIN BOYD	
PROPERTY MANAGER	4530
ALISSA DEITZ	
PROPERTY MANAGER	5087
DONNA LOMAX	
PROPERTY MANAGER	4649
DENNIS SCHNELL	
PROPERTY MANAGER	4994
DONNA WILSON	
EMERGENCY SERVICE CLERK	3449
JENNIFER PATTON	
FAX	4518

PROJECTS/CONTRACTS

DIVISION HEAD	4538
PROPERTY MANAGER	3660
BOB WELCH	
FAX	3644

OCCUPANT RELATIONS

DIVISION HEAD	4529
MMC ALAN LESSARD	

INFORMATION TECHNOLOGY/COMMUNICATIONS OFFICER

COMMUNICATIONS OFFICER	4544
AMATEUR RADIO STATION (MARS)	3716
ASSISTANT COMMUNICATIONS OFFICER/BATO	3990
COMMUNICATIONS CIM ANALYST	5094
COMMUNICATIONS WATCH OFFICER	3619/3864
COMMUNICATIONS SUPERVISOR	4546
DCS (ARFCOS)	3704
ELECTRONIC MAINTENANCE SHOP	3131
MAGNETIC SILENCING RANGE (NUVC 109)	440-4471
TELEPHONE MANAGER	5499
SUBASE 3-M COORDINATOR	3131

LOCAL AUDIT OFFICE

AUDIT OFFICER	4782
FRAUD, WASTE & ABUSE HOTLINE	4782

MILITARY PERSONNEL DEPARTMENT

ADMIN OFFICER/DEPARTMENT HEAD	4416
ADMIN DIV OFF/DAPA	5055
DEPARTMENT LCPO	3079
DOCKSIDE MAIL	3573
MANAGEMENT ASSISTANT	3900
MANAGEMENT ANALYST	5043
MUSTER/LEAVE ADMIN P.O.	2873
SECURITY MANAGER	4011
SECURITY MANAGER FAX	5017
TQL COORDINATOR	2278
TRAINING OFFICER ASSISTANT	3615

TRANSIENT PERSONNEL UNIT	4854/2873
URINALYSIS COORDINATOR	3990
MILITARY PERSONNEL DEPARTMENT (ADMIN OFFICE)	
ADMIN SUPPORT SERVICES FAX	3580
FILE CLERK/DIREC. COOR.	3567
SUPPORT SERVICES SUPERVISOR	3551
WORD PROCESSING CENTER	3452

MILITARY PERSONNEL DEPARTMENT (CMAA)

CHIEF MASTER-AT-ARMS/RESTRICTED BARRACKS	4498
ASST CMAA	4498

MILITARY PERSONNEL DEPARTMENT (MILPERS OFFICE)

ADMIN SERVICES SUPR	2873
COMMAND CAREER COUNSELOR	3177
INFORMATION DESK YN	3079
LIMDU/TEMUDU	2873

MILITARY PERSONNEL DEPARTMENT

(MISC. SUPPORT SERVICES)	
COMMAND EDUCATIONAL SERVICES OFFICE	5055
COMMAND DAPA/CFC	5055
SUPPLY	2559
LIBERTY (FLEET REC)	2195/4958

MORALE WELFARE & RECREATION DEPARTMENT (MWR)

DIRECTOR	2298
ADMIRAL FIFE NAVAL REC. AREA	3238
AUTO HOBBY SHOP	3582
ARMY VETERINARY ACTIVITY	4291
BOWLING CENTER	3477
CHILD DEVELOPMENT CENTER DIR.	3519
DEALEY CENTER THEATER	3371
FAMILY HOME CARE COORD.	5117
GOLF COURSE PRO-SHOP	3763
INDOOR SWIMMING POOL	3562
INFO, TICKETS & TRAVEL (ITT)	3238/5196
LASER STORM	3454
LIBERTY (FLEET REC)	2195/4958
LIBRARY	3723
MARINAYACHT CLUB	3164
MORTON HALL GYMNASIUM	3521
MOVIE INFORMATION RECORDING	3358
NAUTILUS FITNESS CENTER (BODYWORKS)	4784
DOLPHIN REC. CENTER	4702
NORTH LAKE	3406
OMEGA TRAVEL OFFICE (BLDG. 164)	448-6261
RECREATION GAMEROOM	3371
RACQUETBALL CENTER	5020
RECYCLING	5198
REC. OUTFITTERS RENTAL CNTR	3380
ROCK LAKE	3928
SHORTSTOP CHILD CNTR.	3500
SPORTS EVENTS RECORDING	3313
SPORTS & FITNESS BRANCH HEAD	2295
SUBASE YOUTH CENTER	2655/4702
VET	4291

MORALE WELFARE & RECREATION DEPARTMENT

(CLUBS DIVISION)

CATERING/BANQUET MANAGER/SECRETARY	
(TAVERN BY THE GREEN)	3352
CPO LOUNGE	3721

NAUTILUS AND SUBMARINE FORCE MUSEUM

OFFICER IN CHARGE/XO/CMC	3558
ARCHIVES	2477
MUSEUM STORE	3290
NAUTILUS CREW	2554
PIER SECURITY BUILDING	3291
RECORDED TOUR INFO.	3174

NAVY EXCHANGE DIRECTORY

MAIN NUMBER	(860) 446-5400
FAX	(860) 446-5790

MAIN STORE

CENTRAL REGISTERS #2	5433
#4	5432
#6	5431
#8	5430
#10	5428
CHILDRENS DEPARTMENT	5427
CODE 10 WAREHOUSE	5428
CUSTOMER SERVICE/LAYAWAY	5419, 5420, 5422
HOUSEWARES/GIFTWARE	5439
JEWELRY/FRAGRANCES	5436
LADIES DEPARTMENT	5438

MEN'S DEPARTMENT	5780
SECURITY/LOST & FOUND	5413
SHOES/DOMESTICS	5437
SIGHT & SOUND	5434
UNIFORMS	5426
WAREHOUSE/RECEIVING	5414, 5423

MALL AREA

BARBER SHOP	5793
BEAUTY SHOP	5783
COMPASS DINING GROUP	446-1923
DRY CLEANING	5787
FLORIST	5782
NATIONAL VISION	448-1816
PERSONALIZED SERVICES	5781

ADMINISTRATIVE OFFICES

CASHIER'S CAGE	5424, 5425
GENERAL MANAGER	5401
HARDLINES DIVISION MANAGER	5408
LEAD SALES AUDIT CLERK	5410
LOSS PREVENTION/SAFETY MANAGER	5788
LP/SAFETY CLERK	5407
OPERATIONS MANAGER	5412
OPERATIONS CLERK	5789
PAYROLL CLERK	5406
PERSONNEL OFFICE	5405
RETAIL OFFICE	5415
RETAIL OFFICE (BACK)	5409
SALES AUDIT-DCR'S	5410
SECRETARY	5402
SOFTLINES DIVISION MANAGER	5416
SUPPORT SERVICES SUPERVISOR	5404
VISUAL MERCHANDISING	5418

OUTLYING LOCATIONS

DOLPHIN MART	446-8593
FURNITURE STORE	694-4709
HOSPITAL BARBER	694-2492
LOWER BASE BARBER	694-2256
LOWER BASE RETAIL	694-4120
MAINTENANCE SHOP	694-5144
MCDONALD'S	445-8101
NAVY LODGE	446-1160
NEWS STAND	694-4007
PACKAGE STORE	694-3535/2348
SERVICE STATION	694-5203
SUBWAY (DEALEY CENTER)	445-0666
SUBWAY (DOLPHIN MART)	445-4971
VENDING	694-3197
VENDING TROUBLE DESK	694-3118
WILKINSON HALL BARBER	694-5201

OTHER HELPFUL NUMBERS

BASE LOCATOR	694-5280
BASE OPERATOR	694-3011
COMMISSARY	694-2247/2244
PASS & ID GATE	694-3224
SUBASE SECURITY (NON-EMERGENCY)	694-3451

PERSONAL PROPERTY DIVISION

PERSONAL PROPERTY BRANCH	3382/3381
CLAIMS	3591
INBOUND	3670/3504
OUTBOUND	3381/3382

PORT SERVICES

PORT SERVICES OFFICER	2652
ASST PORT SERVICES OFFICER	3756
DISPATCHERS/DUTY PHONE	4900
HARBOR MASTER	3279
HARBOR PILOTS	3783
MAINTENANCE/OIL POLLUTION	3649
NLON HARBOR CONTROL	4900
PIER ELECTRICIAN	4541
PIERMASERS	4730
PORT OPS OIL POLLUTION CONTROL	3547
PORT SERVICES SUPPLY	3641
SERVICE CRAFT/LOUNGE	2666/3310
TRAINING/3M	5036

PUBLIC AFFAIRS

PAO	5980/5014
PAO ASST	5682
DOLPHIN NEWSPAPER EDITOR	3514

PUBLIC SAFETY DEPARTMENT

ABATEMENT COORDINATOR	4116
HAZARDOUS MAT	4113

MEDICAL SURVEILLANCE	4116
MISHAP INVESTIGATOR	3739
MOTORCYCLE/DRIVER IMPROVEMENT INSTRUCTOR	3739
SAFETY MANAGER	4421
SECRETARY	3739

PUBLIC SAFETY DEPARTMENT (SECURITY DIVISION)

DIRECTOR OF PUBLIC SAFETY/	
DISASTER PREPAREDNESS OFFICER	4445

PUBLIC SAFETY DEPARTMENT (POLICE DIVISION)

CRIME PREVENTION SPECIALIST	2228
DEPUTY CHIEF OF POLICE	5764
DOG HANDLERS	5655/5654
INVESTIGATORS OFFICE	4443
LOGISTICS	4411
PASS AND ID	3224
PHYSICAL SECURITY	3178
POLICE DISPATCHER	3777/3222
TRAINING	4448
TRAFFIC COURT	4098

PUBLIC SAFETY DEPARTMENT (FIRE DEPARTMENT)

EMERGENCY	3333/3334
FIRE CHIEF	4441
FIRE DEPARTMENT ADMIN	3466
FIRE DEPT. SECRETARY	4441/4442

PUBLIC WORKS DEPARTMENT

PUBLIC WORKS OFFICER	3541
ENGINEERING DIVISION	3841
FAC SUPPORT CONTRACT OFFICER	4486
FAC SUPPORT CONTRACT MANAGER	2932
FAC MNGMT ENGINEERING DIV	3995
MAINTENANCE DIVISION	3726
TRANSPORTATION DIVISION	4691
UTILITIES DIVISION	4610
WEIGHT HANDLING EQUIPMENT BR	3323

RESIDENT OFFICER IN CHARGE OF CONSTRUCTION

OIC, NAVFACENGCOM CONTRACTS	3536/3537
FACILITIES SUPPORT/SMALL PURCHASE	2976

STAFF JUDGE ADVOCATE

STAFF JUDGE ADVOCATE	4739
COMMAND LEGALMAN	3722

SUPPLY DEPARTMENT

SUPPLY OFFICER	3251
DEPUTY SUPPLY OFFICER	3252
ADMIN SERV BRANCH	2912
BUDGET OFFICER	2926
CAREER COUNSELOR	4454
DEPARTMENT MASTER CHIEF	4597
FINANCIAL INVENTORY	4663
FLEET SUPPORT/CUSTOMER SERVICE	3355/3501
MATERIAL DIV OFF	2204
PLANNING OFFICER	2926
PURCHASING BRANCH	3612
CUSTOMER SERVICE	3501
RECEIPT CONTROL	4777/3256
SERVICES SUPP/LPO	3501
STOCK CONTROL	2905
PURCHASE BR SECRETARY	3324

NAVAL SUBMARINE MEDICAL RESEARCH LABORATORY (NSMRL)

COMMANDING OFFICER	3263
EXECUTIVE OFFICER	3263
COMMAND SENIOR CHIEF	3267
ADMINISTRATIVE OFFICER	2558
FISCAL & SUPPLY DEPT	3267
RESEARCH SUPPORT DEPARTMENT	2514
SAFETY OFFICER	3967
TECHNICAL SUPPORT DIVISION	2441

NAVAL SUBMARINE SCHOOL

COMMANDING OFFICER	3751
EXECUTIVE OFFICER	3752
ADMIN DIVISION OFFICER/	
ADMIN DIV. STOC/TECH LIBRARY	4734
AIM	2148
AUDIO VISUAL DIVISION OFFICER	2151/2150
CHAPLAIN	5127
CLASSIFIED MATERIAL PERSONNEL CENTER	3363
COMMAND CAREER COUNSELOR	4705
COMMAND EVALUATION OFFICER	4028

COMMAND FITNESS COORDINATOR	2826
COMMAND MASTER CHIEF	4955
COMMAND MAA	2100
COMS COR	2049/4701
CURRICULUM DEVELOPMENT	3872/3528
DAPA	4038
EVALUATION DIVISION OFFICER	2003
EVALUATION DIVISION	2112
FACILITIES MANAGER	3574
FACILITIES MANAGER (ASST)	2159
FACILITIES MAINTENANCE	2158
INSTRUCTOR TRAINING DIVISION OFFICER	2003
INSTRUCTORS TRAINING	2003/3983
PERSONNEL SECURITY INVESTIGATIONS	3363
PILOT COORDINATOR	3872
PUBLIC AFFAIRS OFFICER	3914
SAFETY OFFICER	2017
SAFETY MANAGER	2017
SECURITY MANAGER	4414
SECURITY OFFICER/BADGE ISSUANCE	2056
TESTING COORDINATOR	3972
TRAINING AIDS	2150
3-M COORDINATOR	2015

ADMINISTRATIVE DEPARTMENT

ACU SUPERVISOR	2120
ADMIN SEPS	2000
ADMIN PERSONNEL OFFICER/COR	5443
ADMIN SERVICES CONTRACTOR PROJECT MANAGER	4068
AWSS SUPERVISOR/AWSS	5702/5703
AWT TRANSFER LIAISON/SUPERVISOR	5051
COMMAND LOCATOR	2051
DEPARTMENT DIRECTOR	4028
FILE ROOM	3746
LEGAL OFFICER (ASST)	4697
LEGAL CLERK	2000
MANAGEMENT ANALYST	3866
MAST INVESTIGATION	2000
QUOTA CONTROL	4200
SCHEDULING LPO	3933/2160
STUDENT ADMIN SUPERVISOR	4360
STUDENT CONTROL/TRAINING/	
SUPPORT DIVISION OFFICER	4200
STUDENT CONTROL OFFICER (ASST)	5447
STUDENT PERSONNEL	2146/2051
SUPERVISOR PIPELINE MGMT	2019
SUPPLY	5156
TQL/STMPs COORDINATOR	2019
TRANSIENT PERSONNEL BRANCH OFFICE	3423
VTS LPO	2190/2163
WORD PROCESS CENTER/SUPV/CLERK TYPIST	5155

COMPTROLLER DEPT

BUDGET OFFICER	4688
ACCOUNTING TECHNICIAN	3337

SUPPLY/DEPARTMENT

SUPPLY OFFICER	4601
FASTDATA MANAGER	5156
OPEN PURCHASES/STANDARD STOCK STOREKEEPERS	5156
PLANT ACCOUNT/SHIPPING AND REC.	4342

OFFICER PROGRAMS TRAINING DEPARTMENT N2

DEPARTMENT HEAD	3848
ASSISTANT	2176
DEPARTMENT MASTER CHIEF	4297
DIVE OFFICER	4362
EXECUTIVE OFFICER (PXO)	2169
CURRICULUM DEVELOPMENT TACTICS	4362
DIVE/SYSTEMS DIRECTOR	4362
INTERNATIONAL MILITARY TRG	4723
INSTRUCTOR/OPERATOR COORDINATED OPS	4743
INSTRUCTOR SOAC	4723
INSTRUCTOR/OPERATOR DIVE SYSTEMS	3289
INSTRUCTOR/OPERATOR INTEGRATED STRIKE	2179
INSTRUCTOR/OPERATOR PLOTS/TMA	2180
INSTRUCTOR/OPERATOR SHIP CONTROL	3289
INSTRUCTOR/OPERATOR SONAR	4839
INSTRUCTOR/OPERATOR THREAT	2025
INSTRUCTOR/OPERATOR TORPEDO/FCS	2180
LEADERSHIP CONTINUUM DIR	2176
LIBRARY NWP	4734
NAVIGATION/ELECTRONICS OPS	2166
NAVIGATION OPERATORS	5259
NAV OPS LEAD INSTRUCTOR	2026
NAVIGATION PRINCIPLES INST. FAX	3360

SCHEDULING SOAC	4901
SOBC PROGRAM MANAGER	2174
SOAC PROGRAM MANAGER	4723
SOAC/SOBC DIRECTOR ASST	2176
STUDENT SERVICES	2170

ENGINEERING TRAINING DEPARTMENT N3

DEPARTMENT HEAD	3930
DEPARTMENT MASTER CHIEF	3162
ADMINISTRATION	4720
16/A DIVISION	3884
AUXILIARY DIVISION OFFICER/WEPS	4072
AUXILIARY DIV INSTRUCTOR	2098
DIESEL	4376
ELECTRICAL	3415
ELECTRONIC TECH MAINT SCHOOL	4801
ENG LABORATORY TECH MAINT	2096
MACHINE TOOL	2094
MACHINIST'S MATE "A" SCHOOL	3010
MECHANICAL	2096
MODULE TEST AND REPAIR	3596
NUC POWER TRAINING DIVISION	3296
PROSPECTIVE NUC ENGINEERING	3296
STUDENT ADVISOR	4993
TECHNICAL LIBRARY	4805
TORPEDOMAN "C" SCHOOL	3478
TORPEDOMAN "A" SCHOOL	3478
WELDING/NON DESTRUCTIVE TESTING	3568

COMBAT SYSTEMS/TACTICS TRAINING DEPARTMENT-N4

DEPARTMENT HEAD	4674
DEPARTMENT MASTER CHIEF	3980
AC1 ATTACK CENTER 1	2041
AC3 ATTACK CENTER 3	2043
AC 4 ATTACK CENTER 4	2040
ACOUSTIC INTEL SUPPORT	2030
ADMINISTRATION	2107
ADVANCED SONAR EMPLOY LCPO	2127
ADVANCED SONAR EMPLOY INST	3308
BSY-1 ATTACK CENTER	2014
CLASSIFIED MATERIAL	2107/4337
COMS CONTRACTING OFFICER	2049
INSTRUCTOR OFFICE MAINT SONAR	3656
INSTRUCTOR MT "A"	3740
INST FT BASIC/OPERATION/MAINT	2018
INST FT "A"/BSY-1 INSTRUCTORS	2018
INSTRUCTOR F7 MAINT	4094
INSTRUCTOR/OPERATOR - OFFICERS	4094
INST CCS MK1 PIPELINE MAINT	2018
LEAD INST SONAR MAINT	3669
MAINTENANCE/OPERATOR - FT'S	3844
MASTER FT/AET INST OFFICE	2020
MTI	2097
SONAR DIVISION LCPO	2127
SONAR TRAINING DIVISION OFF.	3308
SONAR TRNG MAINTENANCE COORD.	2127
SONAR INST MAINT OP "A" SCHOOL	5151
SONAR "A" SCHOOL INST	5151
SONAR EMPLOY BRANCH HEAD	2127
SONAR SITE 1	2045
SONAR SITE 2	2035
SONAR SITE 3	4952
SONAR BSY-1 TRAINER/OP MAINT	2014
SONAR PLOT TRAINER	2034
ADV SONAR EMPLOY	3308
3-M COORD	2049
TRAINER 21B63	3747
WEAPONS TRNG DIV OFFICER	3427
WEPS EMPLOY BRANCH HEAD	3427
WEPS DIVISION LCPO	2030
WEPS MAINT TRNG BRANCH HEAD	3427

OPERATIONS/NAVIGATION DEPARTMENT - N5

DEPARTMENT HEAD	3718
DEPARTMENT MASTER CHIEF	2108
ADMINISTRATION	2113
ADMINISTRATION SUPERVISOR	3350
ADMIN ASSISTANT	3639
ADMIN (FAX)	2111
ADP/AIS	5259
A-NAV	2166
ANTENNA/RECEIVERS INSTRUCTOR	2123
AN/BRN-7 OMEGA LEAD INST	2114
AN/BPS-15 RADAR LEAD INST	2114
AN/BPS-15 LEAD INSTRUCTOR	2114
AN/VRN-6 GPS LEAD INSTRUCTOR	2114
BRANCH LCPO, SPAN LCPO	2032

BRD-7	2142
CMS INSTRUCTOR/CUST	2166/3512
COMM MAINT BRANCH CHIEF/FAX	2116
DIVISION LCPO	2826
ELECTRONIC MAINT TRNG DIV OFF/NAVIGATION	4795
ELECTRONIC MAINT TRNG LCPO	2125
ELECT MAINT TRNG BRANCH CHIEF	2125
FAX	2125
ELECT NAV MAINT BRANCH CHIEF	3566
FAX	4075
ESM OPERATOR TRAINING CHIEF	2141
ESM MAINT CMB MA TRNG INST	2142
ECS BRANCH HEAD	2826
ECS INTRS	2047
ET CORE INSTRUCTORS	2076
5 YO OPERATOR OFFICE	2147
INSTRUCTOR (ET CORE) LCPO	3942
INTERIOR COMMUNICATIONS	3379/4682
KY-58/KG-84/SSIX/DLCS INST	2123
LEAD INST NAV PRINCIPLES	5150
LEARNING RESOURCE CENTER	5190
OFFICER TRAINING	2166/3512
PERISCOPE PHOTO INSTRUCTOR	2167
PERISCOPE PHOTO	2167/2136
SPAN TRAINER	3584
STRATCOMM LEAD I/T	2113
SUBCOM LEAD I/T	2113
SUB EMC INSTRUCTOR	2167
TACITCOMM LEAD I/T	2113
TYPE 18	2142
UGC-136/VERDIN/EVSEK INST	2123
WLR-8	2360/2142

GENERAL SKILLS TRAINING DEPARTMENT N6

DEPARTMENT MASTER CHIEF	4369
DIRECTORATE MASTER CHIEF	2152
ACADEMIC SUPPORT/ADMIN	2177
BRANCH HEAD	2897
BASIC ENLISTED SUB SCOL	2897
BSR (BASIC SKILLS READING)	2110
BESS ADMIN	2177
BESS ADMIN FAX	4267
ESCAPE TRNG DIV OFF	2068
FIREFIGHTING	2191
HIGH RISK TRNG DIV OFF.	3840
INSTR OFFICE	2153/4267
INSTRUCTOR'S OFFICE/LCPO	2153
LEAD INSTRUCTOR	2897
MAINTENANCE	2187
MASTER DIVER	2068
MEDICAL OFFICER	2075
NAV LEAD AND DEVELOPMENT	4970
NAVY MILITARY TRAINING	2897
NON DIVING SUPV COURSE	3805
READING DEPT.	2110
SAFETY CHIEF PETTY OFFICER/FF/FAX	4945
SHIP CONTROL TRAINING DIVO	4604
SMALL ARMS	2072
SUBMARINE ESCAPE COURSE	3422
SUPPLY TRAINING BRANCH	2188
TELEFAX	2071
TQL COOR.	4802
YN/PN TRNG BRANCH HEAD	2197

SUBMARINE SURVEILLANCE EQUIPMENT PROGRAM (SSEP) DEPARTMENT N7

DEPARTMENT HEAD	3978
ASST DEPARTMENT DIRECTOR	4233
FAX	3244
ACOUSTICS DIV OFFICER	2131
ACINT RIDER LCPO	5277
ADMINISTRATIVE OFFICER	4219
ADMINISTRATIVE ASSISTANT	3231
AURAL LCPO	2130
ELEC/SONAR DIV OFFICER	4124
ELECTRONICS GROOM TEAM	4110
LOGISTIC SUPPORT/ADP	2138
PHOTO SUPPORT TEAM	2137
SUPPLY LPO	4117
SONAR GROOM TEAMS	3314
ASST SSR	2135

NAVAL SUBMARINE SUPPORT FACILITY NEW LONDON (NSSF)

COMMANDING OFFICER	3894
EXECUTIVE OFFICER	3894

CO'S SECRETARY	3833
EXECUTIVE YEOMAN	3833
FAX	5000
MAO/CIVILIAN PERS	4793
COMMAND MASTER CHIEF	3195
COMMAND CHAPLAIN	5114
COMPTROLLER/BUDGET	2639

ADMINISTRATIVE DEPARTMENT

ADMIN OFFICER	2611
PERSONNEL OFFICER	3347
FAX	2601
ADMIN LCPO	2626
ADMIN OFFICERS ASST	2607
AWARDS CLERK	2607
ADMIN LPO	5670
CHIEF MASTER-AT-ARMS	4053
CMAA ASSISTANT	5016
CAREER COUNSELOR	4748
DATA BASE	2606
1ST LIEUTENANT	2998
LEAVE CLERK	2604
LEGAL OFFICER	3347
PERSONNEL LPO	4612
PSD LIAISON	2605
RECEIPTS/CHECKOUT	2604
RESERVE COORDINATOR	5415
SECURITY/LIMDU/EVAL	2606
TICKLER	5902
3M COORD	5413
TRANSFERS	4611

ENVIRONMENTAL DIVISION

ENVIRONMENTAL MGR	5411
FAX	4995

FSG DEPARTMENT

FSG OFFICER	3522
DIVISION OFFICER	3561
TROUBLE CALLS	2610
LCPO	3583
SUPPLY	2591
EQUIPMENT SPECIALISTS	4590
FAX	5119

NAVOSH DIVISION

HEALTH PROGRAMS	4591
GAS FREE ENG	2602
NAVOSH MANAGER	4594
SAFETY PROGRAMS	4594
SAFETY OFFICER	4594
FAX	2603

REPAIR DEPARTMENT

REPAIR OFFICER	2971
ASST REPAIR OFFICER	3203
PRODUCTION OFFICER	3208
ASST PROD OFFICER	3823
REPAIR DUTY OFFICER	2974/2975

TRAINING DIVISION

TRAINING OFFICE/TQL	2648/2648
CCTV	3413
TAD/TRAVEL	3994
I-DIV COORD BLDG 103	3994
LEARNING CENTER	2648
FAX (TRAINING)	5671

REPAIR ADMINISTRATION (R-0)

ADMIN OFFICE/LPO	3518
ADMIN (FAX)	3186
DIVISION OFFICER	3703
DIVISION OFFICER (FAX)	5688
PHOTO LAB	4088
SAFETY/BLDG MGR	4316

HULL DIVISION (R-1)

DIVISION OFFICER	4173
FAX	3806
ADMIN	2254
FAX	4208
HYDRO (PIPE)	4128
LAGGING	5060
NON NUC WELD	4142
PIPEFITTER/FLEX HOSE	4128

TOOL ROOM	4302
SHIPFITTER	3622
SHEET METAL	4277
SUPPLY/HARMAT	4214
WELD/QUAL/3M	5060

INSIDE MACHINERY DIVISION (R-9)

DIVISION OFFICER	2939
ADMIN/CC/3M	3797
ENGRAVING SHOP	4351
INSIDE MACHINE	4279
LOCK SHOP	2609

ELECTRICAL DIVISION (R-3)

DIVISION OFFICER	4371/4009
ADMIN LPO	3791
ELEC REPAIR/REWIND	4083
GYRO/IC REPAIR	4202
METER CAL	2711
RUBBER/PLASTICS	4305
SOUND/VIBRATION	4170
TOOL ISS/ELEC SAFE	4119

ELECTRONICS DIVISION (R-4)

DIVISION OFFICER	4371
ADMIN LPO	3791
CALIBRATION	2711/3372
CRYPTO/COMM/STU	4055
ESM	4055
FIRE CONTROL	3529
MAST/ANT	4144
MIRCS LAB	3204
MODULE/SCREEN	5171
NAVIGATION	4202/4145
OPTICAL (SAIL SYSTEMS)	5107/5138
SONAR	3529
TELETYPE	4055

RADIOLOGICAL CONTROLS DIV (R-5)

RADCON OFFICER	2965
ADMIN ASST	2966
LCPO	4252
RADCAL	4760

SERVICE BRANCH DIVISION (R-6)

DIVISION OFFICER	2954
ADMIN/LCPO	3465
CARPENTER	4115
DIVE LOCKER	4737
MASTER DIVER	3986
PAINT LOCKER	4113
RIGGING	3879
SAIL LOFT	2957
SPRUCE BARGE	4287
WEIGHT TEST	3768

TECHNICAL DIVISION (R-7)

DIVISION OFFICER	2979
ADMIN	3991
ELEC PLANNERS	2987
HULL PLANNERS	2985
MECH PLANNERS	2984
PNSV REP	2829
PROD CONTROL	5068
SHIPALTS/A&I	2988
TECH LIBRARY	3163

QUALITY ASSURANCE DIVISION (R-8)

DIVISION OFFICER	2996
AUDIT COORD	4294
CHEMICAL LAB	2997
COMMAND CMPO	4476/2994
LCPO	2830/3592
NDT LAB	2831
QA TRAINING	4129
QA INSPECTORS	4032

OUTSIDE MACHINERY DIVISION (R-9)

DIVISION OFFICER	2248
LCPO/ADMIN	2999
AC AND R	3920
ENGINE	3920
HYDRAULIC	4236
OUTSIDE MACHINE SHOP	2907/5651
TOOL ROOM/HAZMAT	4288
STORAGE	2250
VALVE	2251

NUCLEAR REPAIR DIVISION (R-10)

DIVISION OFFICER	3495
PLANNING OFFICER	4408

LCPO/ANRO	3633
PROD CONTROLLER	2963
PROD SUPERVISOR	2964
SHIPALTS/A&I	4278
SUPPLY	2962
TRAINING	5102

SRA DEPARTMENT (R-11)

SRA SUPERINTENDENT	3543
PNSY ADMIN	3985/3975
ELECTRIC BOAT	433-4707/2060

WEAPONS DEPARTMENT

WEAPONS OFFICER	2656
ADMIN	3247
ARMORY	4027
CRUISE MISSILE	2662
DIVISION OFFICER	4377
LCPO	2657
ORDNANCE SERVICES	2658
WEAPONS HANDLING	2909
WEAPONS QA OFF	2694

IRDM DEPARTMENT

IRM/ADP SECURITY OFFICER	3362
COMPUTER ROOM	2157
DEPT LCPO	4924
MRMS/MAINT LCPO	4586
TRBL DESK/TECH LPO	4418

MEDICAL DEPARTMENT

ADMIN	5420
DEPT HEAD/RADHEALTH	5424
CFC DIVISION	5422
DAPA	5421
MEDICAL LIAISON	5423
RADHEALTH DIVISION	5426

NAVAL UNDERSEA MEDICAL INSTITUTE (NUMI) (BLDG 159)

OFFICER IN CHARGE	2874
DETACHMENT MASTER CHIEF	2886
ADMIN OFFICER	2875
ADMIN SECRETARY	2876
CMAA	2885
SUPPLY	2876
AFTER WORK HOURS (QTR DESK)	2877

RADIATION HEALTH DEPARTMENT

DEPARTMENT HEAD	2882
DIVISION OFFICER	2588
SENIOR INSTRUCTOR	3052
UNDERSEA MEDICINE DEPARTMENT	
DEPARTMENT HEAD	2878
OFFICER TRNG DIVISION	3077
ENLISTED TRNG DIVISION DIVO	2883
SENIOR INSTRUCTOR	3052

NAVY COLLEGE OFFICE

NAVY COLLEGE OFFICE ADMIN	3335
NAVY COLLEGE REGIONAL MANAGER	2672
EASTERN CONNECTICUT STATE UNIV	445-0333
THREE RIVERS COMM/TECH COLLEGE	445-5575
SOUTHERN ILLINOIS UNIV	446-9900
NAVY COLLEGE LEARNING CENTER	5590
NAVY COLLEGE PACE	3888/446-1971

NAVY FOOD MGMT TEAM

OFFICE	4938/4939
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NAVY-MARINE CORPS RELIEF SOCIETY: CONN AUX

MAIN NUMBER/QUESTION APPT'S	3285
EXECUTIVE DIRECTOR	4550
OFFICE ASSISTANT	4551
BUDGET COUNSELOR	4552
BOOKKEEPER	4122
CHAIRMAN OF VOLUNTEERS	3403
THRIFT SHOP	4774
VISITING NURSE	4118
OFFICE FAX	2620
VISITING NURSE FAX	5800

NAVY RESALE ACTIVITY (RESALEACT)

MAIN NUMBER	446-5400
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NORTHEAST REGION

COMMANDER	3341
DEPUTY TO COMMANDER	2220
REGIONAL CMD MASTER CHIEF	4857
FAX	2229

CASUALTY ASSISTANCE MANAGER	3189
CASUALTY PROGRAM ASSISTANT	3475
COMPTROLLER	5709
FACILITIES ENGINEER	5776
FAMILY ADVOCACY PROGRAM MGR	5025
FLT RECREATION (BOSTON)	617-242-5672
FLT SUPPORT OFF (BOSTON)	617-242-5672
FLT SUPPORT OFF (NY)	212-668-6733
INFORMATION SYSTEMS DIRECTOR	5269
LAN MANAGER	3408/5269
MANAGEMENT ANALYST	4067
PROGRAM & MGMT ASST/OFFICE ASST	2896
REGIONAL CHAPLAIN	5730
REGIONAL CMD CAREER COUNSELOR	3395
REGIONAL ENVIRONMENTAL	4275
REGIONAL ENVIRONMENTAL COMPLIANCE	5649
REGIONAL ENVIRONMENTAL PROGRAM MGR	3976
REGIONAL HOUSING MANAGER	3407
REGIONAL OPERATIONS	5516
REGIONAL PAO	5681
REGIONAL PLANS/MOBILIZATION (FAX)	2232
SECURITY PROGRAM COORD.	2934
SPECIAL PROJECTS OFFICER	4390
REGIONAL STAFF JUDGE ADVOCATE	4388
REGIONAL SUPPLY	5782

PERSONNEL SUPPORT ACTIVITY (PERSUPACT) NEW LONDON

COMMANDING OFFICER	2770
SECRETARY	3206
ADMINISTRATIVE OFFICE	2774
ADP OFFICER	2002/2233
BUDGET OFFICER	4399/2833
DISBURSING ANALYST	4490
MILITARY PAY DIRECTOR	4491
PERSONNEL OFFICER	2001/2772
TRANSPORTATION OFFICER	2748

PERSONNEL SUPPORT ACTIVITY DETACHMENT (PSAD) NEW LONDON

OFFICER IN CHARGE	3135
COMMAND MASTER CHIEF	3046
ADMIN OFFICER	4215
AFLOAT PAY	3023/3032
ASHORE PAY	3025
EDUCATIONAL SRV OFFICE	5294
FISCAL	3628
ID'S	3022
MILITARY LOCATOR/RECORD VAULT	5280
NAV PTO	2746/4630
RECEIPTS OFFICE	3030
STUDENT PERSONNEL	4086/2156
TRAVEL CLAIMS	4222
CUSTOMER SERVICE	3033

SATO

MANAGER	3404/4826
ALL COMMERCIAL AIRLINE RESERVATION/ TICKETS/ETC/OFF BASE MANAGER	445-8208

RED CROSS

AFTER HOURS (NIGHT/WEEKEND)	447-3248
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SUPERVISOR OF SHIPBUILDING, CONVERSION AND REPAIR, USN (SUPSHIP)

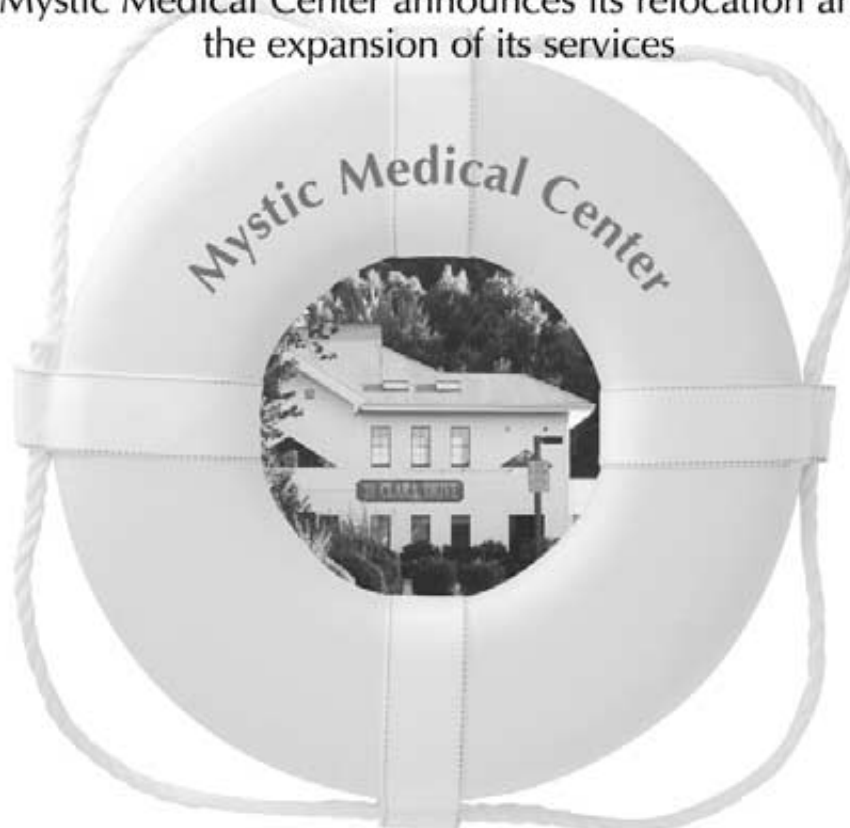
DIRECTOR	4735
COMBAT SYSTEM	3548/3185
ENGINEERING	694-3405
MATERIAL DEPT (GROTON)	2592
MATERIAL DEPT (QUONSET PT)	401-267-6407
PLANNING YARD	4618
REPAIR DEPARTMENT	3156
SAFETY	3458
TECHNICAL SUPPORT GROUP	4431/4432

TRIAL SERVICE OFFICE EAST DET GROTON

	3741 ext. 11/51
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FACC
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FACG
Steven R. Yolen, MD, FACG

General/Vascular Surgery

Allen W. Leadbetter, MD,
FACS

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Lactation Consultants

Jacquelyn Desmond, RN,
IBCLC
Susan Andrews, RN, IBCLC

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MD, FACS

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Christopher A. D'Arcy, MD

Wound Care

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CWS



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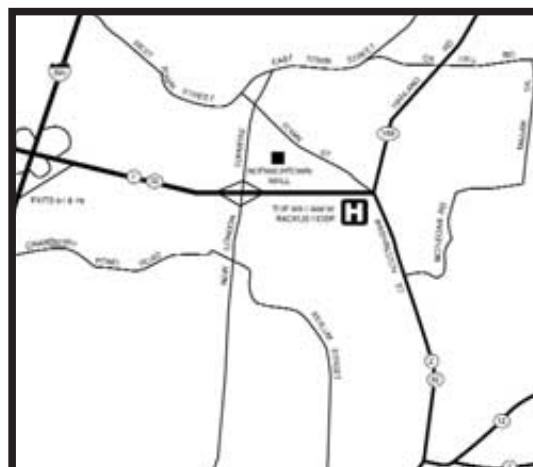
The William W. Backus Hospital

326 Washington Street • Norwich, Connecticut • (860) 889-8331

Emergency	911
Patient Telephones:	823-6300
Cancer Services	892-2777
Center for Mental Health	823-6321
Community Health Education	823-6313
Communi-Call	823-6302
Connecticut VNA • SE	889-6664
Diabetes Management Center	892-6906

Backus Health Centers

Colchester	537-4601
Gales Ferry	464-3100
Montville	848-1297
Human Resources	823-6314
Medical Laboratory	823-6307
Physical Rehabilitation	823-6317
Prenatal Clinic/Classes	823-6318
Radiation Therapy	892-2777
Volunteer Services	823-6320
X-Ray/Diagnostic Imaging	823-6304



From the Groton area: Take I-95 South and go over the Gold Star Memorial Bridge. On the New London side of the bridge, take Exit 84 for Route 32 North. Follow Route 32 to I-395 North. Follow I-395 to Exit 81-East for the Routes 2 and 32 connector in Norwich. Follow the connector until you exit to your right onto Washington Street. The Hospital entrance is on the right.

From the New London area: Take Route 32 north to I-395 North. Follow I-395 to Exit 81 East for the Routes 2 and 32 connector in Norwich. Follow the connector until you exit to your right onto Washington Street. The Hospital entrance is on the right.



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